
Practical Principles for Biblical Transformation in the Health Field



***SERVING
GOD
IN THE
HEALTH
FIELD***

***"From the days of John the Baptist until now, the Kingdom of heaven has been
forcefully advancing, and forceful men lay hold of it."***

Matt. 11:12





SERVING GOD IN THE HEALTH FIELD

Developed by a team of HCFI trainers

Put in HCF Training by Extension format by Mary Kaldeway and that in turn
was adapted into group study format by Angelina Sandy and Chris Steyn

Healthcare Christian Fellowship International
Training Department
P. O. Box 11955
Rynfield 1514
South Africa

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www.hcfglobal.org

Third Revised Edition 2019



How to use this workbook:

This workbook has been developed to be used as interactive learning tool for small groups of two to five persons who meet on a regular basis. However, if you are not part of a group, you can begin to use this workbook on your own while you seek others to form a group.

The group can go through the whole workbook from beginning to end or can select the topics you would like to cover. We would recommend that you do study One first.

The course has two main components:

1. The self-study materials:
 - a. Participants need to go through the materials lesson by lesson between meetings and answer the questions.
 - b. Participants can check their answers against sample answers at the end of each study.
 - c. It will take about two hours of self-study to go through a lesson and prepare for the next meeting.
 - d. There is no teacher for this course because the self-study materials do the teaching.
 - e. Be sure to do the practical assignments given in the study and to report about your progress at the group meeting.
2. The group meetings:
 - a. They take place under the guidance of a group facilitator.
 - b. The participants share their answers with one another and learn from each another.
 - c. The group facilitator simply encourages the group to work through the materials one session at a time.
 - d. Each session ought to take about 90 minutes to work through.
 - e. Before you begin each session take a few moments to pray. These sessions can be life-transforming if they are completed prayerfully and with an open, willing heart for what the Lord wants to accomplish in and through you. Ask God, through His Holy Spirit, to give you understanding and enabling to apply the lessons to your personal life and situation so that you may become more effective in His service as a healthcare worker.

The main textbook you will be using is the Bible. The Bible is the final authority and basis for all that is taught in this workbook.¹

Let us learn together how to seek God's Kingdom first in the Health Field!

¹ In this workbook all Bible references are taken from the New American Standard Version unless otherwise indicated. Where you are instructed to look up references feel free to use one of the following versions if possible: King James, New American Standard, New King James Version, Literal Version, or New International Version.



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STUDY 1: WHAT MUST HAPPEN? SEEK GOD'S KINGDOM FIRST

**Welcome to Study 1 of the course, "Serving God in the Health Field".
This study explores how health field ministry fits into God's plan for the world.**

OBJECTIVES

At the end of this study you will have:

- * reviewed a Biblical perspective on God's overall plan for the world
- * understood how the Lord's plan could affect your life
- * examined the strategic position of the health field in His Kingdom plan
- * considered your involvement in this majestic plan of God

PREVIEW OF TOPICS

1. God's Ideal
2. Man's Rebellion against God's Ideal
 - 2.1 Sin Enters
 - 2.2 Consequences of Sin
 - 2.2.1 Inheritance of Sinful nature
 - 2.2.2 Broken relationship with God
 - 2.2.2 Broken relationships with others
 - 2.2.3 Broken relationship with self
 - 2.2.4 Other consequences
 - 2.3 God's Character in Relation to Man's Rebellion
3. Christ, The Way to Fulfilling God's Ideal
 - 3.1 Who is Jesus?
 - 3.2 Steps Back to Fulfilling God's Ideal
 - 3.2.1 Step one: Believe in Jesus
 - 3.2.2 Step two: Repent
 - 3.2.3 Step three: Receive
 - 3.3 The Great Commission: Advancing God's ideal
4. Does My Life Count for God's Ideal?
5. The Health Field - A God-given Opportunity for Fulfilling God's Ideal



Study 1: LESSON ONE

LESSON OBJECTIVES

When you have finished this lesson, you will have:

- understood what God's ideal was for human beings when He created them
- gained insight into what happened because of man's rebellion against God's ideal
- had opportunity to look at how rebellion against God has affected your own life

1. GOD'S IDEAL

Have you ever asked yourself, "Why am I here?", "What is the purpose of life?", "Where is the world going to?", "Is there some meaning behind all that is happening in the world?", "Where do I fit in?" or similar questions? Many different philosophies concerning the meaning of life have been offered by philosophers over the centuries. They represent a great variety of religious beliefs. But God, the Creator of heaven and earth, and the Creator of the philosophers themselves, has provided us with His written, living Word to give us clear answers to these questions. We will be considering His Word to find those answers in the first part of this study.

Let one of the group members read the whole chapter Genesis 1 aloud.

We see that God created everything in this universe and saw that it was very good. But the crowning work of His creation was man. Man was different from all the other creatures: God created him in His own image. From the very beginning God had a very special plan for man on earth, and God's plan was very good. Every person on earth was to be involved in fulfilling this good plan.

Q.1: What do we learn about the relationships within the Trinity in this chapter? Let each group member write down a few characteristics about the relationships and then share in the group:

Q.2: Read Genesis 1:26-28 aloud again. What are the main tasks that God gave to human beings? Give a brief explanation of the meaning of each role. Discuss in the group and write down your answers:

God's plan was that man should fill the earth, subdue it, and rule over it. When God talks about man filling the earth He means that they should fill it with people similar to themselves; men and women who had loving and holy relationships with God and one another. When He talks about subduing and ruling the earth it means that they should advance God's Kingdom in it, under His authority.



If God's plan was followed obediently it would bring glory to His name and help ensure that things would function according to His plan for the earth. As a result, mankind would be happy and fulfilled.

Q.3 *Write down your thoughts on what the world would have looked like if the first people, Adam and Eve and their descendants, had obeyed God by making the earth His Kingdom. Then share your thoughts in your group.*

2. MAN'S REBELLION AGAINST GOD'S IDEAL

2.1 Sin Enters

Your answers to the above questions will have illustrated the beauty, perfection and joy of life on earth if Adam and Eve had faithfully carried out the task that God had given them.

Now read Genesis 2:16-17; 3:1-7 aloud. What has happened with God's ideal? Share in the group:

God gave Adam a specific and very important rule to obey and made the consequences of disobedience very clear. But they were free to enjoy the many wonderful things in the Garden where they had been placed, as well as to enjoy fellowship with God and with one another.

We understand from Gen. 3:3 that Adam had communicated the rule God gave him, to his wife, Eve. Note that God showed Adam and Eve that they should live in total dependence on Him when He gave them the



command not to eat of the tree of the knowledge of good and evil. Their obedience was an expression of their loving trust in God. Only as they lived in total dependence on God could they fulfil their purpose. But Adam and Eve chose to go their own way instead of God's way. They rebelled against God's plan for the world and chose to trust Satan and their own reasoning instead of trustfully obeying God. Thus, alas, sin entered the world.

Q.4 *How has the decision to go against God influenced the human race? Read Isaiah 53:6; Romans 3:10-12, 23.*

2.2 Consequences of Sin

2.2.1 Inheritance of sinful nature

Since the first people rebelled against God everyone who has been born of man has also rebelled and turned to follow his own way instead of God's. This is because everyone has inherited a sinful nature from them.

Q.5 *What did God say would be the consequence in Adam and Eve's rebellion against Him through disobedience to the rule that He gave? See Gen. 2:17.*

2.2.2 Broken relationship with God

The consequence of Adam and Eve's sin was death. This actually means separation - separation from God. *"But your iniquities have made a separation between you and your God, and your sins have hidden His face from you, so that He does not hear" (Isaiah 59:2).* Yes, sin has serious consequences, also in our own lives. One of the consequences of sin is broken relationships - with God, with others and with ourselves.

Q.6 *Read Gen. 3:8-10. What did Adam and Eve do that demonstrated their broken relationship with God after they sinned?*

The fact that Adam and Eve hid themselves from God and that they feared because they were naked shows



us that their relationship with God was broken. They had transferred their trust from God to themselves and Satan. Before they sinned, they enjoyed close fellowship with Him and were not ashamed even though they were naked. Since the fall of man into sin, all of mankind is born spiritually dead. There is no living communion with the Lord. Man is naturally self-willed and rebellious (e.g. even young children do not have to be taught how to do wrong, be selfish, or go into tantrums).

Q.7 ***What are some things that people do in the health field today that reveal a broken relationship with God?***

2.2.3 Broken relationships with others

Read Gen. 3:11-13. Not only was Adam and Eve's relationship with God broken but their relationship with one another was also broken. This was demonstrated when Adam blamed Eve and God, for what he had done, and Eve blamed the serpent. Trust for one another was shattered. Since then there have always been broken relationships between man and his fellow man. The first murder was committed shortly after the fall (Cain killed Abel - Gen. 4:8). Sin causes disharmony in relationships through such things as pride, hatred, anger, resentment, selfish ambition, covetousness, envy, competition, favouritism, gossip, slander, criticism, lying, and cheating. These are works of the flesh - the sinful human nature. Examples of how this is illustrated today are the high divorce rate, violence, murder (including abortion and euthanasia), perversion, corruption, wars.

Q.8 ***Write down other results of disharmony in relationships based on your own experience.***

2.2.4 Broken relationship with self

There is a third relationship that is affected by man's sin, and that is his relationship with himself. Read Gen. 3:7. We see here that Adam and Eve suddenly became aware that they were naked. Before they sinned, they accepted themselves the way they were created. Now they were ashamed of themselves and felt guilty and anxious about being uncovered. They could no longer face God as they saw themselves to be naked. Their lives no longer glorified God. The fact that they tried to cover themselves with leaves is symbolic of their fleshly efforts to cover their sin and save themselves.

God designed man in such a way that he would be able to find true security, value and purpose only in Himself.



When his relationship with God was broken through rebellion and disobedience, all these vital areas were affected. Separated from God, man has lost connection with his purpose for living, his self-perception is twisted, and he has lost the sense of meaning and destiny in his life. There is an inner disharmony, i.e. he knows no peace despite the striving of his own flesh. This is illustrated by the self-directed pursuit of career, money, and pleasure, which so often leads to confusion in decision making and wrong choices, and even to more serious things, such as, addictions in many forms, mental and emotional illness, involvement in cults, and even "escape" through suicide.

Q.9 *As you look at the state of man, separated from God, and look back at the ideal that God had originally established for him, what conclusion do you come to regarding his ability to fulfil God's ideal plan?*

We deduct from this that man can no longer fulfil the ideal and original plan God had for him, that is, to fill the earth with people who live in loving obedience, dependence and submission to God as true citizens of the Kingdom of God, and to subdue the earth and advance His Kingdom in it.

Q.10 Application Time

a. Take time to pray now as you look back at Q. 6, 7, and 8 and ask the Lord to show you anything in your own life that is causing disharmony with God, with others and with yourself. Ask Him to forgive you for the things that He points out to you and renounce (declare that you give up or cast off) any sinful habits which have controlled you. Then thank Him for His forgiveness and cleansing and affirm to the Lord that, from now on, with His enabling, you will depend on Him and follow His ways only.

b. Tick the appropriate one(s). I have prayed and:

**** I still feel that I need help to overcome some of the things the Lord has shown me. I will get help from my group and/or Group Leader for this.***

**** The Lord has helped me to deal with the things He has shown me and I feel He has given me victory as I have repented and renounced these things. I have determined, that with His help, I will build into my life the attitudes and actions that He requires***

**** The Lord has not shown me anything specific at this time.***

You may need to ask your fellow group members, group facilitator or other trusted Christian leader to pray with you concerning the things that the Lord shows you which you find difficult to overcome by yourself. Do not hesitate to ask for help. All of us need help in this way at various times in our lives. Needing help is not something we need to be ashamed of. As you receive help you will also learn how to help others with their problems. Write the date of your appointment in your notebook.



2.2.5 Other consequences

There were other consequences of Adam and Eve's rebellion, which are shown in Gen. 3:14-19. Read this passage now. Some of the things which are included are: a curse on nature, enmity (warfare) between man and Satan (represented in the snake), pain in child birth, lording of husbands over their wives, hard labour to make a living, and physical death. All this constitutes Divine punishment for sin.

Summary

In this lesson we have seen that God created man to fill the earth, subdue it, and rule over it, but that He should do this in complete dependence on, and loving obedience to Him.

Man's rebellion resulted in separation from God, broken relationships and inability to fulfil the purpose for which God had created him.

Only by having our relationship with God restored are we increasingly able to fulfil the purpose God has for us.

Well done! You have completed Lesson One. Read the objectives for this lesson once more. Have these objectives been met?

In the next lesson we will be learning about God's character, how Christ fulfilled God's ideal, and how this relates to us.



Study 1: LESSON TWO

LESSON OBJECTIVES

When you have finished this lesson, you will have:

- studied God's character in relation to man's rebellion
- understood that Christ is the way of fulfilling God's ideal
- had opportunity to examine your relationship with Jesus Christ and place your trust in Him for salvation.

2.3 God's Character in Relation to Man's Rebellion

In the first lesson we saw that when man rebelled against God there were serious consequences that followed. These consequences constituted punishment for sin. The ultimate punishment was to be that the guilty, unrepentant sinner would be eternally separated from God in hell.

Thoughtfully read the following Scripture references:

Ps. 51:4 "Against Thee, Thee only, I have sinned, and done what is evil in Thy sight, so that Thou art justified when Thou dost speak, and blameless when Thou dost judge."

Exodus 34:7 "He does not leave the guilty unpunished."

Rom. 1:18 "The wrath of God is being revealed from heaven against all the godlessness and wickedness of men."

Heb. 9:27 "Just as man is destined to die once, and after that to face the judgement."

These Scriptures all reveal that God punishes sin as He said He would.

Q.10 What does this reveal about the character of God?

One thing that is revealed here about God is His justice. He cannot leave sin unpunished because He is just. At the same time that God's justice is revealed, we learn something else about God's character in the account of the fall of man. Read Gen. 3:8-11, 21-24.

We see that God sought out Adam and Eve and confronted them with what they had done. Then after He questioned them and made their punishment known, He made garments of skin for them and clothed them. God knew that the fig leaf garments with which they had clothed themselves (their self-efforts to cover sin and save themselves) were totally inadequate. Therefore, He covered them with skin. An animal had to die and its blood shed to make their garments. This is the first indication that God Himself would provide a covering for sin which would provide salvation from all the consequences of sin in man's life. God showed Adam and Eve that nothing they, or anyone born in sin after them, could do, would be enough to earn salvation for them. They were totally dependent on God for this. Without His intervention they were hopelessly lost. God also banished man from the Garden of Eden so that he would not be able to eat from the Tree of Life, and so live forever in his sin.

Q.11 What characteristics of God do we see here in His searching for man; in the promise of provision for his salvation; and in ensuring that he would not have to live forever in his sin?



We see that God is a God of love and mercy. His searching for man, His provision of hope for salvation, and His protection of man from having to live eternally in his sins all demonstrate this. The following passages also illustrate the certainty of God's love for us:

Exod. 34:6-7 "...The Lord, the Lord God, compassionate and gracious, slow to anger and abounding in loving kindness and truth, Who keeps loving kindness for thousands, Who forgives transgression and sin..."

Jer. 31:3 "The Lord appeared to him from afar saying, 'I have loved you with an everlasting love, therefore I have drawn you with loving kindness.'"

John 3:16 "For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish, but have eternal life."

Rom. 5:8 "But God demonstrates His own love toward us, in that while we were yet sinners, Christ died for us."

Under the next heading we will look further at God's provision for man that he might be able to return to the ideal that He originally intended when He created him.

Q.12 What was God's ideal and original plan for man on earth?

God's original plan was, i) that man fill the earth with people like himself; men and women who had loving and holy relationships with God and with one another, and ii) that he subdue the earth, rule over it, and advance the Kingdom of God in it. When man rebelled against God he could no longer fulfil God's plan and there was nothing he himself could do to restore the relationship he formerly enjoyed with God.

3. CHRIST, THE WAY OF FULFILLING GOD'S IDEAL

Everything man has done since he fell into sin has been corrupted by sin. Even his best efforts were contaminated and insufficient to pay the penalty that was required. Only God Himself could provide a solution. The provision for God's ideal to be restored and fulfilled came in the person of Jesus.

3.1 Who is Jesus?

Let us look for a moment at who Jesus is. In John 1:1, 14 we read, *"In the beginning was the Word, and the Word was with God, and the Word was God... And the Word became flesh, and dwelt among us, and we beheld His glory, glory as from the only begotten from the Father, full of grace and truth."* The Word, here refers to Jesus.

Q.13 From these verses, who is Jesus?

These verses show us that Jesus, was both God (the Word was God), and man (the Word became flesh and dwelt among us). As God, He fulfilled God's requirement of perfection, and as man He qualified to bear the just punishment for the sin of mankind.

What did Jesus actually do? Read now John 4:34; Isa. 53:4-6 (prophecy referring to Jesus); Col. 1:19-22; Rom. 6:23b; John 14:1-3. Have you read the verses given? We see that Jesus obeyed the will of His Father in heaven in coming to this earth, living a sinless life, taking our sins upon Himself and dying on the cross to pay the penalty of our sins to reconcile us to God. Through His death and resurrection, He has also purchased eternal



life and a place in heaven for us.

We see the amazing, undeserved provision of God for us to be restored to that perfect relationship with Himself. He did this so that we might fulfil His purpose for our lives.

3.2 Important steps to fulfil God's ideal

In Ephesians 2:8 it says, *"for by grace you have been saved, through faith, it is the gift of God"*.

Q.14 What do we need to have before we can receive the gift of salvation from God?

3.2.1 Step One. Believe in Jesus

Faith is the key to receiving the gift of salvation and eternal life in Christ Jesus. It is important to know what saving faith is but let us look first at what it is not. It is not just head knowledge about certain Biblical facts. In James 2:19 it says, *"You believe that God is one. You do well; the demons also believe, and shudder."* Believing the facts about God will not save the demons, so this is not saving faith. Saving faith is also not faith for temporary needs such as safety in travel, provision of food, clothing, etc., or faith for healing when we are sick. At the end of our lives faith for these things will be unnecessary and we may still be in danger of missing our place in heaven, and instead find ourselves in the lake of fire with the devil (see Rev. 20:11-15).

Q.15 Do you know for certain that your name is written in the book of life and that if you were to die today you would go to heaven? Please answer below. If your answer is "Yes", give the reason why you feel you will enter heaven when you die. YES _____ NO _____

Share your answer to Q.15 in your group meeting. If you have answered "No" and would like to receive help to come to a "Yes" answer, you will find additional teaching as you go on, which will assist you.

Now let us define saving faith. It is trusting in Jesus alone for salvation, through His sacrificial death, burial and resurrection, by which He purchased eternal life for us. In Acts 16:31 it says, *".... Believe in the Lord Jesus Christ and you shall be saved...."* Here is an illustration to make this clearer:

"Imagine you are going down a river in a boat when something happens, and you fall into the river. Someway you manage to hold onto a log which keeps you afloat. But further down the river (you don't know how far) there is a waterfall, which if you go over, would be the end of you. Then someone on the river bank sees you and throws out a rope to you. You would need to decide whether to take your chances with the log and the waterfall or let go of the log and hold onto the rope.

That is like the choice we all face. We are all washed down this river of life and we hold onto what we think will keep us afloat (usually our own good deeds). But further down the river is that waterfall which we all face, i.e., our death.

Jesus sees us, and He stands on the river bank and throws out His rope, His salvation. We need to make a choice. We can continue to trust in the log (our own deeds), or we can let that go and hold onto His salvation."²

We receive the gift of eternal life through repentance (which can also be compared to letting go of the log we

² Illustration taken from Evangelism Explosion III Level 1 Training Notebook - D. James Kennedy



hang onto - our old way of life with all its sins, including self-efforts) and transferring our trust (faith) to Jesus alone for salvation. In Mark 1:15 Jesus tells us to repent and believe.

Q.16 a. Until now have you had faith in your heart?

b. According to what you have just learned, what kind of faith do you have?

..... **faith to believe facts (head knowledge)?**

..... **faith for temporary needs?**

..... **faith in Jesus Christ alone for salvation?**

Please share your answers to question 16 with your group when you meet next.

3.2.2 Step Two. Repent

We talked about repentance in the last point and now we will look at what true repentance is. It is much more than just saying "sorry" to God.

Q.17 Read 1 John 1:8-10; Prov. 28:13; Acts 3:19; and Acts 26:20. What three basic things are included in true repentance?

Included in true repentance is a.) admitting and confessing our sin, b.) turning away from sin and our own way, and c.) turning to God and obeying and following Him.

3.2.3 Step Three. Receive

God's provision through the sacrifice of Jesus on the cross makes it possible for us to have our sins forgiven, to receive the gift of eternal life, and to be restored to a loving relationship with God. Only then will we be able to fulfil the purpose for which He created us. Ask yourself if you have actually received the gift of eternal life for yourself. If you know you have not, or if you are still in doubt, you may receive that gift right now.

Q.18 Answer "Yes" or "No" in the spaces provided. If you want to receive the gift of eternal life this is what it will mean to you:

a. It means you will transfer your trust from whatever you have been trusting in the past (i.e. your good works, charms, church going, etc.) to Jesus Christ alone and what He has done for you. Are you willing to turn from your own inadequate ways and to transfer your trust to Jesus Christ alone?

.....

b. It means you will receive Christ in all His fulness. There are various important aspects:

+ **Christ your Mediator: He is the One Who rose from the dead, is living today, and is the only mediator between God and man. Are you ready to receive the living Christ into your life?**

.....

+ **Christ your Saviour - Rev. 3:20 "Behold I stand at the door and knock, if anyone hears My voice and opens the door, I will come into him and dine with him and he with Me." Jesus wants to enter your life and deliver you from your sin, and from your fears and to give you His Holy Spirit to enable you to live the life He meant you to live. Will you ask Jesus to come into your life as your Saviour today and accept His forgiveness for your sin?.....**



+ Christ your only Lord. This means being willing to submit to Him as your only Lord, and to be willing to obey Him in everything. If we trust Him, we will surrender our lives to Him (like you moving over to the passenger seat and asking Jesus to take over the steering wheel of your life). Are you willing to trust Jesus Christ in this way?

c. It means you will repent from your sins as described at the beginning of this section. God's Spirit working within us enables us to repent. Repenting will mean a transformed or changed life. Are you ready to confess your sins, turn away from them and turn to God to obey Him and to follow His ways now?.....

d. It means you will serve Jesus Christ as a responsible member of God's family. He will give you the gifts (the special enabling) that He knows you will need to serve Him as part of His family. Are you willing to serve God as a responsible member of God's family?

If you have sincerely answered "yes" to the above questions you are ready to receive the gift of eternal life. Thus, you will be restored to a right relationship with God who will help you begin to fulfil the purpose for which He created you.

