

# TOTAL PATIENT CARE

EXPLORING  
A BIBLICAL CHRISTIAN APPROACH  
FOR PERSONAL APPLICATION

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WHAT  
DO  
YOU  
SEE?



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## THE GOOD SAMARITAN

- **Became involved: stranger, danger, none of his business**
- **Crossed barriers: cultural, religious, economic**
- **Made sacrifices: time, agenda, money**
- **Ethical behaviour: sought best for the other, took care, kept his word, came back**

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Then Jesus  
said to him,  
Go, and  
**you**  
do likewise.

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## HOW DO LIKEWISE?

- **But: I cannot become involved, make sacrifices, cross barriers...**
- **True: you cannot do it.**
- **True: Christ in you can!**
- **How do likewise?**
- **Practice Total Patient Care...**

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## TOTAL PATIENT CARE

**We need to look at the  
underlying issues first if we  
are to understand how a  
Biblical Christian approach is  
different**

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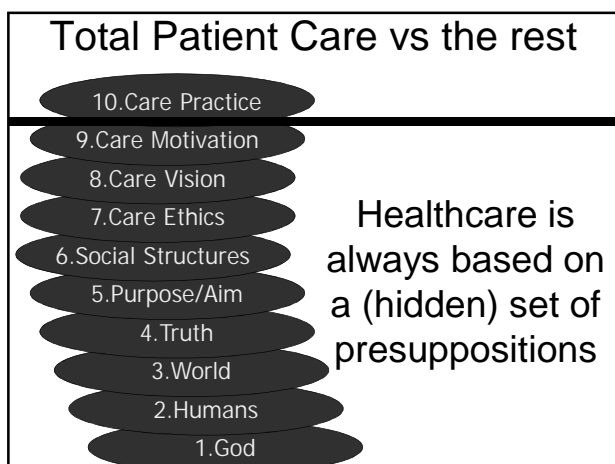
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**OUR VIEW OF GOD  
ULTIMATELY DETERMINES  
THE WAY WE PRACTICE  
HEALTHCARE**

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## HOW OUR VIEW OF GOD IMPACTS OUR APPROACH TO HEALTHCARE

### 1. TRADITIONAL APPROACH

**Reductionist scientific healthcare**

### 2. "HOLISTIC" APPROACH

**Pluralistic semi-scientific healthcare**

### 3. BIBLICAL CHRISTIAN APPROACH

**Total Patient Care**

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## REDUCTIONIST SCIENTIFIC HEALTHCARE

1. **God: atheism / agnosticism**
2. **Human: matter; the sum of the parts**
3. **World: matter; closed system**
4. **Truth: 'facts' interpreted by 'science'**
5. **Purpose / Aim: restore lost functionality**
6. **Social structures: human conventions**
7. **Ethics: Hippocratic / situational / utilitarian**
8. **Care Vision: bio-medical model; health is socio-psycho-somatic state of well-being**
9. **Motivation: philanthropy / status / finances**
10. **Practice: technologists and practitioners**

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## 'HOLISTIC' SEMI-SCIENTIFIC HEALTHCARE

1. **God: polytheism / monism / animism / atheism**
2. **Human: energy / matter**
3. **World: energy / matter / nature**
4. **Truth: science mixed with para-"science"**
5. **Purpose/Aim: from disharmony to harmony**
6. **Social structures: human conventions**
7. **Ethics: situational / existential / utilitarian**
8. **Vision: technology + spirituality patchwork**
9. **Motivation: ecological-spiritual concern**
10. **Practice: mixture of science and para-"science"**

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## TOTAL PATIENT CARE

1. God: Theism; for Christian: Christ-centred
2. Human: imager → multi-facetted whole
3. World: creation / matter / energy / transcendent
4. Truth: All truth is God's truth
5. Purpose/Aim: shalom in relationships
6. Social structures: Family as basic building block
7. Ethics: authoritative framework re good/evil
8. Vision: shalom (vertical and horizontal)
9. Motivation: agape-love
10. Care: Body ministering shalom = our calling

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## TOTAL PATIENT CARE

- TPC is a Biblical Christian approach
- In its core it is a Christian approach
- There are many Christian approaches
- This is a Biblical Christian approach
- What do we mean by this?
- First: Christian
- Second: Biblical
- Third: TPC as Biblical Christian approach