Following is a suggested prayer for you to pray if you have sincerely come to the place where you want receive Christ and live a life of loving obedience to God:

O God, I realize that I am a sinner. I have been living my own life and doing many wrong things, instead of allowing You to live in me to lead me in Your ways. But because You sent Jesus to die on the cross to pay the penalty for my sin, and to wash me clean through His blood that was shed for me, I now see that You love me greatly. Thank You for Your love. I come to you in Jesus' name and ask You to forgive all my sin. I receive Jesus now as my Saviour and my Lord. Thank You for all that you have done for me and for giving me the gift of eternal life as You promised in Your Word. I receive that gift with thanksgiving. I now submit my life to You to be obedient to Your will. Help me to be the kind of person You want me to be through the power of Your Holy Spirit now living in me. Amen.

If you have prayed the above prayer and committed your life to Jesus in all sincerity you are now a member of the family of God. Welcome to that wonderful family! The Bible tells us that there is joy in heaven over one sinner who repents. You can now be sure that your sins are forgiven; Christ lives in you; your name is written in the book of life; and if you were to die today you will go to heaven. Please share what you have done with someone as soon as possible, and when you meet with your group next time share with them as well. They will also rejoice with you and help you to grow strong in your new life in Christ.

If you have not yet received Christ as your Saviour and Lord and do not feel ready for this step, but would like further understanding, do not hesitate to go to your Group Leader about this. He / she will be willing to help you.

Perhaps you have been in a backslidden state, and sense that the Lord is calling you back to Himself to rededicate your life to Him once more. If so take the time now to pray, asking for forgiveness from any sins that you have committed in your backslidden state, including being lukewarm in your love for Jesus and unfaithfulness toward the Lord, and receive the Lord's forgiveness. If you sincerely want to return to Him He will receive you with open arms, as He did the prodigal son (Luke 15:11-24).



Q.19 a. Read Jer. 3:22 and Hosea 14:4. What are God's promises to those who return to Him after backsliding?

b. Have you prayed as suggested above? If not, and you know you need to do this, take this opportunity to do so.

Share with your group in your next meeting as appropriate.

Summary

God does not ignore man's sin. In His justice God must punish sinful man. God has provided a way to save sinful man and yet fulfil the requirements of His justice. He did this in the person of Jesus Christ, who became a man like us (but He did not sin), and therefore He could die in our place to pay the price for our sins.

To be restored to God's ideal plan, we need to believe in Jesus Christ and Him alone, for salvation. This means that we will truly repent from our sins, turn back to God and receive Christ Jesus into our hearts as Mediator, Saviour and Lord. Then we will receive the gift of eternal life in Him. In this way we are restored to a right relationship with God and others, and able to fulfil God's plan for us.

You are doing well! You have completed Lesson Two of Study 1. Read the objectives for this lesson once more. Have these objectives been met?

In the next lesson we will be considering the Great Commission and where we stand in regard to fulfilling it.



Study 1: LESSON THREE

LESSON OBJECTIVES:

When you have finished this lesson, you will have:

- compared God's original plan for man with the Great Commission
- considered whether your life counts for God's ideal

3.3 The Great Commission - Advancing God's Ideal

We have seen who Christ is. He is both God and man. We have also seen what He did. He took the punishment for our sins upon Himself. Now let us look at the command that He gave which is also called the Great Commission.

*"Then Jesus came to them and said, 'All authority in heaven and on earth has been given to me. Therefore, **go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely, I will be with you always, to the very end of the age.**'" Matt. 28:18-20 (emphasis ours)*

Q.20 *Now read again Gen. 1:28 "....and God said to them, 'Be fruitful and multiply, and fill the earth, and subdue it....'" How does this compare with Jesus' command in Matt. 28:19-20?*

We can see a definite parallel here between God's original command to man and Jesus' command to His disciples. The earth was to be filled with people who lived in loving obedience, dependence and submission to God as true citizens of the Kingdom of God. The very content of the command of Christ makes it clear that this command is not only for the original 12 disciples but also for all who have become disciples of Christ since then, including ourselves.

Q.21 *What are some ways that this command can be carried out today? Name at least three or more.*

You may have named activities such as preaching in church and crusades, teaching the Word of God to new believers, bringing our children up to know and love the Lord, house to house evangelism, witnessing through our testimonies to non-believers at work, on public transport, through writing books on discipleship, and so on. These and many others are all ways in which we can fulfil the Great Commission. You will get an opportunity to share your own answers in your group meeting.

Q.22 *When Jesus was here on earth His main message was concerning the Kingdom of God (Mark 1:15). From the following references write down characteristics of the Kingdom of God: Rom. 14:17; John 18:36; Luke 17:20-21; Matt. 5:13-14; 2 Pet. 3:3-15a.*



Some of the characteristics of the Kingdom of God are: it is a Kingdom of righteousness, peace, and joy in the Holy Spirit; it is not of this world; it is invisible, yet it is in our midst; it speaks of something inward rather than outward so the evidence of its presence will be seen in the lives of God's people and in the effect our lives have on the world around us; its fulfilment is as yet only partial; we look forward to its perfect fulfilment to come only after the new heaven and the new earth have been established.

Q.23 *After reading Matt. 13:24-30; Rom. 7:14-23, and Phil. 3:18-21 discuss briefly why the Kingdom of God can be only partially with us now.*

4. DOES MY LIFE COUNT FOR GOD'S IDEAL?

Because we are still living in a sinful, unrighteous world, with ungodly men, and are ourselves still in these weak bodies and with a sinful nature, we cannot experience fully the presence and all the blessings of the Kingdom of God now. Yet God is in control, even now. His presence fills and upholds the universe (Jer. 23:24; Col. 1:16-17). He is intimately aware of the minutest creature on earth (Matt. 10:29-30). In fact, for every persons' life He has lovingly prepared a unique plan which fits in with His Kingdom plan (Ps. 139:13-18; Eph. 2:10; Jer. 1:5; 29:11).

Q.24 *a. Realizing the truth of God's Word and that it applies to your life, fill in your own name on the line in the following statement:*

God has lovingly prepared a unique life plan for

b. To fulfil the plan God has for your life what is required of you? Read Matt. 7:21; Luke 1:38; and Rom.6:13.

We must realize that, though there will be personal gain, we have been redeemed firstly to fit into God's overall Kingdom plan. God's purpose for your life can be fulfilled only as you surrender totally to Jesus Christ as Lord of your life and let Him live His life through you. No one else can fulfil the specific task in His Kingdom for which you were created. This requires complete submission and loving obedience to the Word of God. His Word to us is the best word we can receive because God's plans for us are only for good and not for evil; plans to give us a hope and a future (Jer. 29:11). We can trust Him as we submit to His will for us, just as Jesus Himself trusted the Father. He submitted to His will and carried out the plan the Father had for Him, which resulted in our salvation and His glory.

Q.25 *Write your own name in the following statement:*

No one but can fulfil my life task!

We see that each of us carries a vital responsibility for the fulfilment of God's master plan. How does God advance His Kingdom? Through individuals like you and me. No one is insignificant in the Kingdom of God. We



are all uniquely valuable to the Lord as co-workers for the extension of His Kingdom. Every task assigned to us by the will of God is a worthy and worthwhile task. It is the plans we make and carry out *on our own* without consulting Him, that are insignificant and unworthy in His eyes, no matter how big they are to us. But when something is God's will for us there is no such thing as an insignificant task. The Lord wants to advance His Kingdom in you and, as you remain in a place of dependent trust in Him, to give you the opportunity to work with Him for the advance His Kingdom here on earth! Therefore, determine today to seek His will and His guidance in all things, and commit yourself to loving obedience to Him.

Q.26 *Fill your name in the space provided in the following statement:*

God wants to work with Him for the advance of His Kingdom.

Summary

God wants to restore to His followers the task He originally gave to man. There is a direct parallel between the command to "...be fruitful and multiply, and fill the earth and subdue it" (Gen. 1:28), and the Great Commission "...go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you." (Matt. 28:19) The earth is to be filled with people who live in loving obedience and submission to God as true citizens of the Kingdom of God.

As God's children and as Christ's disciples, God has restored to us all the commission to make disciples of all nations. The tasks God has for individual disciples for the advancement of His Kingdom will vary, but each one is worthwhile and significant when done in dependent trust in Him.

Well done! You have completed Lesson Three. Read the objectives of this lesson once more. Have these objectives been met?

In the next lesson we will be looking at how the health field offers an opportunity for fulfilling God's.



Study 1: LESSON FOUR

LESSON OBJECTIVES:

When you have finished this lesson, you will have:

- considered why the Health Field offers a God-given opportunity to fulfil God's ideal
- looked at Jesus' example in caring for the sick and in advancing God's Kingdom
- had opportunity to commit yourself to advancing God's Kingdom with His enabling

5. THE HEALTH FIELD, A GOD-GIVEN OPPORTUNITY FOR FULFILLING GOD'S IDEAL

Now that we have seen that God wants us to be co-workers with Him for the advancement of His Kingdom in the hearts of people, we want to look at the opportunities for doing this in the Health Fields of this world. Most of you doing this study are working in healthcare facilities of one type or another, or are involved in some other way in ministering to the sick or to healthcare workers. You probably spend the greatest number of your waking hours each day in your place of work. God wants you to work with Him to advance His Kingdom right where you are.

The book of Esther tells us the story of a young Jewish woman who was chosen to be queen to King Ahasuerus. When the situation in his kingdom became extremely dangerous for the Jewish people, Esther's cousin, Mordecai, urged her to intervene on behalf of their people. As she hesitated and expressed her fears, he reminded her that she herself would not escape the plight of the Jews. Then he says some very significant words which we could apply to each of our own lives. He says, "*Who knows whether you have not attained royalty for such a time as this.*" (Esther 4:14) There was a purpose and a plan for Esther's life. You can be sure there is also a purpose for you working where you are at this time.

Q.27 *Describe briefly, one or two instances showing how God used you in your place of work for a specific purpose. Share your answer in your group meeting.*

The Health Field is a strategic place to reach people with the Gospel of Jesus Christ. It is a known fact that more people pass through the healthcare facilities and the hands of the healthcare staff of this world than through its churches.

Practical Assignment

During this week, find out approximately how many patients come to the healthcare facility closest to you / where you are working and are cared for by staff per year. Then find out how many staff are working there. Also estimate how many visitors might come through each year. Answer under the headings below and share your findings with your group when you meet next.

Patients

Staff

Visitors

Total

You may be surprised to find out the large number of people who come to hospitals, clinics and other healthcare facilities, or who are cared for by healthcare staff in their homes. Besides the ones who are included in this survey, there are, of course, others who come as well. Just think of those who deliver supplies, service people, students in healthcare training courses, and so on.



What are some characteristics of people who come to, or are cared for through, healthcare facilities / organizations that we should take note of? We find people of all ages - from babies to the elderly, and from all walks of life - from top government officials to the beggar on the street. All seek to receive care through the medical world. Many of these people are not reached by the local church. In fact, in some areas there may not even be a local Christian church. We find that people are much more receptive to the Gospel when they are sick than when they are well. They begin to think about their eternal destiny when they are lying on their beds of illness, or even when they are watching others in their illnesses.

Q.28 *In addition to the aspect of physical care, which other aspects of care need to be considered when caring for our patients?*

Patients, and all those who come to, or are cared for through our healthcare facilities, have physical, psychological and spiritual needs that must be met. Usually very little emphasis is put on teaching healthcare staff how to deal with the spiritual needs of their patients. As a result, they are often frustrated when they are faced with their inadequacy in this area. In fact, many staff have unmet spiritual needs themselves. These are realities which we need to be aware of and which we will be addressing again later in this study.

What are some important facts that we should note? First, there are more sick people in the world than ever before seeking medical care from the large numbers of healthcare facilities and medical staff. In some countries some of the emphasis in healthcare is shifting from hospitals and clinics to home care. This, amongst other reasons, has been done to cope more effectively with the patient load as the failing economies of countries cannot support the degree of hospital based care that used to be available. When we see the ever-increasing numbers of patients, with their many needs, who seek medical help, we can understand the reason for this. In fact, healthcare facilities and organizations usually continue to abound even in places where churches are forcibly closed. People usually come for medical help because they need to, whether they like it or not!

Q.29 *We have looked at many facts concerning the health field: * the many healthcare facilities or organizations, * the large numbers of people who come for help or are involved in direct or indirect care giving, * the wide variety of backgrounds these people represent, * the many needs they have, and * the fact that the spiritual needs of most of these people are often unmet. What conclusion do you come to as you consider these facts?*

As you look at the above facts, you may conclude that the health field is an immense mission field in which the Gospel of Jesus Christ ought to be proclaimed and demonstrated. Jesus Himself set an example for us to follow as He ministered to man's spirit, soul and body.

Q.30 *Read Matthew chapters 8 and 9 and identify at least four ways that Jesus ministered to the sick.*



We see that Jesus healed the people's physical sicknesses, He cast out demons, He forgave sins, He ministered to the social outcasts (lepers) and those in high positions, the rich and the poor, the Jews and the Romans, those He knew and those who were strangers, those of His own culture as well as those of enemy cultures, oppressors and the oppressed. Jesus willingly helped all who came to Him. And He did not take care of people merely out of a sense of duty.

Q.31 *Look at the following references and find out what motivated Jesus in His care of the sick and needy: Matt. 9:36; Matt. 15:32; Matt. 14:14; Matt. 20:34.*

These references make it clear that Jesus, in His heart of love, was filled with deep compassion for those who were sick and needy. It was out of that love and compassion that He was consistently able to minister effectively to the needs of the total man.

The same motivation that Jesus had must be the motivation for all His disciples. We are to follow His example as He said, *"For I gave you an example that you also should do as I did to you."* (John 13:15). The Apostle, Paul urges us to do this also: *"If therefore there is any encouragement in Christ, if there is any consolation of love, if there is any fellowship with the Spirit, if any affection and compassion, make my joy complete by being of the same mind, maintaining the same love, united in spirit, intent on one purpose.Have this attitude in yourselves which was also in Christ Jesus."* (Phil. 2:1,2,5). Christ-likeness will help us to minister effectively to those who come to us with their needs.

Q.32 *It is not only healthcare staff who should show compassion to the sick and minister to their needs. Who else should follow His example in this?*

Every Christian is to be Christ-like, even if he or she does not work in the health field. To be Christ-like means, amongst other things, to love the sick and reach out to them. Lack of compassion for the sick reveals un-Christ-likeness. Each Christian has a general responsibility towards the sick and therefore, towards the health field.

Jesus certainly made an impact on the world for God. He did this by proclaiming the message of the Kingdom of God. (Matt. 4:17) As His followers we must do the same.

Q.33 *From the following references identify the three strategic methods Jesus used to promote the Kingdom of God:
Mk. 1:35; Lk.5:15-16
Matt. 4:17; Jn. 9:35-38
Matt. 5:1-2; Mk. 3:13-19*

The three methods which Jesus used to extend the Kingdom of God are: a. Prayer, b. Evangelism, and c. Discipleship. We will look at each one of these areas in more detail and apply them to our situations in the health field, as we do the other studies in this course.



Q.34 What should be our priority in life as disciples of Jesus Christ?

If we are serious about following Christ and about living Christ-like lives, His priorities must become ours. We will seek to extend the Kingdom of God through Prayer, Evangelism and Discipleship. Let us examine ourselves, with God's help, to see where we stand regarding the things we have been learning so far. Take a few minutes to think and pray before you answer the following questions:

Q.35 God's Kingdom can be built only by citizens of that Kingdom. How do you know that you are one?

If you are not sure whether you are a citizen of God's Kingdom or not, go back to Lesson Two and prayerfully read through to the end. Answer questions 15, 16, and 18 in Lesson Two again. Share your answers in your group meeting and if you need any further help in becoming a citizen of the Kingdom of God, or in confirming that you are one, your group leader will be able to help you.

Q.36 Jesus Christ said we must seek the Kingdom of God and His righteousness as priority (Matt. 6:33). Give practical examples from your own life which show that you are doing this:

- | | |
|------------------------------------|-----------------------------|
| a. at home/with your family | b. in your community |
| c. in your church | d. at work. |

Pray about these things now. Thank the Lord for His help in those areas where you have been seeking His Kingdom as priority already. Ask forgiveness in areas where you have not. Resolve, or declare (for the first time or again) your intent, to serve God wholeheartedly and seek His Kingdom as priority in all areas of your life.

When we make a declaration to the Lord of something we intend to do, it is helpful for us to record this as a reminder to ourselves. Joshua can be an example to us in this. Read Joshua 24:14-27. Joshua made a public declaration: *"But as for me and my household, we will serve the Lord."* He called for the Israelites to do the same. Some key thoughts in these verses are: 'choose for yourselves this day whom you will serve'; 'throw away the foreign gods'; 'yield your hearts to the Lord'; 'covenant'; 'witness'.

Q.38 In your notebook, write out a 'Declaration of Dependence' for yourself. It may look something like the following one:

"I resolve today, in reliance on God's grace and help, that I will seek His Kingdom and righteousness as priority in all areas of my life. I depend on the Lord to make all areas of my life count for His Kingdom."

The declaration involves the following aspects:

- Whole-hearted love for Jesus Christ because He loved you first
- Total surrender to Jesus Christ so that He may reign in every area of your life.
- Your commitment to seek His Kingdom and His righteousness as priority.
- Declaration that you depend totally on Him to enable you to fulfil this commitment.



My Declaration of Dependence:

I resolve today...

Share and pray for each other in your next group meeting concerning the declaration you have made.

Summary

In this lesson we saw that there are a tremendous number of healthcare facilities in this world. Many more people pass through their doors and through the hands of the medical staff working there than that come to Christian churches. Sick people are often more receptive to the Gospel than those who are well. Therefore, the health field is a strategic place to reach people with the Gospel of Jesus Christ.

We saw that Jesus ministered to the total needs of His patients out of a heart of love and compassion. His strategy was to work through Prayer, Evangelism and Discipleship. We must follow His example regarding both His motives and His methods as we seek to advance God's Kingdom in total dependence on Him. This can be done only by citizens of God's Kingdom.

Congratulations! You have now completed Lesson Four and Study 1 of "Serving God in the Health Field". Read the objectives at the beginning of the lesson once more. Have these objectives been met?

In the next Study we will be looking at the subject of "Advancing God's Kingdom through Prayer".



STUDY 2: ADVANCING GOD'S KINGDOM THROUGH PRAYER

Welcome to Study 2 of the Course, "Serving God in the Health Field"! The objective of this study is to have you make provisional plans for establishing and maintaining a network of prayer in your area of the health field.

OBJECTIVES

At the end of this study you will:

- be able to explain why prayer is so important
- understand how different types of prayer can be used in the health field
- have planned a strategy of prayer for your healthcare facility

PREVIEW OF TOPICS

1. Introduction
2. The Power of Prayer
3. A Network of Prayer
 - 3.1 Personal Prayer
 - 3.2 Group Prayer Suggestions
 - 3.3 Praying with Patients
 - 3.4 Prayer Helps

Addendum A - Suggested Procedure for having a Personal Time with the Lord

Addendum B - Sample Plan for Personal Prayer Day

Addendum C - Sample Programme for Group Day of Prayer

Note: As in the previous study, the topics have been spread over 4 lessons for your convenience in studying. Remember, it is important to begin each lesson with prayer. Ask the Lord to teach you more about how to pray, and to give you His burden and strategy for prayer - for yourself, and for the health field where He has placed you.



Study 2: LESSON ONE

LESSON OBJECTIVES:

When you have finished this lesson, you will have:

- understood the vital importance of prayer by looking briefly at Jesus example
- increased your understanding of the power of prayer.

1. INTRODUCTION

During the previous study we said that each of us has a vital responsibility to fulfil in advancing God's Kingdom, right where we are. We asked ourselves, "How shall we do it?"

Q.1 *Write down what strategy we said we would use to advance God's Kingdom.*

In this study we will look at the place of prayer in relation to advancing God's Kingdom in the health field.

When we study the life of Jesus, we see what great importance and value He Himself placed on prayer. His life of prayer came from an intimacy - a deep relationship - with His Heavenly Father. Jesus felt the need to pray often and stressed the importance of prayer for His disciples in His teaching while He was on earth. This should certainly make us realize our own great need for an effective prayer life as well.

Q.2 *We see Jesus praying on many occasions. Give some examples of times and occasions when Jesus prayed from the following Scriptures:*
Matt.4:1-2; Mk.1:35; Lk.6:12; Jn.11:41-43; Matt.14:23; Matt.26:36-39; Matt.27:46; Lk.23:34, 46.

If we continued to search the Gospels we would discover other times when Jesus prayed. In fact, Jesus' life, more than anyone else's, portrayed what Paul taught when he said that we should pray without ceasing.

As a human being, Jesus lived and worked with the same limitations as any other human being would, except that He did not have a sinful nature. He gave His life, not only to die for our sins, but also to set an example for us of how a person should live who is completely surrendered to God and in close fellowship with Him as a citizen of His Kingdom. He did nothing without first praying and talking to His Heavenly Father to seek His will (John 4:34; 5:19,20). The power of God flowed through His life as He prayed to His Father and walked in loving obedience to Him. That is how He could perform miracles, preach with anointing, receive guidance as to whom He should choose as His disciples, receive wisdom for counselling people, receive comfort and courage in suffering, etc. Jesus also taught His disciples much about prayer.

Q.3 *Read Matt. 6:5-13; Matt. 7:7-11; Matt. 18:18-20; Mark 11:22-25; Jn. 16:23-24.*
a. State their common theme.



b. Share one lesson that Jesus taught which particularly speaks to you now. State what significance it has for you.

You will have opportunity to share your answer to the above question in your group meeting.

We can conclude from looking at the life of Jesus, and from what He taught His disciples, that prayer must also be a very important part of our lives. What Jesus taught to His first disciples has been passed down to us through the written Word of God. It applies to our lives as it did to theirs. Jesus' effectiveness in His ministry and mission on earth was directly related to His intimate prayer relationship with His Father. The impact we make for God's Kingdom in the health field is also directly related to the effectiveness of our prayer lives as we develop a life of intimacy with our heavenly Father. If we are not producing the good, lasting fruit for God's Kingdom that we ought to be producing one of the reasons almost certainly will be that our prayer lives are not what they should be.

Take a few moments now to reflect on your prayer life. Speak with the Lord about it.

Q.4 *a. How you think the Lord feels about your prayer life.*

b. Ask the Lord to show you what you should do about it and when. Write it down and do what He shows you.

2. THE POWER OF PRAYER

God has chosen to work through man to carry out His plans. Not only has He given us His Word, the Bible, to instruct us in carrying out His plan, but He requires us to come to Him to ask Him to exert His power in the situations that require His intervention. This is one reason why Jesus gave us the example of His own life and taught His disciples to pray. He knew that the power of God is released through prayer to work out His plan.

Q.5 *Thinking back to Study 1, what was God's plan for man?*

All that we ask in prayer must in some way be related to God's plan for man. Then we will see God do wonders on our behalf. 2 Chron. 16:9 states, *"For the eyes of the Lord run to and fro throughout the whole earth, to show Himself strong in the behalf of those whose heart is perfect toward Him."*



Q.6 *According to Matt. 6:33,
a. What should take top priority in our lives?*

b. What is God's promise when our priorities are right?