## CHRISTIAN WHAT DO YOU MEAN?

An exploration

## WHAT IS CHRISTIAN?

1. Not-yet-Christian

Or

2. Cultural Christian

Or

3. Relationship Christian

All Christians in big house of Christianity

Not-yet-Christians still outside

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## ALL CHRISTIANS LIVE IN A LARGE MANSION

(C.S. LEWIS)

- Entrance = Historical Christian Creeds: Apostles, Athanasius, Nicaea
- In entrance hall: doors to various denominations
- Cross-sections across denominations
  - Charismatic movement
  - Ecumenical movement
  - Relationship Christian movement

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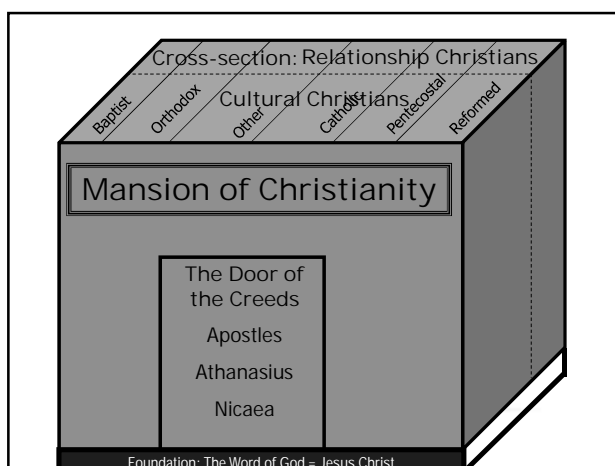
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## CULTURAL CHRISTIANS

- Live in the mansion of Christianity
- Grew up in Christian cultural setting
- But not yet Relationship Christians
- Reasons:
  - They did not know that there is a difference
  - They believed that it is enough:
    - To agree with the Church doctrine, and/or
    - To be a church member, and/or
    - To be involved in church activities, and/or
    - To believe that God exists

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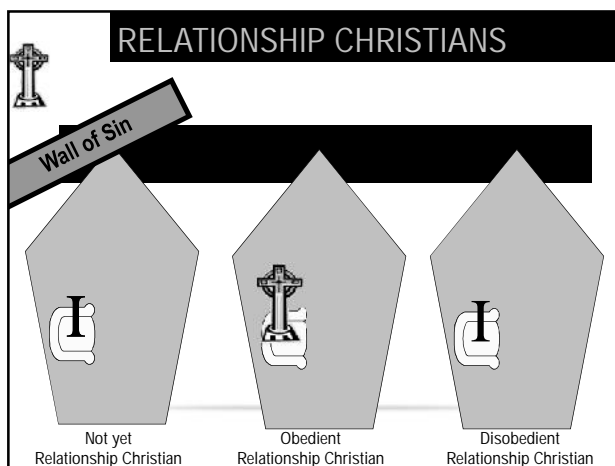
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## SELF-DIAGNOSIS

- Where am I and where do I want to be?
  - Not-yet Relationship Christian?
  - Disobedient Relationship Christian?
  - Obedient Relationship Christian?

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## BIBLICAL: WHAT DO YOU MEAN? 1

- Bible is complete, inerrant, sufficient, totally trustworthy
- Bible is inspired by Holy Spirit through unique process
- Bible as special revelation Book has higher authority than creational revelation because the latter is subject to the Fall;
- Special and creational revelation together forming the integrated whole of God's truth

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## BIBLICAL: WHAT DO YOU MEAN? 2

## •Bible a relationship Book:

- Not tear apart with analytical critical thinking (Greek mind-set)
- Not treat as science textbook (naturalist scientist mind-set)
- Science is faith seeking understanding

## •Humans have limitations, therefore:

- Humbly accept we don't understand all
- Search for understanding together

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## BIBLICAL CHRISTIAN

- A Biblical Christian is a Relationship Christian that seeks to live according to the Bible in the fullness of the Holy Spirit
- A Biblical Christian approach honours Jesus Christ as the fruit of the truth-based deliberations of members of the Body of Christ

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## Total Patient Care 7 Pictures and 14 Characteristics

### 1. Seven Pictures

1. One uniting vision
2. Two directions of progress
3. Three dimensions of Two Commands
4. Four Pathways to Inner Shalom
5. Five Spheres of Wholeness
6. Six Partners for Total Patient Care
7. Seven Practical Care Elements

### 2. Fourteen Characteristics

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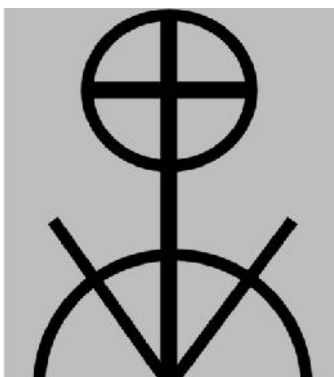
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## P.1: One Uniting Vision




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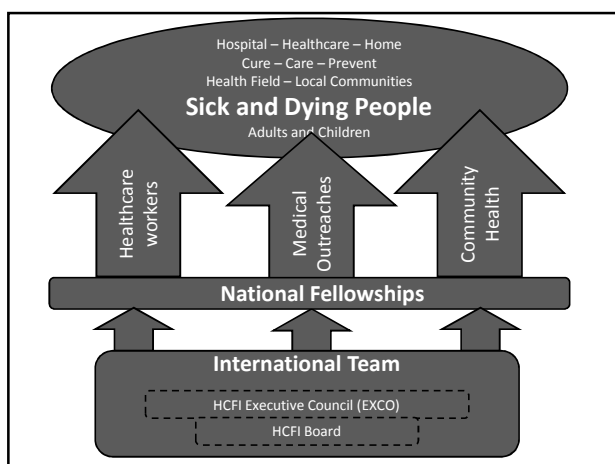
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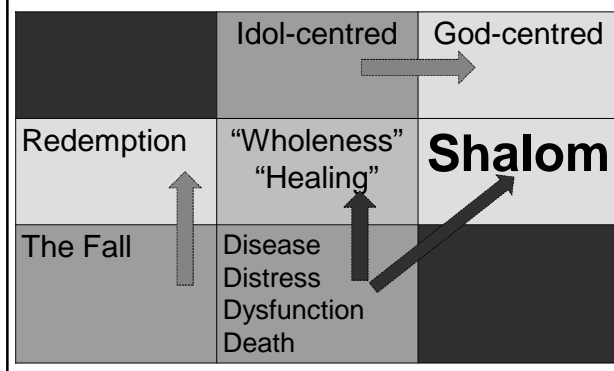
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### P.2: Two directions of progress




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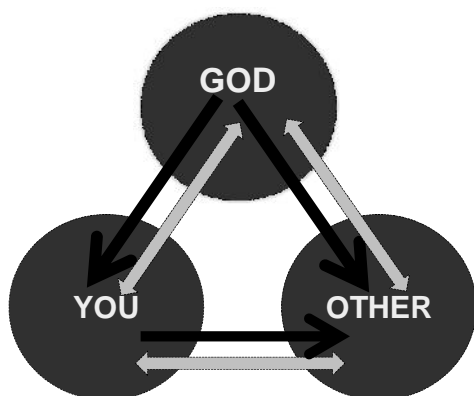
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### P.3: Three dimensions of Two Commands




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### P.4: Four Paths to Inner Shalom




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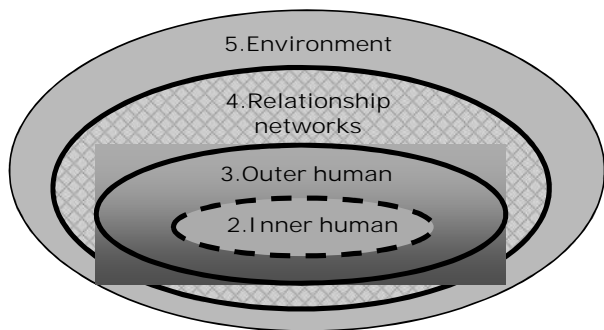
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**P.5: Five Spheres of Wholeness****1.GOD**


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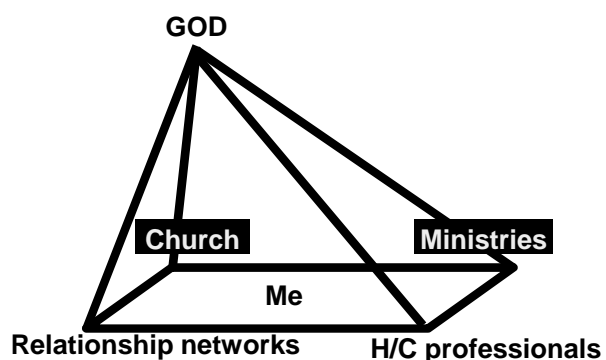
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**P.6: Six Partners for Total Patient Care**