God will exert His power on our behalf when we seek His Kingdom first. Not only will our physical needs be met by the Lord when we have our priorities right, but also our psychological and spiritual needs (Rom. 14:17).

Q.7 *Read Mark 16:15-20. What did Jesus do when the disciples, in loving obedience to His command, began to fulfil the Great Commission?*

As we work with the Lord, He works with us. Close communication between ourselves and the Lord is very important when we are working together with Him. He wants us to tell Him our needs and the desires of our hearts, concerning the work of His Kingdom, and we need to hear and understand clearly, His instructions concerning the task.

Q.8 *What are some other things that we should do for God's power to work on our behalf?
a. Jer. 33:3; b. Matt. 7:7-8; c. 1 John 5:14-15; d. John 15:7; e. James 5:16b; f. James 4:3*

God's promises, also in prayer, are often accompanied by conditions we must meet for these promises to be fulfilled in our lives.

Q.9 *Take a few moments to ask the Lord to search your heart and show you if there are some conditions mentioned in the verses in Q.8, or others you may have found, which you are not fulfilling. These may be hindering you from having your prayers answered.
a. What do you feel the Lord is saying to you?*

b. What are you going to do about it?

Share your answers in your group prayer time and pray for one another. You will find that many of the other group members also have areas where their prayer lives need to be improved. Do not delay to do what the Lord has shown you so that you may experience the power of God through your prayers.

Although there is room for improvement in each of us, we have, no doubt, also experienced God's help many times when we have prayed sincerely to Him.



Q.10 Write down one situation where you needed God's help, what you prayed, and how God's power was brought into the situation to bring His answer.

Share what you have written with your group when you meet next to encourage one another.

We have taken note of the fact that God works to extend His Kingdom in response to the prayers of His people. Prayer is powerful and can bring change into the most difficult and seemingly impossible situations because through prayer the power of God Himself is brought to bear on them.

Q.11 Read Matthew 19:16-26. When Jesus said that it is harder for a rich man to enter the Kingdom of God than for a camel to go through the eye of a needle, how did He reassure His disciples when they asked, "Who then can be saved?"

Take a moment to praise God for the wonder of His plan to exert His great power on our behalf when we come to Him in prayer to seek His Kingdom first.

Summary

In this study we have been reminded of our responsibility to advance God's Kingdom in the health field through prayer, evangelism and discipleship. Jesus, by His prayer life, sets the example for us. His effectiveness in ministry was directly related to His intimate prayer relationship with His Father. We need to have this same dependence on our heavenly Father if we are to be effective in advancing the Kingdom of God in the health field.

The power of God is released through our prayers so that God's plan of redemption can be worked out for the building up of His Kingdom. As we seek His Kingdom first, everything else we need will also be taken care of by our heavenly Father. As we determine to do His will, He will help us to be increasingly more effective in doing our part in the overall plan for His Kingdom.

Well done! You have completed Lesson One of Study 2. Turn to the end of this study and check your answers to the questions. Review those you answered differently. Read the objectives for Lesson One once more. Have these objectives been met?

In the next lesson we will be considering several methods of personal prayer.



Study 2 LESSON TWO

LESSON OBJECTIVES

When you have finished this lesson, you will have:

- understood the general concept of what is meant by a Prayer Network
- been introduced to the following personal prayer methods:
 1. Personal Time with the Lord (Devotional time, Quiet time)
 2. Prayerful Attitude
 3. Telegram Prayers
 4. Taking "a Walk" with Jesus
 5. Personal Prayer Day / Night
- prayerfully made plans to implement the above as the Lord directs you.

3. A NETWORK OF PRAYER

Having seen that it is God's plan to work with us to advance His Kingdom in response to our prayers, we will look now at one way we can practically work to advance God's Kingdom in the healthcare facilities of this world. This can be likened to catching fish with a net. Such a net would have to be strong and firmly knotted, otherwise the "fish" would escape.

Q.12 Read I Tim. 2:1-8.

a. How many people does God want to be saved and to come to a knowledge of the truth?

b. How many people need to be prayed for?

c. In how many places should people be praying?

The people of all healthcare facilities are included in the number of those God wants to be saved, and therefore prayed for. Also, it is not some "special" group of Christians that is called to prayer. It is a general command to all Christians, including those in the health field.

Think back to our illustration of the fish net and do the following exercise on the next page:

- a) in the block on the left below draw individual, disconnected, curved lines at different angles. These lines or 'ropes' indicate many individual Christian health field workers working in different departments of the hospital.
- b) in the block on the right draw similar lines but join them with large dots, representing knots, and make your diagram look like a fishing net. Each line or 'rope' here also indicates Christian health field workers, but they are joined together by a 'knot' which represents a prayer meeting.

When Christians start meeting together for prayer, each meeting ties a knot to form a net of prayer which should cover their whole healthcare facility. It is the prevailing prayers of the children of God that tie the ropes together into knots which will hold to make a "catch" for eternity.



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Q.13 *How many people joined together with God are required to form a prayer meeting?*

There are many ways that we can effectively conduct prayer to promote the advancement of God's Kingdom in the health field. We will examine some of these under the headings, Personal Prayer, Group Prayer, Praying with Patients, and Prayer Helps

3.1 Personal Prayer

3.1.1 Daily Personal Time with the Lord (Devotional time / "Quiet" time)

When we search through the Scriptures we find that early morning was the most frequently used time to meet with God for prayer.

Q.14 *From the following references, which people do we find having Personal Time with the Lord?*
a. Gen. 28:16-18; b. 2 Chron. 29:20; c. Job 1:5; d. Ps. 5:3; e. Mark 1:35

We should make it our priority to meet with the Lord each day as well. If there is a valid reason for not doing this in the morning, e.g. if we are on different shifts, we may have to adjust our schedule to fit in our daily Personal Time with the Lord. Ask the Lord to show you what the best time is, but do not neglect having it at a time when you can spend quality time with Him. A personal daily meeting with Jesus Christ, our beloved Master, is the source of true spiritual health. (Ps. 63:1-5)

Q.15 *What does God long to do for us, and what does He promise us in Isaiah 30:18?*

God is always ready to hear us when we come to Him earnestly and sincerely. To be properly prepared to meet with the Lord and have effective time with Him, the following are some prerequisites for us to follow:

- Go to bed early enough that you will be well rested. Ps. 4:8 "In peace I will both lie down and



sleep, For Thou alone, O Lord, dost make me to dwell in safety."

- Have ready: Bible, notebook, pen, prayer list / prayer app, song book and anything else which will help you in your Personal Time with the Lord (e.g. musical instrument).
- Have an undisturbed place, and a regular and suitable time. Mark 1:35, "And early in the morning, while it was still dark, He arose and went out and departed to a lonely place and was praying there."
- Aim to be consistent first (develop the habit of having a Personal Time with the Lord); increase the duration progressively. Ps. 1:1-3 "How blessed is the man who does not walk in the counsel of the wicked, nor stand in the path of sinners, nor sit in the seat of scoffers! But his delight is in the law of the Lord, and in His law he meditates day and night. And he will be like a tree firmly planted by streams of water, which yields its fruit in its season, and its leaf does not wither; and in whatever he does he prospers."
- Combine desire, dedication, determination and discipline. Prov. 2:1-5, "My son, if you will receive my sayings, and treasure my commandments within you, make your ear attentive to wisdom, incline your ear to understanding; for if you cry for discernment, lift your voice for understanding; if you seek her as silver, and search for her as for hidden treasures; then you will discern the fear of the Lord and discover the knowledge of God."
- Come with an expectant heart. Ps. 119:10, "With all my heart I have sought Thee; do not let me wander from Thy commandments." See also Ps. 62:5.

- Q.16** ***a. Make a check mark next to the prerequisites above which you consider to be part of your life.***
 b. What are you going to do about those that you have not checked?

Share your resolutions with someone in your group during your next meeting. Pray together that the Lord will help you to be faithful in the decisions you have made. If you do not know how to overcome a problem you are having concerning the above prerequisites, the discussion you have on this point in your group meeting may give you further insight, or you can talk and pray with your Group Leader about it.

Go now to Addendum A at the end of this study (immediately following Lesson Four) and look at a suggested procedure for having a Personal Time with the Lord. Carefully read each of the Scripture references given.

Be sure to share with someone what the Lord has said to you during your Personal Time with the Lord. It will help to fix it in your heart as well as encourage and help someone else.

- Q.17** ***Share with a family member, friend, colleague or patient, something the Lord said to you during your Personal Times with Him this week. Write briefly below what you are going to share as the Lord impresses it on your heart.***

3.1.2 Prayerful Attitude

As well as having a daily Personal Time with the Lord where we have quality time with Him through His Word and prayer, we should develop a prayerful attitude throughout the day. This is very much like being in the same place with a close friend or family member. You include your friend in your plans and in your



conversations. You share your thoughts and feelings with one another and make casual remarks to one another even when you are involved in your various activities throughout the day. You may work together, visit with others together, or just relax together. Similarly, we include the Lord in all that we do throughout the day. We look to Him and relate to Him as the One in charge just as Jesus did with His Heavenly Father. At the beginning of this study we already noted that Jesus' life, more than anyone else's, portrayed His prayerful attitude.

Q.18 *From the following Scriptures name some situations in which David also demonstrated that he included God in every part of his life throughout the day:*

a. Ps. 3:1-3; b. Ps. 8:1, 3-5; c. Ps. 22:22; d. Ps. 42:6,11; e. Ps. 51:1-4; f. Ps. 141:1, 4

Just as Jesus and David did, we can also develop this habit of conversing with God throughout the day. The more we do so, the more we will sense His presence and realize His power as He helps and encourages us. It takes practice to develop this habit, but our relationship with the Lord will be greatly enriched and deepened by it.

Q.19 *What did David say would be the result of having the Lord always before him? Ps. 16:8*

God is greater than all our situations and the more we are aware of His presence continually, the more we will depend on Him in every situation. Besides that, we will know the joy of close fellowship with our heavenly Father, and we will come to know Him better and better. As we come to know Him, we also come to know His will. As we come to know His will, we know what pleases our heavenly Father.

Q.20 *Read Jer. 9:24. As we come to know the Lord, what do we find delights Him?*

When we know what delights God, we will understand that this is what He wants to see developing in us also. There are many other things that we learn about God as we develop a close relationship with Him by walking and talking with Him throughout the day. As we bring delight to His heart through our loving obedience to what He teaches us, we ourselves will also know deep joy in our fellowship with Him.

3.1.3 Telegram (SMS/Text message/WhatsApp/Messenger/Line) Prayers

Read Neh. 2:1-5 When Nehemiah wanted to ask permission from the king to go and rebuild the walls of Jerusalem, he sent up a quick prayer to God when he was questioned by the king. We can be sure that he did not fall on his knees and start praying out loud to God. No, rather this was a quick cry - silently, in his heart to the Lord for help, as he put his request to the king. This we call a "telegram prayer" - a brief, fervent prayer on behalf of people or situations for which the Lord's help is needed immediately.

Note in Neh. 1:4-11 however, that this telegram prayer was preceded by a total of four months of intercession for the situation which Nehemiah was now presenting to the king. Telegram prayers are not a substitute for earnest intercession when we have had opportunity to intercede. But having already prayed fervently for a person or situation, and knowing the Lord's constant presence with us, we can now speak to Him urgently in the quiet of our own heart, as we are confronted by a need related to the situation.



Q.21 a. Name a situation where you have used the telegram prayer to seek the Lord's help.

b. How did you prepare for the situation in prayer before it happened, or how could you have done so?

If time permits, you can share some of these things with your group when you meet.

Having been in communication with the Lord throughout the day (as we had our Personal Time with the Lord, ate, worked and relaxed), we should also conclude the day with Him. Let us look at one way this can be done.

3.1.4 Taking "a Walk" With Jesus

Taking a walk with Jesus at the end of each day means reviewing the events of the day's experiences by talking with Him about them. There may be things to confess and repent of; there may be things that you need to seek His peace for as you commit them to Him to deal with; there may be things you should thank and praise Him for, etc. You can also ask the Holy Spirit to remind you of Scriptures that apply to the things you talk to the Lord about.

Q.22 Tonight before you go to sleep take time for a walk with Jesus through your day. Write down some of the things you talked to Him about, and what you sensed He said to you.

There is another area of personal prayer that we still need to consider which can bring tremendous blessing into our relationship with God and add greatly to our effectiveness as co-workers with Him in advancing His Kingdom.

3.1.5 Personal Prayer Day/Night

There may be times when you have an especially difficult decision to make, or a difficult task to do, or someone or some situation to intercede for. Perhaps you feel that you need extra time to spend renewing your relationship with the Lord. There could be many things or people you have wanted to pray for at length, but in your regular Personal Time with the Lord you have not been able to get adequate time to bring every aspect of the situation to the Lord. When this is the case it will be helpful to schedule a half or full day or night of prayer and fasting into your agenda. This can be done on a day off or during your annual leave. Many people have greatly benefited from scheduling such a day into their programs on a regular basis, e.g. once a month or once per quarter, etc.

Q.23 a. What did Jesus do, even when the crowds came with their sick to be healed? Luke 5:15-16

b. What do you think Jesus was praying about when He spent the night in prayer? Luke 6:12-16

Jesus set an example for us when He took prolonged times to be in prayer to have fellowship with His Father,



and to receive guidance and wisdom when He had to make special decisions. We can also take special days or nights with the Lord for fellowship and for special issues.

Q.24 a. In Addendum B, at the end of this study on "Advancing God's Kingdom through Prayer", you will find a suggested plan for spending a day in prayer. Take some time now to read through it.

**b. Looking back at all the aspects of Personal Prayer that we have mentioned, what can you do to develop your personal prayer life? Write your answer under the following headings:
WHAT? WHEN?**

Summary

Through a prayer network a whole hospital or other healthcare facility can be covered in prayer and many people brought into the Kingdom of God as a result. Methods we can use to form such a prayer network, included in personal prayer:

- * Daily Personal Time with the Lord: Setting aside quality time to seek the Lord in prayer, and reading and meditating on His Word.
- * Prayerful Attitude: Having an awareness of God's presence at all times and a continual flow of communication between us and God.
- * Telegram Prayers: Sending up an urgent prayer to the Lord for His help in an acute situation.
- * Taking "a walk" with Jesus: Reviewing the events of the day with the Lord before we sleep.
- * Personal Prayer Day / Night: Setting aside an entire day or night to seek the Lord for various reasons.

Keep up the good work! You have completed Lesson Two of Study 2. Turn to the end of this study and check your answers to the questions. Review those you answered differently. Read the objectives for Lesson Two once more. Have these objectives been met?

In the next lesson you will be introduced to several group prayer methods.



Study 2 LESSON THREE

LESSON OBJECTIVES

When you have finished this lesson, you will:

- be able to implement the following Group Prayer Suggestions:
 1. Prayer Triplets
 2. On the Spot Prayer
 3. Pray Same Time - Different Places
 4. Telephone/Skype/Zoom/FaceTime/WhatsApp/Messenger Prayer Meeting
 5. Early Morning Prayer
 6. Prayer Breakfast
 7. Half Day / Full day of Prayer / Annual Prayer Week
 8. Half Night / Full Night of Prayer
 9. Prayer Chain
 10. Telephone Chain
- have understood some of the strengths and weaknesses, and other important aspects of the above.

3.2 Group Prayer Suggestions

We have considered various forms of meeting with the Lord individually. Now we also want to look at a variety of ways in which we can extend God's Kingdom through group prayer. Not every method that we mention will be practical for your situation but certainly some will be very useful. It is not our intention that you practice all the methods that we will mention here, but that you prayerfully consider each one and ask the Lord which ones will be the most effective and practical for your situation. Those that you choose, you may have to adapt for your group.

3.2.1. Prayer Triplets:

The Prayer Triplet concept has great possibilities for fulfilling the vision of advancing God's Kingdom in the Health Field through Prayer, Evangelism and Discipleship. It has been particularly effective in places where there are few Christians in a healthcare facility, and where many Christians are working different shifts. This is how they work:

Three people meet for prayer on a regular basis (you and two of your colleagues). Each of you prayerfully asks the Lord for the names of three persons who are not yet believers, (e.g. fellow employees).

** As a group you commit yourselves:*

- to pray for these nine persons. You will be praying for their known needs, especially for their salvation.
- to pray for one another's needs, encourage one another in your spiritual growth, and pray for and encourage one another in your relationship with the nine other persons you are praying for.
- to pray for spiritual awakening in your country, and especially in your area of influence in the health field.

The Prayer Triplet can potentially be a base from which those you have prayed for can be discipled. It will also build your relationship with the Lord and with one another. As the Lord answers your prayers for the salvation of those for whom you are praying, they can join your group for follow-up and nurturing in prayer. Eventually as more of the people you are praying for receive Christ as their Saviour, you can split up and form new groups, always keeping at least one spiritually mature member as part of each new triplet group.



** Some practical points:*

- The other members of your group can be from different departments of your healthcare facility or even from your church.
- You could have a mini-Triplet Group (three people), or a maxi-Triplet Group (three married couples).
- The group should meet regularly (e.g. weekly or fortnightly), even if it is only for ten minutes. This could be during your break times, a half hour before or after duty, or at a specially arranged time that is suitable to all when you are all off duty. You may not be able to pray for each of the twelve persons in ten minutes, but you could try to meet more frequently and pray for various people in turns.
- Between times that you meet, continue to pray daily for one another and for the three people whose names you yourself have brought. Be sensitive to opportunities for witnessing to your three people.
- Confidentiality is very important. Anything that is shared within the group about one another, or the nine persons you are praying for, should remain within the group and not be told carelessly to other people. This is essential to establish trust among each other, and with the other people you are praying for. Breaking of trust in this way is gossip. The source of gossip will soon be exposed. Do not allow these strategic prayer meetings to disintegrate into sessions for gathering information for gossip, and eventually destroy your group.

Q.25 What does the Bible teach us about gossip?

a. Lev. 19:16; b. Prov. 11:13; c. Prov. 17:9; d. Prov. 26:20.

The importance of confidentiality cannot be overemphasized.

Q.26 Take a few moments now to ask the Lord to examine you on this matter of gossip. If He convicts you of this sin, repent of it and ask His forgiveness. Then tell the Lord what you are going to do about it. If the Lord does not convict you, make a commitment to remain trustworthy in this area and ask the Lord to help you. Write in your notebook what you have told the Lord, as a reminder to yourself.

Q.27 Briefly review the concept of Prayer Triplets. How does this method of Group Prayer combine the three major methods of extending God's Kingdom in the Health Field?

Prayer Triplets have been found to be very effective in bringing people to salvation in Jesus Christ, and of discipling one another, as well as those you win for the Lord. Therefore, it is highly recommended that you consider using this method of prayer.



Practical Assignment**A.** Ask the Lord to give you the names of:

- a.** three not-yet believers you could pray for in a Prayer Triplet
- b.** two other believers with whom you could develop a Prayer Triplet.

Write their names in your notebook.

a.**b.****B.** Share the Prayer Triplet method with the believers you have written down at your earliest opportunity and ask them to pray concerning their possible involvement.

Date	Person Shared With	Response
	1.	
	2.	

C. After you have filled in the above, make definite plans as to when you will begin to implement this method. Write them in your notebook under the following headings:**PLAN****DATE****D.** After your first meeting make a written report and share it in the following group meeting.**3.2.2 On the Spot Prayer**

During "chance" meetings with fellow-believers in your work place, have brief on-the-spot prayer, e.g. for urgent needs; if you or the other person needs encouragement; if there is special cause for thanksgiving, etc.

Q.28 Write down an incident when you would have been grateful to have had someone to pray with you briefly in your place of work.

Share the above incident with one of your group members when you meet next time. This type of prayer can give a very caring atmosphere in your healthcare facility, as well as bring the power of God into many situations.

3.2.3 Pray Same Time, Different Places

It is not always possible to meet with someone that you share a burden for prayer with since Christian medical people often stay far apart. One solution to this can be to agree to pray at the same time each day or week, for the issue for which you are burdened, but you in your own home, and your partner in his or her own home.



Q.29 *Think about this method and suggest how you could increase its effectiveness.*

3.2.4 Telephone/Skype/Zoom/FaceTime/WhatsApp/Messenger Prayer Meetings

Another possibility for praying with someone else is by praying over the telephone on a regular basis or when a special need arises.

Q.30 *What are some limitations to this type of prayer meeting?*

Despite possible limitations, many people have been greatly blessed as the Lord has brought His power to change situations through this method of prayer. Take a moment to thank the Lord for modern technology which has created many opportunities to assist us in the work of His Kingdom.

3.2.5 Early Morning Prayer

In this method either the same group meets every day, or a different group meets each day of the week, or there can be overlapping of members between the groups that meet each day. Start about fifteen minutes before work and take 5-10 minutes of this time for prayer.

Q.31 *What are some things you could be praying for during these meetings before work?*

3.2.6 Prayer Breakfast

You can do this either on a regular basis, e.g. monthly, or on an occasional basis. You can have a speaker to speak briefly on some aspect of prayer and then spend about 30 minutes in prayer for needs in the health field. After this you can share breakfast together. Alternatively, you could take breakfast together first, then have your speaker and time for prayer. Be sure to reserve sufficient time to pray! The venue could be either a home; or a restaurant where you can have the use of a private dining room.

Q.32 *Name some topics of prayer on which you feel you need more teaching that could help you to be more effective in prayer.*

These could be used as suggestions for a topic for a speaker to share on when you begin to put this method into practice. There may be others who also need teaching in the same areas. (In the meantime, you could try to get some materials, e.g. books, articles, taped messages, and do some Bible study on the topics you have listed so that you will begin to grow in these areas.)



The first Wednesday of every month is the Prayer Day of the Healthcare Christian Fellowship International (HCFI). Christian healthcare workers and HCFI staff around the world gather together for prayer on this day to bring personal, group, national and international needs before the Lord. Some things that could be included in the programme for such a day are: praise and worship, a message or Bible Study on prayer, group intercession, small group prayer, reporting back on your times of intercession, special music, thanksgiving, testimonies, tea / lunch breaks. For those who feel led to do so, fasting may accompany such a prayer day. Prayer requests can be shared, written on a blackboard, or typed copies can be passed around. You can make use of the helps listed under Prayer Helps (point 3.3) where possible. We should remember to be flexible. Let the Holy Spirit guide you. Be willing to set aside your schedule if you sense He has something different on His heart from what you had planned. Your submission to the Spirit's leading can result in an outpouring of His blessing.

Q.33 Under the following headings prepare a programme for a half day of prayer that is to last from 14:00 to 17:00. Make a rough copy separately first and then write the final draft.

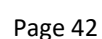
TIME	ACTIVITY
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Note: You can find a sample programme for a day of prayer at the end of this study in Addendum C. Do not look at it until you have made your own. Then share the programme you have prepared with your group.

This is like a half day / full day of prayer. Remember that Jesus also used this method of prayer. (Luke 6:12)
You could, for example, begin at 20:00 hrs. and go to 24:00 hrs.; or from 22:00 hrs. and go to 06:00 hrs.

Discuss your answers together in your group meeting. There may be important things you have forgotten.

In a prayer chain, two people pray for one hour; two others pray for the following hour, and so on until the time allotted for this has been filled. Such a chain can last for 12 to 24 hours, a week, or even longer. One prayer chain, the Moravian Prayer Link, which was started in the days of Count Zinzendorf in the 1700's, lasted for 100 years! You can help organize a night of chain prayer by making a list such as the following:



NAMES	TIME
John and Peter	20:00 - 21:00
Matthew and Luke	21:00 - 22:00
Aquila and Priscilla	22:00 - 23:00
Paul and Barnabas	23:00 - 24:00
Your suggestions	24:00 - 01:00
“	01:00 - 02:00
“	02:00 - 03:00
“	03:00 - 04:00
“	04:00 - 05:00

Q.35 *In the remaining spaces above, fill in the names of some people you might include in such a prayer chain if you were organizing it.*

When organizing a prayer chain, contact different people and ask them when they want to pray. They do not all have to come to the same place, e.g. married couples can pray at home. If possible, when each pair stops they should contact the next pair to begin, to make sure they are awake! Give each pair some specific prayer requests.

Q.36 *Name some occasions when this method of prayer would be valuable.*

3.2.10 Telephone/Smartphone Prayer Chain

With this method people are contacted to join the Prayer Chain and assigned in advance to call two specific people each when a prayer request is given. Person number one has received a request for prayer. He/she then passes the prayer request on to persons number 2 and 3 who in turn pass on the request to two people each. These four people then each pass the prayer request to two more persons, etc. until everyone on the chain has been contacted. As people finish calling those assigned to them they begin to pray earnestly for the request they have been given. This is another method that has its limitations in some areas, but the possibilities are great where telephones/smartphones are available.

Q.37 *What is the main advantage in being able to use this method?*



Summary

In this study you were introduced to ten Group Prayer suggestions for selection and adaptation to your situation.

- Prayer Triplets: praying with two other people for the salvation of three unsaved persons each, until they get saved. Then they are incorporated into your group to be discipled. You also pray for one another's needs both during and between meetings. Lastly you pray for spiritual awakening for your country.
- On the Spot Prayer: praying with someone briefly about an urgent, specific need he shares with you in a "chance" meeting.
- Pray Same Time, Different Places: You may not be able to meet your prayer partner(s) to pray together in the same place, but you agree to pray regularly at the same time wherever you are for the needs you have shared together previously.
- Telephone/Skype/etc Prayer Meetings: praying over the telephone with a prayer partner, or person who has a need
- Early Morning Prayer: group meeting for prayer every morning
- Prayer Breakfast: A short message is shared on an aspect of prayer. Then adequate time is spent in prayer for the needs which brought you together. Breakfast is shared together either before or after the main meeting.
- Half/Full Day of Prayer: gathering together of Christians for a half or full day of prayer.
- Half/Full Night of Prayer: Like half/full day of prayer but done at night
- Prayer Chain: People are assigned two by two to pray for one hour, followed by another two the next hour, etc. until all your time is filled.
- Telephone/Smartphone Prayer Chain: Person number one is called concerning a need and calls person number two and three, who each call two more people on the list, etc., until all the people on the chain have been contacted. As soon as each one has finished passing on the message, they pray earnestly for the need.

An important point to remember is that matters shared for prayer should be kept confidential unless otherwise indicated

You are doing well! You have completed Lesson Three of Study 2. Turn to the end of this study and check your answers to the questions. Review those you answered differently. Read the objectives for Lesson Three once more. Have these objectives been met?

In the next lesson we will learn about several more group methods of prayer, develop a prayer strategy for your situation and learn how to pray with patients. Various prayer helps available will also be introduced.



Study 2 LESSON FOUR

LESSON OBJECTIVES:

When you have finished this lesson, you will:

- be able to implement the following Group Prayer Suggestions:
 - 11. Weekly Prayer meetings
 - 12. Prayer Weekend/Conference
 - 13. Prayer Concert
 - 14. Prayer Walk
- have understood some of the strengths and weaknesses, and other aspects of the above
- have had opportunity to consider which of the fourteen Group Prayer Suggestions would be effective in your situation
- have prayerfully developed a Group Prayer strategy for your healthcare facility
- have understood important aspects of praying with patients
- have been introduced to various Prayer Helps available internationally

3.2 Group Prayer Suggestions continued....

3.2.11 Weekly Prayer Meetings

This is probably the method of prayer that many of us are most familiar with.

Q.38 *What has been your experience of this method of praying? (Name both positive experiences and areas where you could see room for improvement).*

You have each given very personal experiences with the weekly prayer meeting. Share some of them in your group meeting. As you share, try to come to a conclusion concerning what makes a powerful prayer meeting.

Some suggestions may be:

- * People come with hearts that are prepared.
- * A leader is appointed in advance who prayerfully selects praise and worship songs, and Scripture which will further help to prepare people to pray.
- * The Holy Spirit is invited to take charge of the meeting. This helps the leader and others to be free to allow for change in the programme as the Lord directs.
- * No one dominates in praying. Everyone is encouraged to participate by praying.
- * Individual prayers are kept short and to the point so that more people can participate and more can be accomplished.
- * One prayer point is fully covered before moving on to the next (e.g. more than one person can pray for the same point but bring different aspects of it to the Lord).

During your group meeting add other suggestions from the group.

3.2.12 Prayer Weekend/Conference

This is like other weekends or conferences but much more time is given to prayer - at least 50% of the meeting time. Messages should include teaching on different aspects or types of prayer, coupled with practical prayer sessions to apply that which has been explained.



Q.39 What is the best way to learn to pray in new ways?

3.2.13 Prayer Concert

This type of prayer is explained much more fully online (<http://www.hcma-web.org/prayer-concert.htm>) and in the HCFI workbook, "The Healing of the Nations Prayer Workbook", which can be downloaded from the HCFI website www.hcfglobal.org. It will be explained only briefly at this time.

The two-fold purpose of this method of prayer, based on Zech. 8, is to pray, A). for spiritual awakening, and B). for world evangelization.

A). Spiritual Awakening - Here prayer is made for God to reveal the **fullness** of Christ in the midst of His Church. This includes prayer for revival, renewal and awakening.

B). World Evangelization - Here prayer is made for the **fulfilment** of Christ's global cause of reaching the world with the message of salvation through His spiritually revived, renewed and awakened Body. This includes prayer for missions, world evangelization, and advancement of the Kingdom of God.

Prayer "concert" means that people of diverse backgrounds are united in concerted, sustained commitment to the Lord, to one another, and to praying for the answer they seek until the Lord grants fullness and fulfilment.

Q.40 Which man-made boundaries that we often set for ourselves will be bridged through the Prayer Concert method?

When quite a number of Prayer Triplets are functioning in various healthcare institutions, it can be very beneficial for them to come together periodically, e.g. monthly, quarterly or even annually, in the form of a Prayer Concert.

Q.41 What could be some benefits of Prayer Triplets meeting together regularly as a Prayer Concert?

The following could be a suggested programme for a Prayer Concert:

Part 1 - A time of worship.

Part 2 - A short message (of exhortation or encouragement).

Part 3 - A time of prayer for Fullness (perhaps in small groups for one topic, and together for another).

Part 4 - A time of prayer for Fulfilment (again vary the format of prayer, as above).

Q.42 If you were organizing a Prayer Concert who would you think of involving besides Prayer Triplets?

3.2.14 Prayer Walks

With this method, people stroll through a designated healthcare facility, talking to the Lord and to one another in a natural way. They pray for the Lord's blessing and proclaim the Lordship of Christ. It is practical to walk two by two, each pair assigned to walk through a different department or ward. When this is repeated regularly, it is encouraging to see how the Lord uses this type of prayer to bring about kingdom changes.



Q.43 *What could you be praying for as you walk?*

We have learned about 14 different methods of Group Prayer in Lesson Two and Three. We trust that you have been challenged by the great potential for prayer in the various areas where you are involved.

Q.44 *a. Considering the present situation in your healthcare facility, which methods could work practically in your situation?*

***b. Prayerfully plan a prayer strategy for your healthcare facility. Recruit others in your HCF group, other Prayer Partners, the chaplain (if appropriate) to join you in planning, and in implementing the plans you have made. Write what will you do and when.
What?***

When?

Share what you have written with your group when you meet next.

3.3 Praying with Patients

If we are sensitive to God's guidance and to the needs of our patients, we will find opportunities to pray with them. This can be a powerful means of communicating God's presence, compassion and help to our patients. Always be considerate and ask their permission first. Ask them if they would like you to pray, and whether at the bedside or somewhere else.

Q.45 *Suggest some other things that you should keep in mind when praying with patients, considering their special situation.*

There may be times when praying with a patient is inappropriate. Such prayer might even close the doors for ministry in a healthcare facility. For example, one should not interrupt a doctor in his examination of a patient to pray with him. Neither would you interrupt house-cleaning staff as they are in the process of washing the floor in a patient's room. We need to be considerate and use common sense.



Q.46 Suggest several suitable times to pray with a patient.

Patients have many needs related to their physical, emotional and spiritual conditions which are influenced by: * their relationship with God; * past personal experiences; * their understanding and thoughts about their illness; * family circumstances; * relationships with family members and other people; * their employment and financial situation, and many other things. In order to be able to pray relevantly and effectively with a patient it is important to get some understanding of their real needs. However, this must be done with sensitivity and compassion. Allow the Holy Spirit to guide you. Ask: What would Jesus do in this situation?

Q.47 Based on the above, what could one pray for a patient? (List at least four things.)

Remember that Scripture can be used very effectively as prayer if done appropriately, e.g. one of the Psalms, the Lord's Prayer, or Eph. 1:15-21.

Note: We should also remember the unconscious patient. Hearing is usually the last sense to go in an unconscious patient and although he may not be able to respond noticeably, he may still be able to respond in his heart.

Should one pray for miraculous healing for every patient? (Definition of miraculous healing: immediate or unusually quick healing which God gives as a result of prayer, either apart from, or in the presence of the slower way to healing sought through medical intervention.) Let us look to Jesus for our answer.

Q.48 Read John 5:1-15.

a. How many patients did Jesus heal at the Pool of Bethesda?

b. How many patients were there?

God might want to heal some of your patients miraculously. Scripture frequently mentions that Jesus healed people who came to Him, and even today people are healed miraculously. You may pray for this as He directs you. It is important to remember that God has other ways of healing as well.

Q.49 Name three or more other means God has provided for people to be healed.

Miraculous healing has been the subject of much controversy. Therefore, we must ask God for His wisdom and make sure of His guidance in every instance so that we pray according to His will. Remember that all healing comes from God. Therefore, no matter which method we use to treat a patient we should ask Him for healing before we begin.

Q.50 Whose cooperation should we have when praying for the patient?



Q.51 If the Lord does not lead us to pray for miraculous healing, what can we pray for the patient?

Praying with a patient is usually a great encouragement to him. It assures him that you care, and that God cares and is in control. It can also help him to grow in his faith, or, if he does not yet know the Lord as his Saviour, it can help to create a desire to know Christ. This may be one step towards his coming into God's Kingdom.

Because of all that can be accomplished for the Kingdom of God through prayer, we can be sure that there will be opposition from various sources.

Q. 52 What are common hindrances to praying with patients in your healthcare facility?

Q.53 Write what do you feel God wants you to do about the hindrances to praying with patients. What?

When?

Discuss these hindrances to prayer and what to do about them in your group meeting briefly. Pray with one another regarding the ones that affect you.

3.3 Prayer Helps

We have looked at several aspects of prayer in the Health Field. Now we will mention some prayer helps to assist you in more effectively extending God's Kingdom through prayer.

- a) Personal prayer diary. This can simply be a notebook in which you write down the date, prayer request, answers, date of answer, and thanksgiving. It helps us to give God glory for what He has done and it also increases our faith as we see God's power at work.
- b) Prayer App for your smartphone like PrayerMate
- c) Prayer book or box - for prayer requests to be used in your prayer group. This is a way of keeping a record of prayer requests made. If it is a book leave space for answers to encourage the group and strengthen their faith.
- d) Hospital newspaper or magazines. If this is available, you can use it as a source of information so that you know what needs prayer in your healthcare facility. You could also use it to let people know about general prayer meetings, or to make them aware of the prayer book or box and encourage them to use it.



- e) HCFI Prayer Guide (Trumpet Call), local HCF News or Prayer Letter. These can help us to be informed about people, events and situations that need prayer internationally, and locally. We can also submit our prayer requests and praise items (remember we are a world-wide family that needs to uphold one another).
- f) Operation World by P.J. Johnstone. This book gives pertinent information and prayer needs of all the countries of the world. See <http://www.operationworld.org/>
- g) Prayer Cards - Operation Mobilization. A similar idea to Operation World but these are individual cards for each country.
- h) Mini Atlas - A pocket sized atlas that acts as a reminder of countries we need to pray for and where they are.
- i) World Map - Same use as mini atlas. This could be put up on a wall where it can be easily viewed during your prayer time (personal or group).
- j) Newsletters of Christian Organizations and missionaries. These help us to pray very specifically for the needs and concerns of particular organizations/missions/missionaries/other Christian workers.
- k) List of Kings and Presidents - obtainable from Every Home for Christ. This is a valuable tool for intercessors of nations. See <https://www.ehc.org/resources> for more free resources.
- l) Books on prayer - "How to Pray" (R.A. Torrey); "Power through Prayer" (E.M. Bounds); "No Easy Road" (Dick Eastman); "Conversational Prayer" (Rosalind Rinker). These can be bought through local Christian bookstores. They give much valuable teaching to help us to become more effective in prayer.
- m) Teaching on Prayer - Intercession (Reona Joly - Youth with a Mission); Spiritual Warfare (Dean Sherman - Youth with a Mission); Journey of Prayer (Dick Eastman - Every Home for Christ).

You may know of other tools that are helpful to you in prayer. Share briefly with your group concerning these, so that you can discuss their value. They may be of help to others in the group as well.

Q.54 Write down specific prayer tools you use or know about.

Conclusion: John 14:12-14 says, "Truly, truly, I say to you, he who believes in Me, the works that I do shall he do also; and greater works than these shall he do; because I go to the Father. And whatsoever you ask in My name, that will I do, that the Father may be glorified in the Son. If you ask Me anything in My name, I will do it."

There is no limit to what can be done for the advancement of the Kingdom of God in the Health Fields of this world, and in our own healthcare facilities when we cooperate with the Lord through prayer. May we be found faithful in using this mighty weapon against the enemy, for the glory of the King of kings - our Lord Jesus Christ, until He comes!

Summary

Four more methods of prayer considered in this study are:

- * Weekly Prayer Meetings: Meeting of Christians to pray for a half to two hours, on a regular day each week.*
- * Prayer Weekend/Conference: like other weekend conferences, but at least 50% of the time given is to prayer.*
- * Prayer Concert: This is a regularly planned prayer meeting with the two-fold purpose of: + praying for spiritual awakening, and + world evangelization.*
- * Prayer Walks: People walk two by two through the healthcare facility (or neighbourhood) talking to the Lord and to one another in a natural way, praying for blessing and for the needs of the facility.*



One of the most important aspects of prayer in the health field is praying for and with patients to communicate God's presence, compassion and help.

Prayer helps, such as prayer diary, prayer guides, mini-Atlas, prayer newsletters, etc., can assist us to be more effective in prayer.

Congratulations! You have now completed LESSON FOUR and the whole of Study 2. Turn to the end of this study and check your answers to the questions. Review those you have answered differently. Read the objectives of LESSON FOUR once more. Have these objectives been met?

NOTE: A more in-depth study on prayer is given in the HCFI Prayer Workbook. Topics such as 'Keys to Power in Prayer', 'Hearing the Voice of God', 'Intercession', 'Spiritual Warfare', and many more, are covered in it.

In the next study we will be looking at "Advancing the Kingdom of God through Evangelism".



ADDENDUM A: Suggested Procedure for Having a Daily Personal Time with the Lord

- * Wake up, get up, give God your best time! Prov. 6:10-11; 19:15
- * Come to Jesus with thanksgiving and praise. He is worthy to be worshipped and praised. Ps. 100:4-5
- * Confess and ask God to forgive any sins that He may show you. Ps. 51:1-12
- * Ask the Lord to help you to concentrate and to give you understanding of His Word and His will. Ps. 119:18
- * Read the Bible systematically, slowly and out loud, so that you may get a good understanding of the whole of God's Word. Ps. 119:105 (Note: If you read three chapters a day you will be able to read through the whole Bible in one year.)
- * Speak to the Lord as you read and ask Him to speak to you. True prayer is two-way communication between you and the Lord. Isa. 50:4b
- + Is there:
 - a command to obey? Acts 22:10
 - a sin to confess or avoid? Ps. 139:23-24
 - a promise to believe? 2 Cor. 1:20
 - a verse to memorize? Prov. 4:4
 - a warning to remember? Deut. 11: 26-32
 - an example to follow? John 13: 15
 - a principle to live by? Ps. 119:93
 - a truth about God's character and ways, for which to thank and praise Him? Phil. 3:8
- + How does this apply to all your relationships?
- * Write down what God says to you:
- Date: Scripture:

What God said:

My response:

- * Turn Bible reading into prayer. Phil. 4:6-7
- + adoration, confession, thanksgiving, supplication

Date	Request	Promise	Answer	Date

- * Immediately obey God. 1 Sam. 15:22; Ps. 119:112
- * Faithfully share what the Master has shown you. 1 John 1:1-3

Another approach to your Daily Personal Time with the Lord is S.O.A.P.S.

For the SOAPS approach you need to use a notebook in which you record the entire SOAPS process.

- **S: Scripture:** After reading the portion of Scripture for the day, write down the verse(s) that spoke to your heart.
- **O: Observation:** Rewrite the verse(s) in your own words.
- **A: Application:** Prayerfully consider what it would mean for you to respond to what God said to you through the verse(s).
- **P: Prayer:** Pray according to what God has revealed with a special emphasis on your obedience to His guidance.
- **S: Share:** Write down with whom you intend to share what God has shown you.



ADDENDUM B: Suggested Plan for How to Have a Personal Prayer Day

Promise:

"For I know the plans that I have for you," declares the Lord, 'plans for welfare and not for calamity to give you a future and a hope. Then you will call upon Me and come and pray to Me, and I will listen to you. And you will seek Me and find Me, when you search for Me with all your heart. And I will be found by you,' declares the Lord...." Jer. 29:11-14a

Preparations:

* You should try to go to a quiet place where you know you will not be disturbed or distracted. This could be indoors or outside.

It may require that you arrange with someone so that you are not disturbed. Plan ahead. Ezra 10:6a; Luke 5:16

* Take along Bible, pencil, notebook, prayer list of needs of people, prayer letters of people in Christian ministries, songbook/guitar if you have and play one, perhaps a devotional book, e.g. "The Power of Prayer" by R. A. Torrey, or "Power Through Prayer" by E. M. Bounds; take any other prayer helps listed in this study or others that you find helpful

* Decide whether you will eat, or fast completely, or whether you will drink only. Prepare to take along what you will need in the way of food or drink according to your plan. Joel 2:12; Acts 13:2

* Decide beforehand what your aim is for the day. Is there something specific you want to seek the Lord about; do you simply want to have extended fellowship with the Lord? Ps. 25:9-10, 12, 14

* Come to this special day with an expectant heart. Ps. 25:4, 5

Suggested Plan:

Divide the day into four parts:

Part 1: Praise and Worship:

* Begin by meditating on a Psalm or other portion of Scripture which will prepare your heart to draw near to the Lord. e.g. Ps. 1; 8; 19; 23; 24; 27; 37; 40; etc.

* Wait on the Lord to realize His presence. Meditating on Psalm 139 can help in this.

* Seek the Lord for cleansing from sin. Psalm 139:23, 24 will lead you into this. Let the Lord search your heart. He will bring to your mind those things that you need to be cleansed from and which you need to set right. Read Ps. 32 and Ps. 51. Make a note of any person that you may need to go to for forgiveness or to make restitution and determine to do this at your earliest opportunity. Claim God's faithfulness to forgive according to I John 1:9 and praise Him for it.

* Praise and worship the Lord. Let praise (thanking Him for what He has done) lead you into worship (adoring Him for Who He is). You can use Scripture such as Ps. 103, 111, 145: Rev. 4, 5 to guide you. Worship Him for Who He is - God Almighty, Creator, Shepherd, Provider, Healer, the faithful God; God of love and power. Sing songs of worship to Him. This ministers to the Lord. Ask the Lord to help you to worship in spirit and in truth for He alone is worthy of all worship, honour and praise. True worship will naturally lead you back again to reflecting on and praising the Lord for the many things He has done for you and others. You will find your own heart lifted up also as you praise and worship Him.

Part 2: Prayer for Others:

* This is the time when you can unhurriedly take the extra time you may have desired for more detailed prayer for others. Ask the Holy Spirit to guide you in your praying so that you may pray according to God's will. Use your prayer list where you have noted special needs for people; ask the Lord to remind you of people, and situations that need prayer; use prayer letters you may have received. Pray specifically according to needs and as the Lord leads.

* Pray according to Scripture. There are several prayers recorded that Paul prayed for churches and individual Christians. You can pray tremendous blessing into the lives of people by praying these prayers. (e.g. Philippians 1; Colossians 1; Ephesians 1,3)



- * Pray for others as you would pray for yourself. Pray that the Lord will reveal Himself to them as He has to you.
- * Ask the Lord to remind you of promises that relate to the needs of those you are praying for and pray that these promises will be fulfilled in their lives. Write them down as a reminder so that you can give thanks to the Lord when you see the answer.

Part 3: Prayer for Yourself:

- * Depending on what you are praying for, you may want to put this time before Part 2, e.g. if you are facing an important decision, if you are struggling with a difficult problem that is weighing heavily on you, etc.
- * This is a good time to meditate again on portions of Scripture and to ask the Lord how this applies to your life.
- * Ask the Lord what He thinks of your life and where He would like you to make changes. He may speak to you through the Scripture you are meditating on or may lead you to other Scriptures important for your life at that time. Jesus said, *"My food is to do the will of Him Who sent Me and to finish His work."* Jn. 4:34. Let this be the desire of your heart also and the main purpose for seeking the Lord. He will then lead you step by step into fulfilling His purpose for your life. Be willing to be taught and disciplined by the Lord.
- * Write down any thoughts or impressions concerning the matters you are praying about. If you are facing a major decision, list the factors involved, pray about each one, investigate Scripture for guidance and / or a promise relating to the decision.
- * It is good to aim for some specific conclusions regarding the main points you are praying about. However, sometimes the Lord may just give us a fresh revelation of Himself. Do not be anxious but leave the outcome of your day in His hands. As you release people and situations to Him He will work in them, in His time and in His way.