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**P.7: Seven practical care elements**


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### **Review: Total Patient Care 7 Pictures and 14 Characteristics**

#### **1. Seven Pictures**

1. One uniting vision
2. Two directions of progress
3. Three dimensions of Two Commands
4. Four Pathways to Inner Shalom
5. Five Spheres of Wholeness
6. Six Partners for Total Patient Care
7. Seven Practical Care Elements

#### **2. Fourteen Characteristics**

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### **Total Patient Care 14 Characteristics**

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|---------------------------|--------------------------|
| 1. Christ-centred         | 8. Care-focused          |
| 2. Patient-appropriate    | 9. Ethics-contoured      |
| 3. Staff-enabling         | 10. Aesthetics-inspired  |
| 4. Community-enhancing    | 11. Law-abiding          |
| 5. Bible-based            | 12. Budget-sustainable   |
| 6. Science-informed       | 13. Environment-friendly |
| 7. Spirituality-sensitive | 14. Technology-served    |

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## **1. Christ-centred**

- King of kings and Lord of lords Rev 19
- Saviour and Redeemer Heb 2: 14-15
- Teacher and Example John 11; Matt 28
- Treasure-keeper of all wisdom and knowledge, Colossians 2: 1-9
- Child-like dependence John 5: 19
- Secular curriculum plus Christian sauce is not a response worthy of our King
- Go for the maximum possible in a broken world

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## 2. Patient-appropriate

- Patient/Person **not** in the centre, Christ is
- Our view of humans: Genesis 1: 26-28
- Appropriate:
  1. Fitting this patient in this situation at this time
  2. Dis-ease story: looking for the roots
  3. Life story: personal, community
  4. Relationships story: vertical, horizontal, internal

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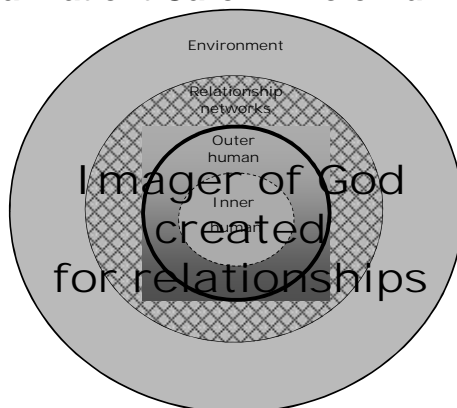
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## Total Patient Care - Whole Humans




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## Key words in Genesis 1:26-28

- Make: OT = asah; NT = poieo → make something new with materials already in existence
- Create: OT bara; NT ktidzo → make something new out of nothing
- Image: OT tselem; NT eikon
- Likeness: OT demooth; NT homioiosis
- Image and likeness: similar but not identical

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Created in God's:	Aspects of Meaning	Key concept	Derived Basic Human Needs
Image	Reflection of His glory	Indwelling	Community
		Radiance	Holiness
		Protection	Justice
	Impression of His being	Ownership	Security
		Rulership	Worship
Likeness	Representative	Ambassadorship	Meaning
	Proclamation	Revelation	Truth

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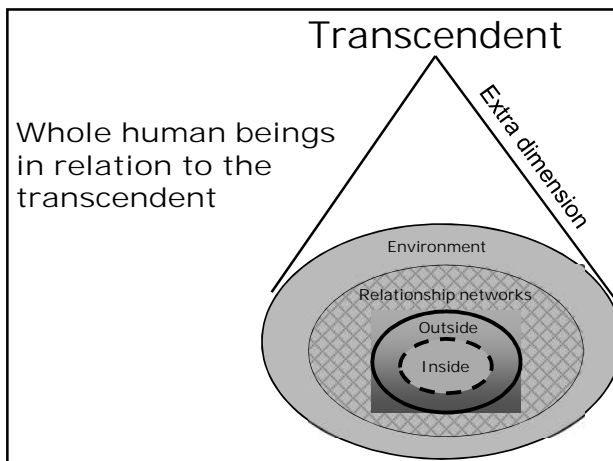
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### Bible Aspects of Whole Human Being 1

- Spirit: ruach (seat of emotion, seat of mental acts, seat of moral character, disposition, that which departs at death); pneuma (principle of life as flowing from God, mind)
- Soul: nephesh (whole person, inner being with its thoughts and emotions, animating force of a person's body); psyche (principle of natural life, life itself, mind, feelings, seat of senses, desires, affections, appetites, passions)

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### Bible Aspects of Whole Human Being 2

- Body: geviyah/nephesh/muth; soma (an organized whole made up of parts and members, living physical body, sometimes dead body, body = church)
- Flesh: sarx (flesh of a body, seat of sinful affections and appetites, physical/moral weakness or imperfection, proneness to sin)

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### Bible Aspects of Whole Human Being 3

- Heart: leb/lebab (physical organ, seat of one's inner nature as well as component of inner self such as will, mind, emotions) ; kardia (seat and centre of human life – of desires, feelings, affections, passions, impulses, mind, will)
- Mind: nephesh/lebab/ruach/peh; nous/dianoia / sophroneo (organ of mental perception and apprehension, of conscious life, intelligent understanding, thought, mode of thinking and feeling)

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### Bible Aspects of Whole Human Being 4

- Womb/belly: behten (seat of mental faculties), rechem (lit. womb), racham (womb, compassion); metra, koilia (lit. belly, also innermost part of human, soul, heart, seat of thought, feeling, choice)
- Kidneys: kesei (loins, confidence, stupidity)
- Loins: chalats / yarek / (seat of procreative power, the virtue of acting like a man, being stable, strong, determined, taking a rebuke like a man); osphus (procreative power, readiness)
- Marrow: shiqquy (vigour, renewal); muelos

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### 3. Staff-enabling

- Enabling, not exploiting
- Total Staff Care in relevant areas:
  - Relationships: teams, multi-professional
  - Management: work load, scheduling, organizational structure, pro-active
  - Finance: salary, insurance, pension
- Learning environment
- Career planning and implementation

Lev\_19:13, Lev\_25:39-46; Deu\_15:11-16, Deu\_24:14-15; Neh\_5:5, Neh\_5:8-9;  
 Job\_24:10-12; Job\_31:13-15; Isa\_47:6, Isa\_58:3-6; Amo\_8:4-7; Mal\_3:5; Col\_4:1;  
 Jam\_5:4; Eph\_6:9

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### 4. Community-enhancing

- Hospital  $\leftrightarrow$  Healthcare  $\leftrightarrow$  Home
- Total Patient Care Vision for Shalom requires the optimization of relationships among all our relationship networks
- Our relationship networks: Tribe, people, marriage, faith community, nation, work, social
- Community Health Ministry (CHeM) involving the local expressions of the Body of Christ
- Medical outreaches/clinics enhanced by community health ministry

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### 5. Bible-based

- Final authority is the Word of God: Do we bow?
- Health principles of the Bible to be applied
- Biblical view of human beings
- Biblical view of health and disease
- Four channels of transformation
  1. The good Christian in the workplace
  2. Healthcare work is ministry / mission
  3. Applying Bible Principles in the workplace
  4. Developing Biblical models of Total Patient Care

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## 6. Science-informed

- All truth is God's truth
- Followers of Jesus love the truth and The Truth
- **Science is faith seeking understanding**; we avoid the trap of either-or thinking
- Professional competency very important
- Research essential for regular healthcare, also for complementary and alternative therapies - no peri- or para-scientific healthcare
- Evidence-Based Medicine as useful servant but not as budget-controlling tyrant

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## 7. Spirituality-sensitive

- Recognizes and honours research on:
  - Faith and health (International Saline training)
  - Religious coping mechanisms
- The faith of the patient is important to the patient's health
- Healthcare professionals can stimulate patients to be more active in the area of faith without forcing their own religion on the patient
- Being a witness is unavoidable, it is only the quality of salt / amount of light that can differ

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## 8. Care-focused

- Total Patient Care encompasses personal health, family health, health promotion, community health, public health, primary secondary and tertiary healthcare, intra and extramural care
- Integrates the above with church involvement in healthcare
- Healing not always possible; Care is
- Ultimate aim of both Care and Cure: Shalom
- Shalom includes all forms of healing, including miraculous healing and a victorious death