Part 4: Conclude with Praise and Thanksgiving:

- * Take some time to summarize in your notebook, what you feel the Lord has spoken to you during the day. This will be helpful for future reference.
- * Sing songs of praise and thanksgiving to the Lord for His presence, His forgiveness, His guidance in praying for others, new revelations of Himself, any new insight and leading as to His will for your personal life, etc.



ADDENDUM C: A Sample Programme for a Day of Prayer (Group)

Time	Activity
9:00 - 9:30	Group singing/worship
9:30 - 10:30	Message/Bible Study
10:30 - 11:00	Tea break
11:00 - 11:30	Group intercession
11:30 - 13:00	Small group prayer
13:00 - 14:30	Lunch break (Those who fast can continue to pray.)
14:30 - 15:00	Singing / worship
15:00 - 16:00	Group intercession
16:00 - 16:30	Tea break
16:30 - 17:30	Small group prayer
17:30 - 18:00	Thanksgiving, report back, testimonies, conclusion

* Remember to be flexible with a prayer programme. Be submitted to the Lord and let Him lead you. You can make use of the Prayer Helps listed under Point 3.3.



ANSWERS TO QUESTIONS STUDY 2

LESSON ONE

1. As Jesus did it - through prayer, evangelism and discipleship.
2. Jesus prayed:
 - when He was led by the Holy Spirit into the desert. (This, no doubt strengthened Him so that He could be victorious over Satan when he tempted Him.)
 - early in the morning
 - sometimes throughout the night
 - when He was alone with His disciples
 - when He raised Lazarus from the dead
 - after ministering to people
 - before His trial and crucifixion
 - even during His extreme suffering on the cross.
3.
 - a. Possible common themes: Our heavenly Father is there for us and is more than willing to answer our prayers; or - Our prayers of faith have power with God to change circumstances.
 - b. Your answer.
4.
 - a. Your answer.
 - b. Your answer.
5. God's plan for man was:
 - * that he should fill the earth with people similar to himself; men and women who had loving and holy relationships with God and with one another (remember that Adam and Eve themselves had loving and holy relationships with God and with one another);
 - * that he subdue the earth and make it the Kingdom of God.
6.
 - a. Matt. 6:33 teaches us that our top priority should be to seek God's Kingdom and His righteousness.
 - b. His promise if we do this, is that all these things - food, drink, clothing and anything else that we need will be added to us.
7. When the disciples went out and preached the Gospel as Jesus told them to, Jesus Himself worked with them and confirmed the word by the signs that followed.
8. These Scripture references teach us that we are:
 - a. to call to the Lord;
 - b. to ask, seek and knock;
 - c. to ask according to His will;
 - d. to remain in the Lord and have His Word abiding in us;
 - e. to seek to be righteous;
 - f. to ask with the right motives, in order for the Lord to hear our prayers and exert His power on our behalf.
9.
 - a. Your answer.
 - b. Your answer.



10. Your answer
11. Jesus reassured His disciples by telling them: "With men this is impossible, but with God all things are possible." (Matt. 19:26)

LESSON TWO

12. From these verses we learn that the answer to each of the questions is "all" -
a. God wants all people to be saved and to come to a knowledge of the truth;
b. We are to pray for all men;
c. People are to be praying in every place.
13. When you and God are together there are enough persons for a prayer meeting! (Ps. 91:15)
14. We see people such as: a. Jacob; b. King Hezekiah; c. Job; d. David; and e. Jesus Himself worshipping and praying to God early in the morning.
15. We see that God longs to be gracious to us and is waiting for us in love to have compassion on us.
16. a. Your answer.
b. Your answer.
17. Your answer. Don't forget to share with someone.
18. In these references we see that David was in communication with God:
a. when his enemies rose up against him Ps. 3:1-3
b. when he saw the wonder of God's creation Ps. 8:1, 3-5
c. when he was assembled with God's people Ps. 22:22
d. when he was depressed because he felt as if God had forgotten him in the midst of his troubles Ps. 42:6, 11
e. when he had committed sin Ps. 51:1-4
f. when he faced temptation Ps. 141:1, 4.
19. David realized that with the Lord always before him, there would be nothing that could shake him.
20. We come to understand that the Lord is delighted with kindness, righteousness and justice being exercised in the earth.
21. a. Your answer. You may have given instances where you prayed for fellow believers, colleagues, or patients as you walked down the corridor of your hospital, or as you looked after the needs of a patient.
b. Your answer.
22. Your answer.
23. a. Jesus often went off to lonely places to pray. At these times He would have had special fellowship with His Father, sought His will, His wisdom and His guidance for specific situations, etc.
b. The time we read of here, when He went into the hills and prayed all night, He was probably seeking His Heavenly Father's guidance regarding which of His disciples He should choose to be part of the twelve close disciples.



24. a. Have you read through Addendum A?
b. Your answer.

LESSON THREE

25. The above references teach us that:
a. God forbids us to gossip;
b. a gossip reveals secrets, so is untrustworthy;
c. a gossip separates intimate friends;
d. without gossip a quarrel dies down.
26. Your answer.
27. Prayer is used to prepare the hearts of the people you want to bring to the Lord, and to ask the Lord to make you sensitive to opportunities to witness to them. So, you are combining prayer and evangelism. You and the other two members of your group are also encouraging one another in the Lord as you pray and share together, thus helping each other to grow as disciples of the Lord Jesus. And you disciple the people you are praying for as they get saved and join your group. So, you have effectively combined prayer, evangelism and discipleship in your Prayer Triplet.
28. Your answer.
29. If your prayer partner is from another hospital or town you may have suggested that you write one another at regular intervals to keep each other informed as to specific things the Lord is impressing on your heart concerning the issue, answers to prayer, or the lifting of the burden. If the person is from the same hospital or perhaps from your church, you could make arrangements to meet to pray and share once a week or month.
30. Your answer may have included: For telephone prayer meetings we are limited to praying with someone who has a telephone. We are also limited to praying with one person at a time. There may be financial limitations, especially if it involves long distance charges. Time may be a hindering factor, especially if other people also need the phone. Perhaps you thought of others as well.
31. My answer would be: You can pray for: * God's help in your work - especially that you may have compassion for the sick as Jesus did; * needs of particular patients; * needs of colleagues; * personal needs of members of the group; * needs of students in your department; * those in charge of different departments of your healthcare facility. You have probably mentioned others as well.
32. Your answer.
33. Have you prepared your programme?
34. Your answer could include: Make sure the venue is in a safe location; the time for beginning should be set according to when transportation is available, when travel is safe, etc.; you may have to make special arrangements for refreshments if you plan to have these.
35. Your answer.
36. This method of prayer is an excellent help in such situations as times of crisis, before or during evangelistic outreaches, camps, conferences, and sharing of HCF vision with hospital authorities. You have probably thought of more.



37. The benefit of the Telephone Prayer Chain is that urgent prayer requests can be passed on quickly so that the situation concerned can be covered in prayer without delay.

LESSON FOUR

38. Your answer.
39. Your answer could be something like the following: The best way to learn to pray in new ways is to put into practice each new way as it is explained. Ask the Holy Spirit to guide you and do not allow shyness or fear to stop you from growing in this vital ministry of prayer.
40. In the Prayer Concert method of praying, boundaries such as denominational, organizational, ministerial, social, generational and even some minor doctrinal ones, are bridged as people unite in prayer across these boundaries. Together they are the Church - the Body of Christ - that is being prepared for His return. You may have thought of other boundaries.
41. Some benefits to Prayer Triplets meeting in concert which you may have thought of include:
- * It will be of mutual encouragement to groups that are seeing God answer prayer
 - * It will encourage those groups that are discouraged to continue and not give up
 - * It gives a wider vision of what God is doing, thus keeping the groups from becoming too focused on themselves.
42. You may have thought of people such as:
- your pastor
 - people in your church whom you know are prayer warriors
 - heads of interdenominational organizations - especially those with an evangelistic or discipleship emphasis
 - pastors from other denominations
 - people who are noted for their prayerfulness and their desire for revival and / or for involvement in evangelism
 - people with a specific burden for evangelism in the health field.
43. You could pray for such things as:
- people in authority in your hospital according to 1 Tim. 2:1-4
 - the salvation of healthcare workers and patients
 - the practical demonstration of God's love and compassion to patients and colleagues - locally, nationally and internationally
 - the development of pure and loving relationships between staff members
 - God's standards of truth and righteousness to be restored or maintained
 - HCF leaders
44. a. Your answer.
b. Have you planned a prayer strategy for your healthcare facility?
45. Some other things you may have included to keep in mind when praying with patients are:
- * Be respectful of every patient and provide privacy whenever, and to the extent, that is appropriate;
 - * Use normal tone and volume of voice; remember too much noise will be distressing to an already sick patient;
 - * Be brief, to the point and specific - do not tire the patient;



- * Be personal - use the patient's name;
- * Use touch, if appropriate, but in a considerate manner;
- * Encourage the patient to participate either verbally or silently;
- * Include family members / close friends whenever possible;
- * After praying allow a little time with the patient. He may wish to talk or share. You may wish to say something more.

- 46.** Some suitable times for praying with a patient you may have mentioned are:
- * Before meals
 - * Before sleep
 - * When the patient is anxious or fearful: e.g. pre-operatively, before major tests, on admission if indicated, if he expresses anxiety about some family / work / financial situation, etc.
 - * If the patient indicates a readiness to receive Christ as His Saviour.
- 47.** Your answer. Some possibilities: When praying for or with the patient pray:
- * according to the needs of the patient, e.g. for relief of pain, tension, or fear; trust in God; peace; hope; courage; sleep; home or family concerns; a revelation of God's love.
 - * when he expresses guilt or the need to be forgiven himself, pray for him that he may repent and receive forgiveness. and if possible, lead him to pray a prayer of repentance.
 - * for healing.
 - * for blessing of the treatment the patient is receiving.
- 48.** **a.** Only one patient was healed miraculously.
b. A great number of disabled were there.
- 49.** Your answer. You may have included: Besides miraculous healing, God also heals through:
- * natural means, e.g. through our immune systems, blood clotting mechanism;
 - * medicines;
 - * operations;
 - * counselling by God's people.
- 50.** Your answer. You may have included the following:
- * We should always have the co-operation of the patient (and / or close relative if the patient is a child, or is unable to take responsibility for himself)
 - * We should be considerate of the other patients also and be careful not to distress them
 - * Whenever possible work with permission from hospital authorities as well.
- 51.** Your answer. You may have included: We can pray for patients:
- * that the Lord will help the medical team to make the right diagnosis and decisions
 - * that the Lord will bless the treatment. As you pray for blessing on the treatment, pray specifically, according to the patient's diagnosis or situation. It may even be that the Lord would want you to pray that the patient will be ready to meet Him, and to share with him how he can be ready to face death. This must be done very sensitively, but if the Lord gives clear guidance to do this it can be of great blessing and benefit to him. (This subject further dealt with in the HCFTE extension course on "Biblical Spiritual Care of the Dying".)
 - * that the Lord will help in family, home, work situations, relationships, financial needs, etc., as these can also influence how the patient recovers.
- 52.** Your answer. Some hindrances you may have written are:
- * opposition from hospital authorities
 - * opposition from the patient or relatives



- * shyness on the part of Christian staff
- * unbelief on the part of the one praying, or the one being prayed for
- * not knowing how to pray for a patient
- * fear of ridicule from colleagues
- * lack of time.

53. Your answer.

54. Your answer.



STUDY 3: ADVANCING GOD'S KINGDOM THROUGH EVANGELISM

Welcome to Study 3 of "Serving God in the Health Field"! The overall purpose of this study is to assist you to make provisional plans for establishing and maintaining an effective strategy for the salvation of the lost in your area of the health field.

OBJECTIVES

At the end of this study you will:

- know the Biblical motives for evangelism
- be able to describe the purpose of evangelism
- be knowledgeable of the many different forms and possibilities of evangelism in the health field
- have determined which of these can be applied in your situation
- understand different aspects of leading a patient or colleague to Christ.

PREVIEW OF TOPICS

1. Introduction
2. Why Evangelize?
 - 2.1 Evangelism and You
 - 2.2 Motives for Evangelism
3. Purpose of Evangelism
 - 3.1 Three-fold Purpose
 - 3.2 Relation to Extending God's Kingdom
4. Plan for Evangelism
 - 4.1 The Witness of Loving Fellowship
 - 4.2 Lifestyle Evangelism Through Total Patient Care
 - 4.3 Creative Means and Methods
5. How to Win Your Patients for Christ
 - 5.1 How to Start a Conversation
 - 5.2 How to Make a Spiritual Diagnosis
 - 5.3 How to Communicate the Main Points of the Gospel
 - 5.4 How to Lead Someone to Christ
 - 5.5 How to Do Immediate Follow-up

Addendum D: Patient Evangelism Flow Chart



Study 3 LESSON ONE

LESSON OBJECTIVES:

When you have finished this lesson, you will:

- be able to understand the importance of evangelism
- be able to see the need for Christians to be equipped to evangelize
- have learned important motives for evangelism
- have prayerfully evaluated where you stand in regard to these motives and made a response to God concerning them.

1. INTRODUCTION

From the beginning of this topic we have seen that God's purpose for man on earth was to fill the earth with people like themselves as they were originally created. They were to have loving and holy relationships with God, and with one another; and to subdue the earth and make it the Kingdom of God. However, man rebelled against God and chose to follow his own way. This started him and all his descendants on the downward path to eternal death, and alienation from God and his fellow man - a penalty fully deserved, as God had warned him of the consequences of disobedience. No way was found that was adequate for man to save himself from sliding down this slippery road to destruction after he sinned. Everything he did was now tainted by the filth of sin. Therefore, he could neither save himself, nor bring himself to the place where he could fulfil God's original purpose for him. God Himself had to intervene.

Q.1 *What was God's solution to man's dilemma?*

The death of Jesus on the cross, and His resurrection from the grave, provided the only way for reconciliation to take place between God and man, and for man to receive eternal life. This Good News had to be made known to all people, since all are on the way to death and destruction because of their sin.

Q.2 *Whom did Jesus prepare to be messengers of the Good News of salvation to the people of this world?* *Mark 16:14-15; Matt. 28:16-20; Acts 1:8*

Through the preaching, witnessing and disciple making of Jesus' first disciples, they would at last begin to fulfil the original plan that God had for man. Since that time every disciple of Jesus Christ has the same commission - to be His witness, to preach the Gospel to all creation, and to go and make disciples of all the nations.

Q.3 *According to Rom. 10:11-15:*

a. *What is the promise for those who believe and call upon the name of the Lord?*

b. *What will cause people to call on the Lord?*



c. How shall they believe in Jesus?

d. How shall they hear about Jesus?

e. How shall they preach the Good News? (see also John 20:21)

It is encouraging to know that Jesus Himself sends us, just as He was sent by the Father (John 20: 21b). So, we can begin telling people the Good News about salvation in Jesus. But just as Jesus' disciples needed preparation to be His witnesses, so also do we who are His disciples today.

Healthcare workers are called upon to handle a variety of emergency situations during their work. One day, however, a certain nurse suddenly found herself in a crisis for which she was totally unprepared. An elderly patient called out to her in distress. "Nurse", he pleaded, "help me! I am dying. How can I find peace with God? Please pray for me." She did not know what to do.

Q.4 What would you have done if you had been in her place?

Share your answer in your group meeting.

Perhaps you have felt, or still feel, the same inadequacy to handle such a situation as this nurse did. But there is a way that we can all prepare so that we are ready to help our patients with their spiritual needs. We can even prevent some of these emergencies by offering spiritual help in good time.

Q.5 When Jesus said that He was sending us as the Father had sent Him, what does this imply or suggest to you?

2. WHY EVANGELIZE?

All of us want to feel that we are adequately prepared for the awesome responsibility of warning people that they are on a road that leads to destruction when they are not in a right relationship with God. We want to be sure we are equipped to share the Good News that there is a way to be reconciled back to God, so that they can be saved and fulfil His wonderful plan for their lives. When we have received the teaching and empowering that we need, we also want to get on with the task God has given us. This is the purpose for this study on "Advancing God's Kingdom through Evangelism".

2.1 Evangelism and You

We shall look now at what should be the natural result of being united with Christ - of being His disciple.



- Q.6** *Read the following Scripture references and write down what we shall be as Christ's disciples:*
a. Matt. 5:13 b. Matt. 5:14 c. John 15:5 d. John 4:14; 7:37-38 e. Matt. 4:19

Disciples of Jesus must be seasoned with salt themselves - i.e. the grace of God must be at work in them. One commentary says, "If Christians are such as they should be, they are as good salt, white and small and broken into many grains, but very useful and necessary." But they will be useful only as they are scattered amongst the people of this world to do their work - not as they huddle together in their little "Christian" cliques, avoiding the lost world around them.

- Q.7** *Think of different uses of salt. Write down each one and explain how they relate to disciples of Jesus as being the salt of the earth.*

Light is just as important as salt but whereas salt, when in use, is unseen and unnoticed until tasted, or felt to sting in a wound, light is very noticeable, and usually welcome, though not always. As lights, Christians cannot remain hidden - many of those who know them have their eyes on them. Some are very happy with them, while others envy them and frequently criticize them and scrutinize them to find anything they might use to pull them down to ease their own consciences.

- Q.8** *Now think about the uses of light. Write them down and explain how they relate to disciples of Jesus as the light of the world.*

As we think about branches attached to the vine we have said they should produce fruit.

- Q.9** *What are some of the fruits that should be produced in the life of a disciple because of his attachment to the Vine - Jesus?*

Jesus said that the water that He would give would become in us a well of water springing up to eternal life, and that rivers of living water would flow from our innermost beings. (John 4:14; 7:38)



Q.10 *In your own words explain what you think Jesus meant by this.*

Q.11 *Explain briefly how the above characteristics of the disciple of Jesus Christ, i.e. that he is salt, light, a branch of the Vine, and a spring of living water, are related to them becoming fishers of men.*

As you consider all these things you will realize how important your life, and the way you live it, is to the work of evangelism. We can either hinder or promote the advancement of God's Kingdom, by the way we conduct our lives. There is no neutral path of influence. If you live a Christ-like life, people will be convicted of sin, whether they repent or not. God's grace in Christ Jesus will be evident through your life. If Christ is not seen in your life, you will not be able to work with the Holy Spirit to bring conviction of sin and God's grace. Thus, you hinder people from making the choice of whether to repent and receive God's grace in Christ Jesus or not.

Q.12 *Prayerfully consider what people have seen in you, as you have been living your life before them.*
a. *Have they been able to see the life of Christ in you?*

b. *Have they heard the words of eternal life from you?*

c. *Which areas do you think you need to change so that Christ may be seen in you more clearly?*

d. *What are you going to do about it? When?*
What? When?

Share your answers to the above questions with one another in your next group meeting and pray for one another according to areas where change is needed. Do not be ashamed to confess your failures to one another. All of us are growing in our lives in Christ. As you commit yourself to growing in Him in every area of your life no matter what the cost, you will increasingly bring glory to Him through the fruit that is produced in and through you.



2.2 Motives for Evangelism

In order for us to be able to evangelize effectively, we should have the right motives for reaching out to others with the message of salvation. Wrong motives will eventually cause us to slacken and grow indifferent in our witness for Jesus Christ.

Q.13 *According to 1 Tim. 2:4 and Ezek. 33:11 what is one reason we should evangelize?*

When Jesus is living in us, we will come to feel the yearning of God's heart just as Jesus did. It was Jesus' desire and purpose to do the will of His Heavenly Father because He felt and shared His yearning heart for fellowship to be restored with those He had created.

Q.14 *Read Luke 19:10; Luke 4:43; Mark 2:5; John 9:1, 6-7, 35-38. How are we motivated through Jesus' life to share the Gospel with people?*

Jesus came for the very purpose of seeking and saving the lost, and He Himself preached the Gospel to the sick. He set an example for us to follow by His own life and ministry. True disciples of Jesus should always have the same priorities as their Master does.

Q.15 *John 20:21 and Mark 16:15 give us another motive for doing the work of evangelism. Read these references and write down the motive that you find there.*

Jesus tells us that just as the Father sent Him, so He is sending us to go into all the world and preach the Gospel to all creation. The Lord thinks it is necessary and good to preach the Gospel. He gave this command based on His understanding of the deepest needs of mankind. This command requires wholehearted, unconditional obedience. No two people will be told to fulfil this command in exactly the same way, but all of us must fulfil it according to the plan that God has for us individually.

Q.16 *Read 1 Pet. 1:18-19. What motive for sharing the Good News of salvation is given here?*

Romans 1:16 says, "For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first, and also to the Greek." We never need to be ashamed of such a glorious message. In fact, if the wonder of what God has done for us really sinks into our minds and hearts, we would sooner shout it from the house tops than think of being ashamed of it, or of taking it lightly.



Q.17 Now read *John 3:36; 1 John 5:11-12; Eph. 2:1*. Why is it absolutely necessary for us to share the Gospel with those who are lost?

We saw in other parts of our study that there is nothing man can do to save himself. He will most certainly remain in God's wrath unless help is offered to him. In John 14:6 Jesus tells us, "*I am the way, and the truth, and the life; no one comes to the Father but through Me.*" Acts 4:12 tells us the same thing: "*And there is salvation in no one else; for there is no other name under heaven that has been given among men by which we must be saved.*" We have this vital message - we must share it with those who do not know or understand.

Q.18 Additional motivation is given us for sharing the Gospel as we read *John 14:1-3; Rev. 21:1-7; 2 Thess. 1:8-9; Rev. 20:1-15; and Prov. 24:11*. Write down the motives we find here.

Every person is born at a specific time (see diagram below - first vertical line); then follows the period of his life on earth, which could be very short, or up to 70 or more years. Then he dies (second vertical line). After this follows eternity spent either in heaven in God's presence, or eternally separated from God in hell - a place of indescribable torment. The decision of where a person will spend eternity, is made on this side of the grave (indicated in the diagram by an X). It is determined solely by the answer to the question: 'Does he believe and trust in Jesus only for salvation?'



There are still more motives which will cause us to do everything possible to share the message of Jesus' death in our place, with people.

Q.19 Read *2 Cor. 5:14* and write what motivation is found there.



Q.20 *In Ezek. 3:18-19; 2 Cor. 5:10; and Dan. 12:3 what reason is given that should highly motivate us in the task of warning our fellow man of the danger they are in apart from Christ?*

We have all been given varying amounts of opportunity to know and grow in the Lord; we have been given time, gifts, talents, and resources; and we have been given a place to carry out the Great Commission. One day we will have to stand before the judgement seat of God to give an account to Him. Then we will be rewarded according to what we have done. We should not take the fact that we are accountable lightly. God takes it very seriously.

"When I say to the wicked, 'You shall surely die'; and you do not warn him or speak out to warn the wicked from his wicked way that he may live, that wicked man shall die in his iniquity, but his blood I will require at your hand. Yet if you have warned the wicked, and he does not turn from his wickedness or from his wicked way, he shall die in his iniquity; but you have delivered yourself." Ezek. 3:18-19;

"For we must all appear before the judgement seat of Christ, that each one may be recompensed for his deeds in the body, according to what he has done, whether good or bad." 2 Cor 5:10.

Q.21 *One last motive remains for us to consider. Read Ps. 5:4; 11:4-6. What is it that God hates? Discuss why you think this is so.*

We read in God's Word that *"without the shedding of blood there is no forgiveness"*. (Heb. 9:22b) But, praise God, the precious blood of Jesus, the only One Who was found worthy, was shed for us. All who will, may come to the fountain of His blood freely for the cleansing needed to be reconciled to God.

Q.22 *Concerning which of the above motives do you feel challenged most at this time? What are you going to do about it?*

Q.23 *Take some time to meditate on the Scriptures dealing with our motives for evangelism. Ask God to impress them deeply upon your heart and to help you to keep them in mind as you seek to be His witness in this world day by day. Write out a prayer of response to this teaching.*



Summary

Our lives have been likened to:

- a. salt: to bring purity, healing, preservation and the goodness of Christ to this world.*
- b. light: to expose sin, give guidance, push back the darkness, and reveal the beauty of Jesus Himself.*
- c. branches: branches attached to the Vine produce the fruit of the Spirit.*

They draw people to Christ for salvation.

Motives for evangelism include:

- a. The yearning heart of God: As God's heart yearns for all men to be saved and to be restored to a right relationship with Him so should ours.*
- b. Christ's example: Christ came for the very purpose of seeking and saving the lost and wants us to follow in His footsteps.*
- c. The Great Commission: This is a command which we are to obey.*
- d. Calvary: Christ paid the extremely high price of His own life to provide salvation.*
- e. Man's lostness: Man without Christ is lost and dead in sin, and there is no way he can save himself.*
- f. Heaven and Hell: Heaven and hell are real and eternal. The decision to repent of sin and follow Christ, which will ensure a place in heaven for us can only be made in this life.*
- g. Love: The love of Christ constrains us to share His love with others.*
- h. Accountability: We will be held accountable for the lives of those whom God places on our way.*
- i. God's hatred for sin: God is holy and cannot tolerate sin. People must be told to repent and receive the cleansing of the blood of Jesus to be restored to a right relationship with God.*

Well done! You have completed Lesson One of Study 3. Turn to the end of this study and check your answers to the questions. Review those you answered differently. Read the objectives for Lesson One once more. Have these objectives been met?

In the next lesson we will study the purpose of evangelism and how this fits into God's plan of evangelism.



Study 3 LESSON TWO

LESSON OBJECTIVES:

When you have finished this lesson, you will:

- understand the three-fold purpose of evangelism
- have gained insight into how this three-fold purpose relates to advancing God's Kingdom
- understand the importance of the witness of a loving fellowship in the plan of evangelism.

3. PURPOSE OF EVANGELISM

The overall purpose of evangelism is to bring people back to the point where they are in a right relationship with God in Christ Jesus. Only then will they be able to fulfil God's Kingdom purposes for their lives. In our evangelism strategy there are also different purposes for reaching out to people which all aim to lead people back to God.

3.1 Three-fold Purpose in our Evangelism Strategy

The purpose for which we reach out to people depends on the stage reached by those with whom we are aiming to communicate the Gospel. We must recognize the different stages if we are to be successful in carrying out the Great Commission. Jesus compared this to the stages in gardening. The first purpose of evangelism is to sow the seed.

3.1.1 Sowing the seed

Some people are at the stage of never having heard the Gospel before, and so for these, the seed of the Gospel must be sown.

Q.24 *What are some lessons that we can learn from the parable of the sower which is told us by Jesus in Matt. 13:1-9, 18-23?*

The quality of the seed is very important to a farmer going out to seed his land. This is true in the spiritual realm also. The quality of the seed of the Word of God is of vital importance.

Q.25 *According to 1 Pet. 1:23, what do we know about the seed of the Word?*

There is power in the Word of God to bring us from death to life - life eternal. Therefore, we can trust the Word of God to do the work for which it was sent, as it is proclaimed faithfully and enters receptive hearts. (Isa. 55:11)

The sower himself is also important in the whole process of gardening. His heart for the harvest will determine the urgency and energy with which he does the task. This is true both in the physical and in the spiritual realm.

Q.26 *What promise is given to those who sow in tears? Read Ps. 126:5-6.*



We need to learn to weep over lost souls as we pray for them, and witness and proclaim the Gospel to them. As we learn to love those who are lost to such an extent, the Lord will give us a rich harvest.

We also need to live lives of faith and righteousness before those we are witnessing to.

3.1.2 Watering the plants

Q.27 *What is meant by watering the plants? Read 1 Cor. 3:5-6.*

The watering of the seed affirms and clarifies the truth of the Word that was originally sown. The servant of Christ at this stage continues to share the Word of God and live his life of faith in Christ as an example to the person he is seeking to lead to Him.

Q.28 *In the task of producing plants that will bear fruit, who is the most important - the one who sows the seed or the one who waters the plants that come up? Why? Read 1 Cor. 3:7-8*

God, Who causes the seed to germinate and grow (i.e. Who produces eternal life in the one who surrenders his life to Christ and receives Him as the water of life) is the only one Who deserves the glory. Without the life-giving power of God, neither the seeding nor the watering will produce anything of eternal value.

Q.29 *What conclusion can we draw from this? See also Mark 16:20*

3.1.3 Reaping the Harvest

Once the seed has been sown and the watering of the seed done as the Lord directs us, we can look expectantly for the crop to appear and to ripen. In people's lives this is the work of the Holy Spirit. We need to be ready to work with Him to bring in the harvest.

Q.30 *a. What is the crop we should be expecting? See John 4:36*

b. How do we go about bringing in the harvest?

3.2 Restoration of Loving, Holy Relationships

When a person has taken the step of surrendering his life to Christ, we will begin to see a change in his relationships. You may recall from Study One how 'the fall of man' into sin resulted in disharmony in so many relationships.

Q.31 *Which relationships will be affected by the presence of Christ in a new believer's life and what should be the difference?*



The Kingdom of God is where Jesus rules and reigns as Lord and King, therefore someone who comes into His Kingdom should increasingly grow in all areas of relationships.

Q.32 *a. What can we do to promote the restoration of loving and holy relationships in the lives of people in the health field and make it possible for them to live as citizens of God's Kingdom ought to live?*

b. What generally is the state of the hearts of the sick regarding spiritual things?

Because of the state of heart which we often find in the sick we have a particularly ready harvest field in the health field.

4. PLAN FOR EVANGELISM

Our purpose in evangelism in the health field is to advance the Kingdom of God. If we are to be effective we must prayerfully make a good plan and follow that plan as God directs, enables and works with us. Under His guidance we must combine and use all possible means and methods wisely and creatively.

Q.33 *From the following examples show how Peter, Philip, and Paul combined wisdom and creativity to bring the Gospel to various people and groups:*

a. Acts 3:1-20

b. Acts 5:25-32

c. Acts 8:26-38

d. Acts 13:6-12

e. Acts 16:16-33

f. Acts 17: 16-34

Again, we can also note from the above references that in each of these, and other situations, the apostles were very much in tune with the leading of the Holy Spirit. God has a strategy for building His Kingdom. As we together seek to know His strategy through prayer, He will reveal it to us. We give ourselves to God, and in loving obedience follow His guidance. Then God will use His power for the advancement of His Kingdom in the hearts of many people through the signs that follow the preaching of the Word.

Q.34 *What results should we expect when we work together, having a coordinated evangelism strategy, under the direction of the Holy Spirit?*

Jesus Himself also set an example of following a coordinated strategy. Under the direction of the Holy Spirit, He trained twelve disciples, and through them, and those the disciples led to Christ and discipled, the Gospel has been taken to people all over the world. Thus, God's Kingdom is being advanced and built.

Not only must we seek to know the strategy, we must also work together as a team to carry out the strategy God reveals.



Q.35 *Read Mark 6:7; Acts 13:2; Phil. 4:3. How do we find the disciples and apostles working?*

God has given us all varying gifts which we are to use for the building up of His Church and Kingdom. (See Rom 12; 1 Cor. 12; 14.) When we work together as a team from all disciplines in the health field (i.e. lab technicians, dieticians, nurses, physiotherapists, cleaners, doctors, administrators, etc.), faithfully using the gifts and the strategy God gives us for sowing and watering the seed of God's Word, lovingly and in the power of the Holy Spirit, we will surely reap a rich harvest.

Hospital chaplains are valuable members of the healthcare team.

Q.36 *How can we help to make sure that chaplains who are true believers are appointed in our healthcare facilities?*

Note: It is true that some people have been gifted to be evangelists, and we should utilize that gift fully. However, all of us as disciples of Jesus must be His witnesses and share the Gospel with others as we are led by the Holy Spirit. The Great Commission is for all of us. Just one or two people cannot do the work effectively on their own. We are all needed to work together. Corporate action, under the direction and in the power of the Holy Spirit, will ensure positive results.

4.1 The Witness of a Loving Fellowship

We shall look now at how we can implement a strategy for evangelism in the health field. There is one thing that our Lord Jesus Christ prayed for His disciples just before He was arrested, which is very necessary for a clear and powerful witness. It is also emphasized repeatedly in the epistles.

Q.37 *Read John 17:21; 1 Cor. 1:10; (for further reading: 2 Cor. 13:11; Eph. 4:3; Phil. 1:27; 1 Pet. 3:8). What is this thing that is of such great importance?*

We will prove to the world that God sent Jesus, through our unity with one another and with God. What a grave responsibility we, as Christ's disciples have, to build up and maintain that unity. We should not give the world an excuse for denying the fact that "God so loved the world, that He gave His only begotten Son, that whoever believes in Him should not perish but have eternal life". John 3:16

Q.38 *If we are to have true unity, what must be an essential ingredient of it? Read John 13:34-35.*

Christians of various backgrounds and departments of the Health Field who are united in fellowship and ministry because of the love of Jesus Christ and for the sake of evangelism, can make a deep impact on non-Christian patients and colleagues. This is one of the emphases of HCF - to unite Christians in evangelistic outreach and loving fellowship.



Q.39 a. If you have a Christian fellowship group in your place of work, do non-Christians, observing you as a group, see the unity and love of Christ in and among you?

b. Will they be drawn to Christ through your witness?

c. If not, what needs to happen to change the situation?

**d. Ask God to show you what you personally can do to bring improvement?
What? When?**

Note: If you do not have a Christian fellowship group in your place of work, choose another Christian fellowship group that you are part of, and answer the same questions.

Share your answers together in your group meeting and pray for one another.

Summary

The three-fold purpose of evangelism is:

- i. To sow the seed: sharing the message of salvation with people who have never heard.*
- ii. To water the plants: continuing to share God's Word and our lives with those who have had previous contact with the Gospel but have not yet committed themselves to Christ.*
- iii. To reap the harvest: leading people to Jesus, i.e. so that they will repent, receive forgiveness and commit themselves fully to Him as Lord and Saviour.*

As people commit their lives to Christ, loving and holy relationships, characteristic of God's Kingdom, begin to be restored.

God's strategy for us to be effective in this task is revealed through prayer. We obediently follow His direction with the help of the Holy Spirit, using the gifts He has given us for advancing His Kingdom in the hearts of many people. A loving, united fellowship serving the Lord together will prove to the world that God sent His Son and will result in many patients and healthcare staff turning to Christ for salvation.

You are doing well! You have completed Lesson Two of Study 3. Turn to the end of this study and check your answers to the questions. Review those you answered differently. Read the objectives for Lesson Two once more. Have these objectives been met?

In the next lesson we will learn and begin to make plans to implement Total Patient Care through a lifestyle of evangelism.



Study 3 LESSON THREE

LESSON OBJECTIVES:

When you have finished this lesson, you will:

- know how to practice Total Patient Care by a lifestyle of evangelism
- have planned to make necessary changes in your life to implement the above
- understand how to use various creative means and methods of evangelism
- have begun to plan with others, how to implement the above in your healthcare facility.

4.2 Lifestyle Evangelism through Total Patient Care (Holistic / Integral / Whole Person / Shalom / Compassionate / Comprehensive / Biblical Christian Care)

Another way that we can implement a strategy for evangelism in the Health Field is by giving Total Patient Care. Total Patient Care is the art and science of effective ministry to all the needs of the total patient by a compassionate team under the guidance of God. It is the compassionate Christ-like care of all the needs of the whole person in their entire context.

Note: We will deal briefly with this topic at this time as it will be dealt with extensively in the course on Biblical Christian Healthcare.

We are looking at Jesus as our example for advancing the Kingdom of God. The first twelve disciples lived with Jesus, worked with Him, and were taught by Him for three years.

Q.40 *What aspects of Jesus' life would the disciples have been familiar with in these circumstances?*

Jesus gave Himself fully, that His task might be accomplished according to the will of His heavenly Father. He did not hold back any part of Himself. He did not cling to any "rights".

Q.41 *According to the following Scriptures, how did Jesus use His total person to minister to people?*
Mark 6:31-34

Mark 10:21a

Luke 4:22a

Matt. 8:3, 15

Luke 22:41; John 11:41-42

Matt. 4:23

As we follow in Jesus footsteps we also need to give ourselves fully - to Him first of all, and then to those the Lord sends us to minister to. Jesus' presence must be seen in every aspect of our lives. To the extent that we are filled with the presence of Jesus - with His love controlling us - to that extent will He be able to minister to our patients, colleagues and others through us. We become His eyes, hands, ears, feet, etc. to those we are sent to serve.



- Q.42** *In your patient or colleague care, how have you used these seven aspects of care?*
- | | | |
|-----------------------------------|------------------------------|-------------------------------|
| <i>a. Loving heart motivation</i> | <i>b. Eye to eye contact</i> | <i>c. Attentive listening</i> |
| <i>d. Wise words</i> | <i>e. Comforting touch</i> | <i>f. Prayerful life</i> |
| <i>g. Serving feet</i> | | |

You may share some of these examples in your next group meeting.

You might also remember instances when you failed to give the care you should have, or you realize there are areas where you need to improve. Take some time now to ask the Lord to forgive you for areas where you have failed and tell Him what you are going to do about it.

- Q.43** *Put a checkmark next to the aspects of Total Patient Care (in Q.42 above) which you feel you need to improve in. Write below how you plan to improve and when you are going begin to implement what you have planned.*
- | | |
|-------------|----------------------|
| <i>Plan</i> | <i>Date to Begin</i> |
|-------------|----------------------|

If you need help for any of the above areas, you can commit it to the Lord in prayer and/or discuss it with your Group Leader or another person.

4.3 Creative Means and Methods

Our lives and words are vital in our witness for Christ. There are also other things which can assist us in the presentation of the Gospel. Jesus also made use of different methods to effectively spread the Good News of the Kingdom of God.

- Q.44** *Read the following Scriptures, and write down some of the creative methods Jesus used in His preaching and teaching:*
- a. Matt. 5:1-2 b. Matt. 13:1-2 c. Matt. 13:3 d. Matt. 13:3-9 e. Matt. 18:1-5*

In the Gospels we can find more examples of how Jesus used creative means and methods.



We will now look at some creative means and methods that we could consider using to help us to advance the Kingdom of God through evangelism. The following are some hints that will help us use them more effectively:

- Use materials that have a positive, pro-Jesus message, rather than anti-this or anti-that. Avoid using literature and media that contain non-essential and divisive doctrines, so that we concentrate on what people really need, namely Jesus.
- Work with permission of hospital, ward, and religious authorities as far as possible.
- Do not try to do too much too soon but build trust relationships with the authorities. As their trust in you increases they will allow you to do more.
- Frequently evangelism starts because someone has taken the initiative. Do not wait for others to start; you may have a very long wait.

4.3.1 Evangelism through the use of literature

It is important to be familiar with the content of any literature you may want to give to patients or staff. It should be appropriate for their situation.

Different types of literature you could use:

- Bibles or Scripture portions
- Cards with suitable Scriptures written on it, placed beside the patient's bedside table
- Prescription for the day on a breakfast tray, with a relevant verse of encouragement written on it
- Tracts (these should be suitable and prayerfully chosen; quality ones which you have read; and you should be ready to explain anything the patient does not understand)
- A library or book trolley could be started by your HCF group, or you could get interested church people to run a library for patients
- You could encourage patients and staff to read good books by lending books to them that have been a blessing to you
- You may have thought of other possibilities yourself.

Q.45 Make an attractive prescription card for a patient who is lacking assurance of salvation.

Bring your card to your group meeting to show the group. At the first opportunity you get give it to a patient in need of assurance of salvation.

4.3.2 Evangelism through digital media: (internet) radio, recordings, podcasts, videos, movies

Many people have come to know Christ and to grow in Him by means of the media - even in countries where people are forbidden to evangelize in person.

Following are some helpful addresses:

- T.W.R. (Trans World Radio) <https://www.twr.org/> and <https://tunein.com/radio/Trans-World-Radio-s56232/>
- F.E.B.C. (Far East Broadcasting Company) <https://febintl.org/febintl2017/>
- Refer people to good Christian podcasts, such as those listed on this page <https://tunein.com/radio/Christian-Talk-g271/>
- Global Recordings Network <http://globalrecordings.net/en/>
- Jesus.Net <https://jesus.net/>
- YouTube and Vimeo have many excellent evangelistic recordings
- The movies "Jesus" and "The Passion" have been shown in various healthcare facilities and / or countries with many coming to salvation. In some places one could still use films for this purpose.



Q.46 *How could you use digital media for evangelistic purposes?*

4.3.3 Evangelism through the use of Mime, Drama, Dance and/or Song

Evangelism through mime, drama, dance and/or song can have a great impact in creatively presenting the message of salvation to people without high costs being involved. For example, special times on the Christian annual calendar can be used: Christmas, Easter, etc.

Q.47 *Suggest ways of using this method in your situation.*

4.3.8 Evangelism through Different Types of Meetings

There are as many possibilities as creative minds. Following are some suggestions:

- * Testimony evenings;
- * Inter-HCF Meetings to which non-Christians are also invited;
- * Practical Evenings or Workshops, i.e. making articles for fund-raising, or listening to an evangelistic message on tape while decorating a room that you have been given to use;
- * Question evening;
- * Missionary or Christian Worker evening - where the speaker explains about his work, bringing in the message of salvation;
- * Topical Discussions on subjects of current interest, e.g. abortion, euthanasia; new age medicine; AIDS;
- * Outreach to staff in their homes;
- * Prayer meetings for special needs that touch the lives of unsaved staff as well as the Christians;
- * Group listening to a tape/video/mp3/mp4 on a relevant topic, and then discussing it;
- * Evangelistic Bible Study/Discovery Group. This could be a regular meeting for those who are searching for answers to life, or it could be an occasional one planned at regular intervals throughout the year;
- * Slides, Film, Slide tapes, DVD or video evenings;
- * Visiting Speakers on evangelistically oriented topics;
- * Sing-along / Worship evening (could be combined with testimonies or a short message);
- * Special outreach meetings;
- * Barbecue / Picnic / Fellowship meal with a speaker, singing, and/or possibly a film/video;
- * Ward visitation (bed to bed / to those patients who have indicated they would welcome a visit);
- * Patient Services (regularly or on special occasions such as Christmas/Easter).

Q.48 *a. Write down some types of effective evangelistic meetings that have worked in your situation.*

b. Which of those listed under 4.3.8 could be suitable in your situation?



Share your answers to suggestions for Creative Means and Methods in your group meeting. Discuss any that you may have questions on. You will probably get some more good suggestions relevant to your situation during this time.

4.4 Planning a Possible Strategy for Evangelism

We have mentioned many possibilities of sharing the Gospel with our patients and colleagues in this section on "Plan for Evangelism".

Q.49 *Read James 1:22. What are we instructed to do with what we have learned?*

In James 1:25 the promise is given that those who are effectual doers of the Word shall be blessed in what they do. Be careful to heed this command. Then the blessing promised here will also be realized in your life and work.

Q.50 *a. Share with your HCF group the means and methods of evangelism you have learned.*

Date shared:.....

b. Discuss with your group which ones could be used effectively in your healthcare facility.

Write in your workbook the results of your discussion under the following headings:

After prayerful consideration, this is what we believe God wants us to do in relation to evangelism methods

What	When	Start	Finish	By Whom
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Summary

Following Jesus' example, we can effectively accomplish the task of advancing God's Kingdom through evangelism. Jesus gave Himself fully - not clinging to any "rights". We give ourselves to Him, to the people God calls us to minister to, and to the specific task He has for us amongst them. In relation to our patients, this will mean having loving heart motivation, using eye to eye contact, attentive listening, wise words, comforting touch, prayerfulness and serving feet, to go and minister total patient care to them.

Creative means and methods to assist us in reaching out to patients and colleagues include: evangelistic literature, evangelistic radio programmes, cassette ministry, mp3/mp4 messages, slide/tape presentation, evangelistic television/video/DVD/film programmes, drama, song groups, and evangelistic meetings.

You are making good progress! You have completed Lesson Three of Study 3. Turn to the end of this study and check your answers to the questions. Review those you answered differently. Read the objectives for Lesson Three once more. Have these objectives been met?

In the next lesson we will learn how to share the Gospel personal through conversation with a patient.



Study 3 LESSON FOUR

LESSON OBJECTIVES:

When you have finished this lesson, you will:

- understand various ways of beginning a conversation that will lead to sharing the Gospel with someone
- be able to make a spiritual diagnosis
- understand the main points of the Gospel and how to communicate them effectively
- be able to lead someone to Christ
- see the importance of, and know how to do immediate follow-up of someone you have led to Christ
- have made a plan for memorizing the main points of the Gospel, with their relevant Scripture references, in order to be more thoroughly equipped to lead people to Christ.

5. HOW TO WIN YOUR PATIENTS FOR CHRIST

(Acknowledgment: "Evangelism Explosion" by D. James Kennedy has been used as a basis for this section)

We have spoken about why we should evangelize, and the purpose of evangelism. We have made plans for a strategy of evangelism. However, we have not yet looked at what is involved in leading a patient or colleague to Christ. Leading a person to Christ is one of our highest privileges. We need to be properly equipped and ready whenever such an awesome opportunity is given. This involves study and practice in the following aspects:

5.1 How to Start a Conversation

Q.51 *What did Peter say we should be, in 1 Peter 3:15?*

Peter is speaking not only to the Christians of his day, but also to us. We need to be ready at any time to share the hope of the Gospel with people.

Q.52 *How did Paul put it to Timothy? Read 2 Tim. 4:1-2, 6.*

God has also given us a ministry of evangelism in the health field. We must be as prepared as Timothy for this task.

Helpful pointers and steps to take to begin a conversation:

- * Take the initiative to speak, do not wait passively for an opportunity;
- * Pray for an opportunity and boldness to speak;
- * Seek to build a trust relationship with the patient or colleague, if possible;
- * Be considerate, always asking the person's permission to share or ask a question;
- * Speak in humility, yet with boldness, in total dependence on God, with a loving attitude;
- * Find a natural way of directing the conversation to spiritual matters:



- * Begin by showing interest in the patient as a person, i.e. ask how he is feeling; ask about his family.