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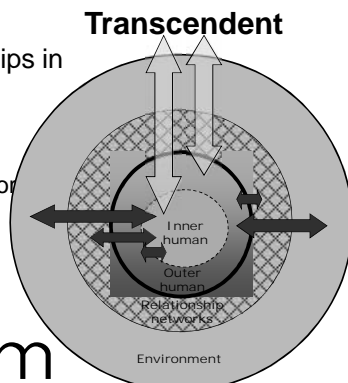
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## Total Health defined

- Optimal relationships in and between:
  - Inner human
  - Outer human
  - Relationship network
  - Environment
  - Transcendent

- One word summary:

**Shalom**




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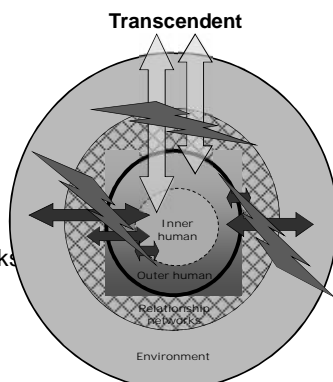
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## Disease defined

- Disturbed relationships in and between:
  - Inner human
  - Outer human
  - Relationship networks
  - Environment
  - Transcendent




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## 9. Ethics-contoured

Theological basis: Matthew 22: 37-39

Total Ethics: How should we love our neighbour in healthcare?

As a science: Reverent, systematic, analytical and critical thinking about attitudes, decisions and behaviour of healthcare professionals.

**We consider four basic perspectives:**  
**virtues, situations, duties and consequences**

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## 10. Aesthetics-inspired

- Total Patient Care: As many aspects of aesthetics as possible in as many areas of healthcare as possible
- Architecture, interior decoration, dress code
- Therapy: Music therapy, creativity therapy, occupational therapy (design element)

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## 11. Law-abiding

- Four types of law: Self-made, Society-made, Legal system-made and God-made
- Total Patient Care:
  - Recognizes self-made and society-made laws can be detrimental to health
  - Obeys legal system-made laws as long as they do not go against God-made laws
  - Challenges and changes legal systems to align with God's laws
  - Submits wholly to God's Torah

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## 12. Budget-sustainable

- Relationism is a viable Christian alternative to capitalism or socialism
- Relationism deals with the tension between responsibility and solidarity much better than either capitalism or socialism
- Budgets need to be balanced in such a way that they will be sustainable also in the long term
- WWJD?

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### 13.Environment-friendly

- In developed countries we discovered what we had after we lost it
- Major problem in many developing countries – are you going to follow the disastrous Western example of exploiting God's creation? Most are doing it...
- Waste and garbage disposal, public health
- Pharmaceutical world – major challenges

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### 14.Technology-served

- Make optimal use of technology for the greatest good of the most
- Technology within the contours of Total Ethics is of major benefit
- Outside those contours it is a life-threatening monster

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## The seven practical care elements

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### POINT 1: FRIENDLY EYES

- Mark 10: 21a, Matt 9:22, John 5:6
- Heart to heart communication through the windows of the soul
- Careful observation

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### POINT 2: LISTENING EARS

- Matt 10:46-52; John 4:7-26; James1: 19; Job 21:1-3a; 13:4b-6
- Be fully there
- Ask specific questions

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### POINT 3: WISE WORDS

- Luke 4:22a, 32; Proverbs 12: 18b, 13:14, 15:14, 25:11-12; Mark 10:51; James 3:17
- Be open, 1 John 1:7
- Give true hope, Hebrews 6:18
- Speak truth in love, Ephesians 4

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#### POINT 4: LOVING HEARTS

- Matt 9:36; 15:32; Mk 1:41, 6:31-34; 2 Cor. 5:14
- Agape love: Desire, choose and act for highest good
- Show compassion Luke 7: 13
- Build a relationship of trust

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#### POINT 5: COMFORTING HANDS

- Mark 1:31, 41a, 8:23, 25; Luke 5:12-13; Matt 9:18
- Gather relevant information
- Impart comfort
- Appropriateness: approach, duration, location, intensity

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#### POINT 6: PRAYERFUL KNEES

- Luke 5:15,16; Isaiah 50:4
- Pray for the person
- Pray with the person

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### POINT 7: SERVING FEET

- Luke 22: 27b; Mark 6: 30-34; 10:43-45; Eph 6:15, Isaiah 52:7
- Attitude of service
- Practical service

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