After your introductory conversation one of the following questions may be helpful:

- * "Do you ever think about God / spiritual things?"
- * "Do you go to church often? What does it mean to you?"
- * "What does God mean to you?"
- * "Are you interested in being a real Christian?"
- * "What influence does your present condition have on your relationship with God?"

Q.53 *What could you pray for a person you are planning to share the Gospel with?*

Share your answers to the above question with your group and learn from one another.

We can do many things to help us to start a conversation, but what will help us most is to practice. Practice is necessary to help us overcome fears and inhibitions, and to give us confidence that the Lord can use us.

Q.54 *Write about one instance when you tried to share the Gospel with someone. What did you say, and what was the result?*

Share your answers in your group meeting. Discuss how you might improve next time.

5.2 How to Make a Spiritual Diagnosis

As we get into a conversation with our patient or colleague, we will want to know what the condition of their heart is. It is important to discern this so that we will know how to proceed in our conversation.

Q.55 *What are some conditions of heart that you might discover?*

It is possible to find out where a person stands in his relationship with Jesus Christ.

Q.56 *How do we know that someone is a true believer?*

The following two questions can help us to make a spiritual diagnosis.

The First Diagnostic Question: "Have you come to a place in your spiritual experience where you know for certain that you have eternal life?" *We need to know whether the person already has assurance of salvation.*

Q.57 *Can we really have assurance of salvation according to 1 John 5:13? Give a reason of your answer.*



Some people may express confidence that they are sure they have eternal life. However, it may be possible that they do not have the right reasons for assuming this.

The Second Diagnostic Question: "Suppose you were to stand before God tonight, and He were to ask you, 'Why should I let you into My heaven?' What would you say?" *We need to know upon what foundation the person is trusting for eternal life.*

Q.58 *What would be your own answer to the two diagnostic questions?*

1.

2.

There are some other questions we can ask to test whether someone has assurance of salvation. These are sometimes referred to as the Four Pillars of Salvation (Often used by Francis Grim, founder of HCFI).

Question: Are you absolutely certain that:

- a. your sins are forgiven (Col. 1:13; 1 John 1:9);
- b. Christ lives in you Gal. 2:20;
- c. you will go to heaven if you die today (John 14:6; 2 Cor. 5:1; Rev. 22:14);
- d. your name is written in the book of life (Luke 10:20; Rev. 3:5; 21:27)?

If you are still struggling with questions about assurance of your own salvation, you can speak with your Group Leader about this. He or she will be able to help you further.

5.3 How to Communicate the Main Points of the Gospel

We need to be clear in sharing the Gospel message so that people are not led astray because we miss important points or present points in a confused way. When we are sharing the message of the Gospel (i.e. the plan of salvation) there are some main points we should include.

Q.59 *What would you consider to be the main points to be included in an outline of the Gospel? Include Scripture references in your answer.*



Gospel Outline: as given in Evangelism Explosion by D. James Kennedy:

Point Scriptures to memorize

~~~~~

**i) Grace**

- |                                                                                 |            |
|---------------------------------------------------------------------------------|------------|
| - Heaven and eternal life is a free gift                                        | Rom. 6:23  |
| - It cannot be earned or deserved                                               | Eph. 2:8-9 |
| - Eternal life is an abundant life, starting here and now, which lasts forever. | John 10:10 |

**ii) Man**

- |                                            |                      |
|--------------------------------------------|----------------------|
| - Is a sinner                              | Rom. 3:23; Isa. 64:6 |
| - Cannot save himself                      | James 2:10           |
| - Does not automatically have eternal life |                      |

**iii) God**

- |                                                                          |                          |
|--------------------------------------------------------------------------|--------------------------|
| - Loves us and is merciful - therefore <i>does not want to</i> punish us | Jer. 31:3<br>Ezek. 33:11 |
| - Is just, therefore <i>must</i> punish sin                              | Ex. 34:7b; Heb. 9:27     |
- In His infinite wisdom He solved this dilemma by sending His Son into the world.

**iv) Jesus Christ**

- |                                                                                                                                                 |              |
|-------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| - Who He is - the infinite God-man                                                                                                              | John 1:1, 14 |
| - What He did - He died in our place to pay for our sins and purchase eternal life and a place in heaven for us which He offers as a free gift. | Isa. 53:5-6  |

**v) Repentance**

- |                                         |                  |
|-----------------------------------------|------------------|
| - To admit and confess sin              | 1 John 1:8-10    |
| - To turn away from sin and my own way  | Prov. 28:13      |
| - To turn to God to obey and follow Him | Acts 3:19; 26:20 |

**vi) Faith**

- |                                                             |                                     |
|-------------------------------------------------------------|-------------------------------------|
| - What it is not - mere intellectual assent                 | James 2:19                          |
| - temporal faith*                                           |                                     |
| - What it is - trusting in Jesus Christ alone for salvation | Eph. 2:8-9; John 3:16<br>Acts 16:31 |

\* Temporal faith is faith for believing God for things that have temporary value. Example: Praying and believing God to give you a safe journey somewhere.

~~~~~

Go back to Study 1 and review the points related to assurance of salvation, and how to receive Jesus as Lord and Saviour. All the points given in the above outline are included there and can be taken as an example of how to use this outline.



In Jesus' ministry He rarely taught by giving the bare facts about a truth to be learned.

Q.60 *Read Mark 12:14-17; Lk. 6:46-49; 10:30-37. What did Jesus do to get His point across in these instances?*

In presenting the Gospel we can also use suitable illustrations to clarify the points we are making. You can think up your own illustrations, or you can get illustrations from the book, *Evangelism Explosion* (Fourth Edition) by D. James Kennedy; ISBN: 0842307648. When giving a Gospel presentation, you will be quoting various Scripture verses. It is not always necessary to state the reference in the Bible. Just quote the relevant part of the verse but know where it is found in case someone asks you where it is written.

5.4 How to Lead Someone to Christ

When you have explained the main points of the Gospel to the person you can ask him if he has understood, if it makes sense to him, and if he has questions.

Q.61 *What will you do if he does not seem to be clear on some points?*

Q.62 *When he has understood, what do you think you should do next?*

If the person indicates that he is ready to receive Christ, it is also important to let him know what it will mean to him if he is to make a commitment to the Lord. This is the most important decision a person will ever make and it will affect him in every part of his life.

Q.63 *What will it mean in a person's life if he is to make this decision?*

Now ask him if this is what he really wants. If he does you may guide him in prayer. Following are some points that should be included in such a prayer:

- * Confession of his sin to God, asking forgiveness and receiving cleansing by the blood of Jesus.
- * Inviting the risen Christ into his life, receive Him as Saviour and Lord in order to live a new life in full submission to Him.
- * Receiving by faith, the gift of eternal life, and thanking God for it.



Q.64 *Write out a sample prayer of what the person could pray.*

5.5 How to do immediate follow-up

After your patient or colleague has prayed a prayer including the above points it is important to begin to do immediate follow-up.

Q.65 *What questions can you ask him to ensure that he has assurance of salvation?*

We should go over some Scripture references with him which he can refer to for assurance of salvation at any time. The devil loves to bring doubt regarding one's salvation, but the proper Scripture references will enable him to ward off these attacks of the enemy.

Q.66 *What is the assurance he would get from the following references?*
a. John 1:12 b. John 6:47 c. 1 John 5:11-12 d. 2 Cor. 5:17

Scripture teaches us other important ingredients of good follow-up as well. We would do well to follow these examples.

Q.67 *In Acts 15:36 what do we find Paul about to do and what was the result (Acts 16:5)?*

In Col. 1:28 Paul states, "*We proclaim Him (Jesus Christ) - (this is evangelism), admonishing every man and teaching every man with all wisdom (this is follow-up or discipleship), that we may present every man complete in Christ*" (our aim in follow-up).

Q.68 *What must be done for a new-born baby in the physical realm for that baby to grow to full strength and maturity?*



We could call the things you have mentioned above, follow-up care after delivery. Similarly, a new-born Christian has various needs for follow-up in his life which must be met in order for him to grow to maturity in Christ. He must be told the importance of these things as part of immediate follow-up. We, as the ones who lead someone to Christ, or have a new Christian assigned to us for discipleship, are also responsible to ensure that these needs are being taken care of to the best of our ability.

Q.69 *Name several needs of a new Christian to be addressed in our follow-up.*

It is important that the new believer is encouraged in his new life in Christ within the first week after conversion. You can then check with him regarding prayer, Bible reading (S.O.A.P.S.), Discovery Group, any questions he may have.

Q.70 *What can you do if you are unable to do continued follow-up with him?*

Now that you have studied the Gospel outline, learnt how to lead someone to Christ, and seen how to do immediate follow-up, it is important to start putting this into practice. To help you do this with confidence, you will need to have the Scripture references in your memory. Make a commitment to systematically memorize the Scriptures given in the Gospel Outline. You may, include other references as well.

Q.71 *In order to be able to share the Gospel effectively, plan for memorizing the appropriate Scriptures given in the Gospel Outline under the following headings:*

Scripture

Date I will memorize it

Determine to begin your memorization plan today and stick with your plan. Commit it to the Lord and He will help you to accomplish your goal.



Q.72 *Write out a prayer of commitment to begin (or continue) to witness to people daily. Ask the Lord also to show you the opportunities, and to fill you with His Holy Spirit to give you boldness and courage to use the opportunities wisely.*

In Addendum D, at the end of this study, is a Patient Evangelism Flow Chart. This can give us a guideline as to what to do next in the specific stages at which we may find our patients as we care for them and share the Gospel with them.

Q.73 *Write below the opportunities the Lord gives you in the next week, how you handled them, and what the results were.*

Share your experiences in your next group meeting. Learn from one another and pray for one another regarding this vital task of advancing God's Kingdom in the health field through evangelism.

May you be encouraged and challenged in the task of sharing the message of salvation through the following Scriptures:

"But thanks be to God, Who always leads us in triumphal procession in Christ and through us spreads everywhere the fragrance of the knowledge of Him. For we are to God the aroma of Christ among those who are being saved and those who are perishing. To the one we are the smell of death; to the other the fragrance of life. And who is equal to such a task?... but our competence comes from God. He has made us competent as ministers of a new covenant..." 2 Cor. 2:14-16; 3:5b-6a (NIV).



Summary

We should always be prepared to give an answer to anyone who asks us to give a reason for the hope we have. To start a conversation with people to reach them for Christ we should pray, build trust, be considerate, speak in humility - yet boldly, be dependent on God, have loving interest in the person, and naturally direct the conversation to spiritual matters

The use of the two diagnostic questions will enable us to make an accurate spiritual diagnosis

The main points we need to include in a Gospel presentation come under the headings:

- a. God's grace*
- b. Man's spiritual condition*
- c. God's character*
- d. Jesus - Who He is and what He did*
- e. Repentance*
- f. Faith*

Using suitable illustrations as Jesus did, will help to clarify the Gospel to those we are sharing with. After sharing the Gospel ask the person if he is ready, lead him in a prayer of repentance and commitment.

Immediate follow-up must be done to ensure that the person will begin to grow in maturity.

Congratulations! You have now completed Lesson Four, and all of Study 3. Read the objectives at the beginning of this lesson once more. Have they been met?

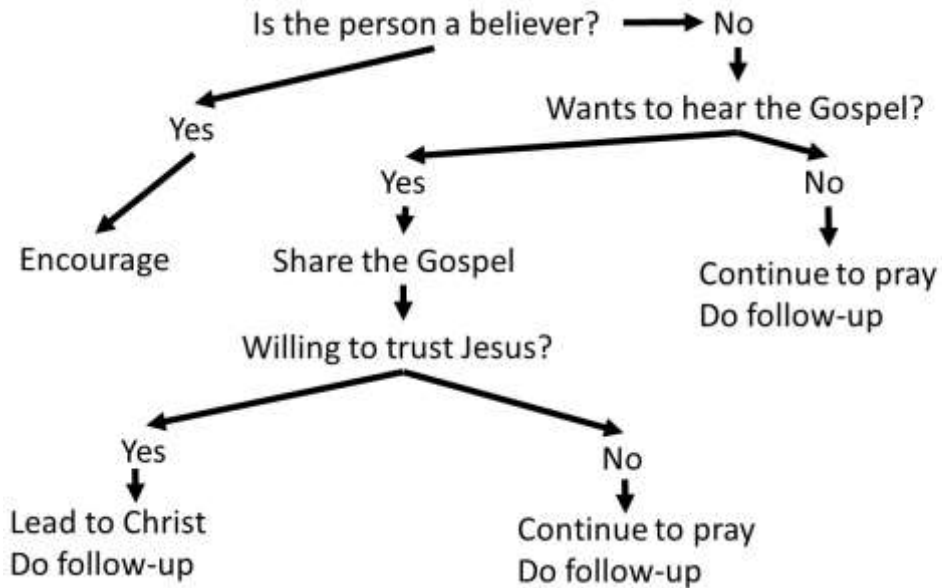
NOTE: A more in-depth study on evangelism is given in the HCF Workbook, "Effective Evangelism in the Health Field".

In the next study we will be looking at the subject of "Advancing God's Kingdom through intentional Disciple Making".



ADDENDUM D: PATIENT EVANGELISM FLOW CHART

1. Practice Total Patient Care
2. Build trust relationships
3. Obtain information - (history)
4. Make a diagnosis - Is the patient a believer or not?



CONTINUE GIVING TOTAL PATIENT CARE TO ALL PATIENTS, CONSTRAINED BY THE LOVE OF CHRIST



ANSWERS TO QUESTIONS STUDY 3:

LESSON ONE

1. God's solution to man's powerlessness to save himself from eternal destruction, and to enable him to again fulfil His original plan, was to send His only Son, Jesus Christ, into the world as a man in order to take the penalty of our sins upon Himself.
2. Jesus prepared twelve disciples to go and preach the gospel to all creation.
3. According to Rom. 10:11-15:
 - a. whoever believes in the Lord and calls upon His name will not be disappointed - he will be saved;
 - b. people will call upon the Lord only when they believe in Him;
 - c. they shall believe on Him only by hearing about Him;
 - d. they shall hear about Jesus only through preaching;
 - e. the preacher can only preach when he is sent.
4. Your answer.
5. Your answer. Suggestion:

It implies that we must learn from Jesus' example, and do the work He has called us to, as He did it while He was on earth - in the same power of the Holy Spirit, in fellowship with our heavenly Father, with His guidance, authority, victory, and in complete loving obedience to the Father.
6. These references tell us that we shall be:
 - a. the salt of the earth,
 - b. the light of the world,
 - c. fruit-bearing branches of the Vine - Jesus,
 - d. springs of living water welling up to eternal life, with rivers of living water flowing from our innermost beings,
 - e. fishers of men.
7. Your answer. Some suggestions:
 - * Salt is known to purify. Disciples of Jesus, as they live in loving obedience to God's Word, will have a purifying effect in the world around them. People who see their holy lives are brought under conviction and restrained from committing some of the evil deeds they might otherwise have committed if the true disciple of Christ was not around.
 - * Salt gives flavour. Disciples of Jesus give the taste of goodness to life in the world around them as they radiate the goodness of God through the good deeds that they do.
 - * Salt preserves. The disciple of Christ will also act as a preserving agent in the world around him as he continues to uphold the laws of God in his life and in the community he is part of.
 - * Salt causes thirst when we eat it. As we allow Jesus to be seen in us and share His Word people will become thirsty for God.
 - * Salt helps to hold water that is vital for life. As the disciple of Jesus faithfully shares the goodness of God, including the Word itself, it penetrates the heart and is retained to do its life giving work in the lives of people around him. (see Isaiah 55:10-11).
8. Your answer. Suggestions:
 - * Light is necessary for strength, and growth (and therefore, for healthiness), for plants, animals and human beings (needed for the synthesis of chlorophyll and Vit. D). Ps. 119:105 says *"Thy Word is a lamp to my feet, and a light to my path."* As God's Word enters His disciples' hearts to bring His glorious light, they grow, are strengthened and become healthy.



* Light pushes back the darkness. The disciples of Jesus force back the darkness simply by their Christ-filled presence wherever they are.

* Light exposes dirt. The disciple of Jesus, by his righteous life, as he comes into a situation, exposes the evil deeds of man and the works of the enemy, the devil.

* Light helps us see the right path to take. The disciple of Christ not only walks in the right path himself, he will be able to show others the right way to take. He is filled with the Word which is a light to our path and a lamp to our feet (Ps. 119:105), and full of good deeds as an example to others.

* Light reveals beauty. The disciple of Jesus will reveal the beauty of Jesus Himself as He lives a Christ-like life before the world. And so the light that shines from us, as it points to Jesus, will bring glory to God.

9. Usually we think of two aspects of fruit in relation to the life of a disciple. One is the fruit of the Spirit in his own life according to Gal. 5:22 - love, joy peace, patience, kindness, goodness, faithfulness, gentleness, self-control. These qualities displayed consistently in the life of Christ's disciple will prepare the way for the other aspect of fruit to be produced, i.e. the fruit of reproducing, or making other disciples for Jesus, by our witness for Him.
10. Your answer. Suggestion:
The water that Jesus gives is the water of abundant, everlasting life which He gives through the work of the Holy Spirit in us. We receive it when we receive Jesus with repentant and believing hearts. The more of our lives we open up to the Holy Spirit, the more He will fill us, and the more of His life-giving power can flow from within us, to touch the lives of others. The result will be that others too will have the opportunity to respond to the work of the Holy Spirit in their lives to receive eternal life.
11. Your answer. Suggestion:
Christ Himself lives in us and we begin to live a Christ-like life. The more like Jesus we become, and the more we do the things He did, the more our lives will touch others to draw them to the saving power of the cross. Thus, as Jesus' life is lived in us, we become fishers of men.
12. Your answer.
13. God yearns for the restoration of the loving and righteous relationships which have been broken because of our rebellion. *"He desires all men to be saved and to come to the knowledge of the truth."* (1 Tim. 2:4). This should also be one of our motives for bringing people to Jesus.
14. Because Jesus Himself came to seek and to save the lost, we must follow His example and do likewise.
15. The motive that we find in this references is that it is a command - we are commissioned to continue Christ's work.
16. Because of the extremely high price paid on Calvary to reconcile each person back to God, we may never shrug off the responsibility of passing on the Good News of salvation in Jesus Christ to others.
17. Man without Christ is eternally lost. God's wrath remains on him, he is dead in his sins, and he shall not see life. We have been given this message of eternal life. We may not keep it to ourselves.
18. The motive given here is that of the fact of eternity. All men will spend their eternity in one of only two places - heaven or hell. Only as the Gospel message is clearly shared with people can they come to the faith which will save them from hell and fit them for heaven. Knowing this must motivate us to get the Good News out to people.



19. We are motivated by the very love of Christ for us and for a lost world. Christ's love has been poured into our hearts by the Holy Spirit and controls us, causing us to love those who are perishing as God loves them, and to share the saving power of Christ with them.
20. We are accountable for the things we do on earth. This includes what we do with the knowledge we have concerning the plan of salvation for those who are perishing. God will hold us responsible for what we do with it.
21. God hates sin. This is because He is a holy God. If He allowed sin to continue indefinitely, or if He would allow it to abide in His presence, He would be less than holy. This is the very reason why God gave Jesus to die for us. Provision for cleansing from sin had to be made if man was to be reconciled to the Father. Therefore, it is of utmost importance that we proclaim the message of God's amazing grace in order to bring people to repentance to be cleansed by the blood of Jesus.
22. Your answer.
23. Your answer.

LESSON TWO

24. Possible lessons from this parable. You may have found some of these and others besides the ones listed here:
 - * The seed is the Word of God concerning His Kingdom.
 - * We can expect the seed of the Word to fall on different types of soil. Whether the seed produces fruit or not depends on the type of soil it falls into.
 - * Seed that fell along the path is likened to the Word that is heard but not understood. It was snatched away by the devil immediately.
 - * The seed that fell in rocky places is likened to the man who heard the Word that was sown and received it with joy. But immediately trouble or persecution came because of the Word, he fell away because the Word had not found root in him.
 - * The seed that was sown among thorns is compared to the man who heard the Word but the worries of this world and the deceitfulness of wealth choked it and made it unfruitful.
 - * The seed that was sown on good soil is likened to the man that heard the Word and understood it and produced a crop, yielding a hundred, sixty and thirty times what was sown.
 - * The type of soil that receives the seed will affect what the results will be. We should not despair if someone does not respond to the sowing of the good seed of the Word that we bring him, by bearing fruit in his life. Neither do we have any reason for pride if someone accepts the Word and fruit is produced in his life.
25. The seed of the Word is imperishable, living and enduring, and causes us to be born again.
26. The promise we are given is that those who sow in tears will reap with songs of joy. And they will return with songs of joy, carrying sheaves with them.
27. Once the message of salvation in Jesus has been presented clearly to a person, any further teaching that he receives regarding salvation and matters relating to the Kingdom of God is called watering of the seed.
28. The one who sows is no different in importance from the one who waters. They are both only servants, doing the Lord's will.



- 29.** The conclusion that we come to is that disciples of Christ who labour to sow the seed, water it and bring in the harvest, must do so in the power and under the direction of God, the Holy Spirit. It should be their purpose to work with Him and not on their own, in order to produce rich, lasting fruit for eternity.
- 30.** **a.** We should be expecting the crop of souls for eternal life. This is the crop that is ripe unto harvest. It is at this point, as they are ready to respond to the Gospel.
b. We can introduce them to Jesus Christ and share with them the basic implications of the Christian life. When they indicate that they are ready we can lead them in prayer through the steps of repentance, receiving forgiveness and cleansing, receiving Christ into their lives and submitting to His Lordship.
- 31.** His relationship with God, himself, his fellow man, and even with nature will be affected. Wrong relationships will be restored to loving and holy ones. Through seeking forgiveness and cleansing he will be reconciled to God; through asking others to forgive him, and by forgiving them, he is reconciled to his fellow man; by forgiving himself, and accepting the forgiveness that is given by God, he receives peace in his own heart; he will even gain a new appreciation and respect for the natural world God has placed him in, and learn to care for it. All these things will be indications that he has truly become a member of the Kingdom and family of God.
- 32.** **a.** To do this we must provide each patient and healthcare worker with a valid opportunity to respond to Jesus Christ.
b. Our patients' hearts are generally more receptive to spiritual things, and therefore also the Gospel.
- 33.** **a.** In Acts 3:1-20 Peter and John, though they had no money to give to the crippled beggar, gave him what they had - the word of healing. As a result, many people came running to see what had happened, and they used the opportunity to point them to Jesus, both as the Healer of physical disease and the One Who forgives sin.
b. In Acts 5:25-32 the apostles were arrested by the Sanhedrin (the full assembly of the elders of Israel) for their preaching and healing of the sick. They used the opportunity to preach to them and to the high priest.
c. In Acts 8:26-38 when Philip was sent by an angel to the desert road to Gaza, he saw an Ethiopian eunuch in a chariot, reading the Scriptures. The Holy Spirit directed Philip to stay near the man and ended up explaining the Scriptures to him and leading him to Christ.
d. In Acts 13:6-12 Paul and Barnabas responded to an invitation from the proconsul to preach the Word of God to him and were opposed by Elymas, the sorcerer. Paul did not compromise, but rightfully rebuked Elymas and proclaimed that he would be blind because of perverting the right ways of the Lord. When the proconsul saw this come true, he believed the teaching about the Lord.
e. In Acts 16:16-33 when Paul and Silas were jailed because they cast out a demon from a slave girl in Philippi, they prayed and sang hymns in jail. An earthquake resulted which caused all the prisoners' chains to come loose. When the jailer was about to kill himself because of fear that the prisoners in his charge had escaped, Paul reassured him and was able to lead him and his family to salvation.
f. In Acts 17:16-34 Paul is in Athens. He is angered when he sees the many idols, with even an altar for sacrifices to be made to an unknown god. But he uses God-given wisdom in the situation. Instead of showing his anger to the people he finds something in them that he can praise and commends them for being so religious. Then he creatively uses the altar to the unknown god to point them to Christ.
- 34.** The maximum number of people will be reached in the shortest possible time when we follow a coordinated strategy under the direction of the Holy Spirit.



35. The disciples and apostles worked together as a team with other members to carry out the strategy that the Lord gave them. Sometimes the team was small, sometimes it was bigger, but they did not work in isolation. As a team they were also accountable to each other and their leaders.
36. We can pray that chaplains who are true believers will be appointed in our healthcare facilities.
37. A clear and powerful witness will be in operation through the unity of the disciples of the Lord Jesus Christ. Jesus prayed, *"That all of them may be one, Father, just as you are in me and I am in you. May they also be in us so that the world may know that you have sent me."*
38. Love must bind us together in unity so that all men will know that we are Christ's disciples and so that the world may know that God sent His Son.
39. Your answer.

LESSON THREE

40. The disciples would have been familiar with every aspect of Jesus' life as they watched Him, listened to Him, and carried out His instructions day by day. He revealed His lifestyle to them and set an example for them to follow. As they spent time with Him, they would have noted that Jesus used every part of His being to minister to people.
41. We see that Jesus used His heart to feel compassion and love, His eyes for meaningful eye to eye contact, His ears for attentive listening, His mouth to offer wise words, His hands to offer a comforting touch, His knees for a prayerful life, and His feet to take Him wherever He was needed to serve people.
42. Your answer.
43. Your answer.
44. Jesus: a. used a mountainside as His podium to teach from;
b. used a boat as a platform to speak from when the crowds pressed in on Him;
c. told parables to teach the people;
d. used examples that were familiar to the people to help them understand His teaching;
e. used a little child as an object lesson.
45. Have you made your prescription card?
46. Your answer.
47. Your answer.
48. a. and b. your answer.
49. James instructs us to be doers of the Word and not hearers only.
50. Your answer.

LESSON FOUR

51. Peter said we should always be prepared to give an answer to anyone who asks us to give a reason for the hope that we have.



52. Paul charged Timothy to preach the Word; to be prepared in season and out of season, to patiently and carefully correct, rebuke, and teach in his ministry of evangelism.
53. Your answer. Some suggestions:
You could pray:
* that the Lord would prepare his heart to hear and receive the message
* that God would remove any blockages which could hinder his hearing or receiving the message
* that the Lord would provide uninterrupted time to share with him
* that all his thoughts would be taken captive to the loving obedience of Jesus Christ.
54. Your answer.
55. We may find some who are not saved and know that they are not. Some will think they are on their way to heaven, but have no sound basis for this belief. Some may have received Christ at some point but have back-slidden. We will also discover some who are truly born again, but are struggling with spiritual problems. And then we will find some who are born again and living in victory.
56. A true believer is someone who is trusting in Jesus Christ alone for salvation.
57. From this passage we learn that we can have full assurance of salvation. It is on the basis of what Christ has done for us and on the written Word of God.
58. We trust that you have been able to answer that you have trusted in Jesus and what He has done for you through His death and resurrection.
59. Have you written a Gospel outline?
60. Jesus clarified what He was teaching by using illustrations or parables to make His points clearer.
61. Your answer. You may have said something like the following: If you feel the person is unclear in certain points you can explain them to him in different words, you can use an illustration or you can give him another relevant Scripture.
62. Your answer. You may have said something similar to this: You can ask him, 'Would you like to receive the gift of eternal life?'
63. Your answer. You may have included the following in your answer:
* It means that he will put his trust in Christ alone for eternal life and for everything else, instead of the things or people he used to trust in
* It means he will receive Christ as: the One Who rose from the dead and is living; as his only Saviour; as his only Lord
* It means he must repent from his sins according to the teaching in the outline on repentance
* It means he will become a responsible citizen of the Kingdom of God, the Church (the family of God).
64. Your answer.
65. Your answer. Some suggestions are:
* You can repeat the two diagnostic questions
* Alternatively, you could ask him questions relating to the "Four Pillars of Salvation", i.e. "Are you



absolutely sure that: i. your sins are forgiven; ii. Christ lives in you; iii. if you die today you will go to heaven; iv) your name is written in the Lamb's Book of Life?"

- 66.** From these references he will be assured that:
a. he is a child of God, and therefore part of God's family;
b. and **c.** he has eternal life in Christ;
d. he is a new creature in Christ - the old has gone. Therefore, he can expect change in his life for the better. He will progressively become more and more like Christ as he follows in His footsteps.
- 67.** Paul decided to visit the brothers in all the places where they had preached the Word of the Lord to see how they were doing. The result was that the churches were strengthened in the faith and grew daily in numbers.
- 68.** Your answer. Some suggestions:
A baby needs to be kept warm and sheltered, to be fed, to be kept clean, to be comforted, to be loved by a loving family, to be allowed to rest, to be taught everything he needs to know in life, by direct teaching, by experience, by discipline, and by example.
- 69.** Your answer. You may have included that the new Christian must:
* spend time with God in prayer (a new baby communicating with Father)
* regularly read and study God's Word personally (the Gospel of John is a good place to begin). This is like food for the new child
* witness to others about what God has done for him
* be filled with the Holy Spirit so that he will have power for living the Christian life
* have fellowship with other Christians (this includes joining a good Bible believing church, Bible Study, Prayer, Discovery Group and other activities).
- 70.** Your answer. Suggestions:
* Refer him to a Gospel-preaching church in the area where he lives. If you do not know the churches in his area, perhaps you know another mature Christian, or a Christian organization where you can refer him.
* You can keep in contact by WhatsApp, email, Telegram or telephone.
* You can involve him in a Discovery Group
* You can give and send him literature (digital/paper) to help him in his early growth.
* Whatever method of continuing follow-up is done, one of the most important things we can do for this new babe in Christ is to pray much for him.
- 71.** Have you made your plan?
- 72.** Your prayer of commitment to witness daily.
- 73.** Your answer.



STUDY 4: ADVANCING GOD'S KINGDOM THROUGH DISCIPLESHIP TRAINING

Welcome to Study 4 of the Biblical Healthcare Extension Course “Serving God in the Health Field”.
The overall objective of this study is to help you to answer the question - 'How do I intend to follow Christ's example in discipleship training?'

OBJECTIVES

During this study, you will:

- * be introduced to the concept of "discipleship"
- * see the vital need for effective discipleship training
- * understand some of the principles and distinctive features of true discipleship training
- * consider your involvement in advancing God's Kingdom through discipleship training

PREVIEW OF TOPICS

1. Discipleship Explained
2. Christ's Requirements for Discipleship
3. My Life in the Light of Christ's Requirements
4. The Stages of Growth in Discipleship Training
5. Reasons for Training Disciples
6. How to Start the Discipleship Training Process
7. Distinctive Features of Discipleship Training
8. The Stages of the Discipleship Training Process
9. Discipleship Training Materials: Subjects and Sources
10. What Does God Want Me to Do About Discipleship Training?

Note: The topics have been spread over 4 lessons for your convenience in studying. Before starting each lesson, it is important for you to take some time in prayer, asking the Lord Jesus Christ to teach you about His heart burden for discipleship training.



Study 4 LESSON ONE

LESSON OBJECTIVES:

During this lesson you will:

- be introduced to the concept of "discipleship"
- see Christ's requirements for discipleship
- look at your life in relationship to Christ's requirements for discipleship

1. DISCIPLESHIP EXPLAINED

If we ask ourselves how we can invest our time best, with long-term results for God's Kingdom, training people to live as Kingdom citizens will certainly be a vital part of the answer. Besides Prayer and Evangelism, Discipleship Training was one of the major components in the ministry of Jesus, and that we should follow His example.

1.1 What is a Disciple?

In New Testament times the word "disciple" (Greek 'mathetes'), was used in different circles.

Q.1 Who do we find having disciples in the following passages?

a. Matt. 11:2 b. Mark 2:18; Matt.22:16

There were also disciples of Greek philosophical schools and disciples of Rabbinic Judaism who were students of Jewish traditions. It was against this background that Jesus called His disciples (mathetes). By taking the initiative in their relationship, He gave a special meaning to the word 'disciple' that nobody else used.

All the disciples mentioned in the New Testament can be divided into two groups according to the way they became disciples.

Q.2 Keeping the above in mind, suggest two categories the various groups of disciples mentioned in the New Testament could be divided into.

Disciples of Jesus Christ: Christian discipleship does not start with us. It starts when Jesus Christ Himself calls us to follow Him. He chose the first twelve disciples after seeking His heavenly Father during a night of prayer (Luke 6:12-16). He chose them to be followers of Himself - not a cause, or a specific idealism - but Himself. Therefore, to be a disciple of Jesus Christ means that one is in relationship with Him. He calls us to join ourselves to Him so that we may be conformed to His image and do the works He has prepared for us to do. This call is progressively fulfilled through coming to know Him increasingly better, and by following Him in total commitment for the rest of our lives. His requirements differ radically from what we see in today's world. The reason why Jesus Christ can rightfully make such claims on our lives is self-explanatory: He is the KING of kings and the LORD of lords! (Revelations 19:16).



Other Disciples: They voluntarily joined a "teacher" (a specialist in some area) with the aim of studying until they themselves became master, or rabbi, or philosopher, or teacher in that area. In a general sense, this is still true today. We are all "disciples" of somebody or of a system of thinking. Most of us were "discipled" or educated according to humanistic thinking, whether in its secular, socialist, or communist form. In this type of discipleship, we determine how far we want to study and what we are going to do with the information we receive.

Q.3 a. What does the fact that Christ is King of kings and Lord of lords imply regarding the way His disciples are to follow Him?

b. Contrast this with how other disciples follow their teachers or leaders?

2. CHRIST'S REQUIREMENTS FOR DISCIPLESHIP

Because of what Christ accomplished for us on the cross and by His resurrection, He is completely worthy that we commit ourselves to Him in true discipleship. Therefore, we will now look more closely at what is required of a true disciple of Jesus Christ.

Q.4 Read Luke 14:25-35; John 13:34-35 and John 8:31. List at least five of Christ's requirements for discipleship.

- | | |
|--------|--------|
| 1. ... | 2. ... |
| 3. ... | 4. ... |
| 5. ... | |

- A. True discipleship requires a **SUPREME LOVE** for Jesus Christ. Jesus Christ must always be given the number one position, not only in dutiful obedience but in our loving affections. We will then also faithfully acknowledge Him, always giving Him the glory rather than taking it for ourselves or giving it to someone else. (Isa. 48:11) As we grow in our love for Christ, we will increasingly meet the other requirements listed here more and more naturally.
- B. True discipleship requires a **SACRIFICIAL DENIAL OF SELF**. This means the complete surrender of all of self and our "rights" over to God, and the development of a lifestyle of gratefulness to God for the privileges and opportunities He gives to us.
- C. True discipleship requires a **DETERMINED CHOICE OF THE CROSS DAILY**. This is a constant daily choice that must be made throughout our whole lifetime. The cross speaks of the sacrificial sufferings of Christ. The shame, persecution, mocking, abuse, opposition and suffering that Jesus went through, will face us daily as we follow Him. The cross is an instrument in the hands of the Holy Spirit, enabling us to experience death to our basic, depraved, self-seeking nature of hostility to God, i.e., death to self (flesh/carnal nature/sinful nature). Through the cross the power of sin over us is broken. We are free to do the will of God - to serve. As we serve, we will share in the suffering of Christ and bear much fruit to the glory of our Father in heaven.
- D. True discipleship requires an **UNRESERVED FOLLOWING OF CHRIST**. This is a life style in which we follow Christ with no conditions attached. It is following Jesus in the first place and not a favourite church, denomination, doctrine, preacher, theory or philosophy. It is continually following Him in His command to be "fishers of men".
- E. True discipleship requires a **TOTAL SURRENDER OF ALL I HAVE TO CHRIST**. This involves a willingness



to surrender to Christ all our time, talents, money, possessions, education, jobs, ministries, loved ones - all that we hold precious to ourselves.

- F. True Discipleship requires a **FERVENT LOVE FOR ALL CHRISTIANS**. God requires that we love people. This implies relational unity with other Christians. It does not mean God expects us to compromise with sin or false doctrines. Unity should never be sought at the expense of truth. However, we should not make an issue of our interpretations of doctrines or traditions which are nonessential to the Gospel. This could result in not having room in our hearts for other members of the Body of Christ. Whenever possible, let us focus on that which unites us - which is Jesus Christ and Him crucified. As we worship Him, serve Him, and proclaim Him with fervent love, the things which previously might have divided us, will become less and less important to focus on. Our real love for Christ will result in greater love for one another.
- n) If there is a lack of love in our lives for any of our fellow Christians, we need to confess, repent and forgive, thank God for these person(s) and do something good for them to affirm our love.
- G. True discipleship requires a **FAITHFUL APPLICATION OF GOD'S WORD**. This involves listening to the Lord as He speaks through the Scriptures and walking in loving obedience to what Him. There are many other ways that God speaks to us, but whichever way we feel we are hearing God, it must be in agreement with His written Word, the Bible. This is the only reliable test of whether it is God speaking or not, because He is always faithful to His Word in the Scriptures. He is the same yesterday, today and forever.

We should come to the point of being able to say with Paul, *"I count all things to be loss in view of the surpassing value of knowing Christ Jesus my Lord, for whom I have suffered the loss of all things, and count them but rubbish in order that I may gain Christ, and may be found in Him..." Phil. 3:8*. But we should also remember that Paul, in the same passage, says, *"Not that I have already obtained it, or have already become perfect, but I press on in order that I may lay hold of that for which also I was laid hold of by Christ Jesus. Brethren, I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead, I press on towards the goal for the prize of the upward call of God in Christ Jesus."* Phil. 3:12-14

3. MY LIFE IN THE LIGHT OF CHRIST'S REQUIREMENTS FOR DISCIPLESHIP

You will probably have realized by now that to be a true disciple of Jesus Christ is not something cheap and valueless. It requires a full commitment on our part. Therefore, it is important that we carefully count the cost before we decide to make such a commitment. One question that may help you is, "What will it cost me NOT to follow Christ in total commitment?" Pray and ask the Lord to examine your heart as you answer the following questions. Be prepared to share your answers at the group meeting.

Q.5 Looking at your discipleship:

- a) How will your love for Christ be evident to others?
- b) Does Christ have the Number 1 place in your life?
- c) What does it mean to you personally to "deny yourself"?
- d) What are some of the ways in which you have to "take up your cross daily" in the health field?
- e) Are you willing to take up your cross daily?
- f) What are some of the things you find difficult to surrender to Christ?



- g) Are you willing to surrender these things to Him now?
- h) What types of Christians do you find difficult to love?
- i) What do you think the Lord is saying to you about this?
- j) Have you faithfully followed through in obeying the truths God has revealed to you through His Word?
..... If not, what are you going to do about it?

Take time to pray with and for one another in your group concerning Q.5 a-j.

Summary

There are two groups of disciples - disciples of Jesus Christ, and all other disciples. The major difference between the two is that Christ's disciples are called by Jesus Christ Himself, to love, follow and obey Him in total commitment. Other disciples decide themselves who or what they are going to follow, to what extent, and for how long.

The requirements for disciples of Christ include:

- A. Supreme love for Jesus Christ
- B. A sacrificial denial of self
- C. A determined choice of the cross daily
- D. An unreserved following of Christ
- E. A total surrender of all I have to Christ
- F. A fervent love for all Christians
- G. A faithful application of God's Word

Well done! You have completed Lesson One of Study 4. Turn to the end of this study and check your answers to the questions. Review those you answered differently. Read the objectives for Lesson One once more. Have these objectives been met?

In the next lesson we will be learning about stages of growth in discipleship training and evaluate where we are in light of this.



Study 4 LESSON TWO

LESSON OBJECTIVES:

When you finish this lesson, you should be able to:

- understand the results of effective discipleship training
- trace the stages of growth in discipleship training and evaluate where you are presently
- make plans as to what you will do to become a steadfast or multiplying disciple of Jesus Christ
- understand the meaning of Christ's command - 'to make disciples'
- formulate a model for the type of training you will give, following Christ's example in discipleship training
- look at your present use of time and see if you are involved in discipleship training to your maximum potential at this time
- see clearly the vital need for effective discipleship training.

4. THE STAGES OF GROWTH IN DISCIPLESHIP TRAINING

God's Kingdom is a Kingdom of loving and holy relationships because its King is loving and holy. These relationships do not develop automatically because of our naturally selfish nature. We must know how to become mature in loving and holy relationships with God, people and ourselves. What we have learned, we must teach to others (disciple them). This is what discipleship is all about - we learn how to be and live as citizens of God's Kingdom and we teach other people to do the same. They in turn must repeat the process. In discipleship training, the relationship between teacher and student is based on the model of Christ and His disciples. The teacher teaches the students so that the fullness of the life that he has in Christ may be reproduced in them, so that they will be able to train others, who in turn will train others.

Q.6 *Read 2 Tim 2:2 and Phil. 4:9. What will we see when we give effective discipleship training?*



Effective discipleship training will result in spiritual multiplication. This involves growth through the following stages:

STAGE 1: UNCONVERTED "DISCIPLE"

Eph. 1:1-3 "And you were dead in your trespasses and sins, in which you formerly walked according to the course of this world, according to the prince of the power of the air, of the spirit that is now working in the sons of disobedience. Among them we too all formerly lived in the lusts of our flesh, indulging the desires of the flesh and of the mind, and were by nature children of wrath, even as the rest."

Characteristics of this stage:

- He is a "disciple" of anybody or anything apart from Christ
- He has no assurance of salvation
- Something or somebody else is the foundation of his life

STAGE 2: FOUNDED DISCIPLE

1 Cor. 3:10,11 "According to the grace of God which was given to me, as a wise master builder I laid a foundation, and another is building upon it. But let each man be careful how he builds upon it. For no man can lay a foundation other than the one which is laid, which is Jesus Christ."

Characteristics of this stage:

- He is converted from his former way of life
- He has decided to be a true disciple of Jesus Christ
- He has assurance of salvation
 - (4 pillars
 - knows that his sins are forgiven
 - knows Jesus is Lord of his life
 - knows that his name is in the Book of Life
 - knows that when he dies he will go to heaven)
- Jesus is the foundation of his life

STAGE 3: STEADFAST DISCIPLE

Gal. 5:1 "It was for freedom that Christ set us free; therefore, keep standing firm and do not be subject again to a yoke of slavery."

Characteristics of this stage:

- He is consistent in the following:
 - * Personal Bible study
 - * Personal prayer
 - * Witnessing
 - * Fellowship with other disciples
 - * Walking in the Spirit
 - * Following up new converts
 - * Group Bible study/prayer
 - * Serving the Lord according to his talents/gifts

STAGE 4: MULTIPLYING DISCIPLE MAKER

II Tim. 2:2 "And the things which you have heard from me in the presence of many witnesses, these entrust to faithful men, who will be able to teach others also."

Characteristics of this stage:

- He continues steadfastly, according to the description of stage 3; in addition to that, also the following:
 - * He wins and trains disciples who train others to train others
 - * He is part of one group where he receives and another where he gives
 - * He multiplies himself in the above areas



Q.7 *Write down your thoughts about the needs of the unconverted "disciple" in relation to the Christian discipleship training process.*

Q.8 *Go back and read the stages of growth in discipleship. At what stage are you presently?*

Q.9 *If you are not yet a steadfast or multiplying disciple, what will you do to become one?*

Be prepared to discuss your answers to questions 6-8 at the next group discussion meeting.

5. REASONS FOR TRAINING DISCIPLES

5.1 The Great Commission

A Chinese saying goes:

"If you plan for a year, plant rice;
if you plan for a decade, plant trees;
if you plan for a life-time, train people."

Our responsibility to train disciples of Christ is based not on a proverb, but on the mandate of Jesus Christ Himself.

Q.10 *Read Matt. 28:18-20. Who gave Christ the authority to commission us to make disciples of all nations, and how did He merit that authority?*

Discipleship is not based on an option which we may take up or leave. It is based on the Divine command to teach disciples to obey all that Christ has commanded.

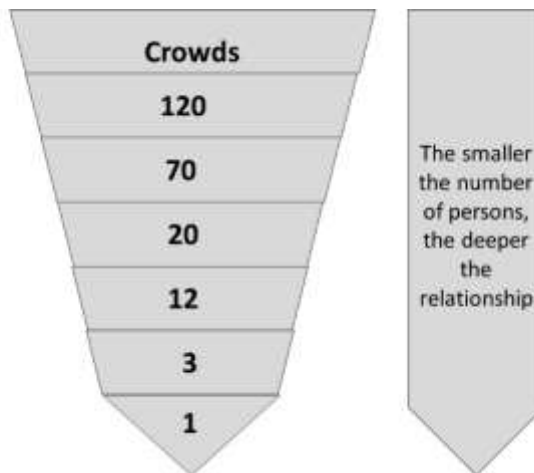
5.2 The Example of Jesus Christ

The life of Jesus Christ provides the model for training disciples.

Q.11 *How did Jesus invest His time in training others? Give at least five examples with references from the Gospels (Matthew, Mark, Luke and John); e.g. Matt. 5:1-2; Matt. 10:1; John 2:11.....*



The smaller the group, the deeper Jesus' involvement with His disciples and friends and the more time He gave to them. Jesus had unbroken fellowship with His Heavenly Father. He is in the number one position in His life. Peter, James and John were His three closest friends, and He invested a lot of time in them. Jesus taught them more than He taught the other disciples. The group of twelve were the close friends and disciples of Jesus. He spent more time with them than He did with larger groups. The twenty is the group of women who travelled with Jesus. The seventy were sent out two by two by Jesus. The one hundred and twenty are those who prayerfully waited in the Upper Room for the coming of the Holy Spirit. As we look at the levels of relationship below, we can see how Jesus worked out His disciple making strategy.

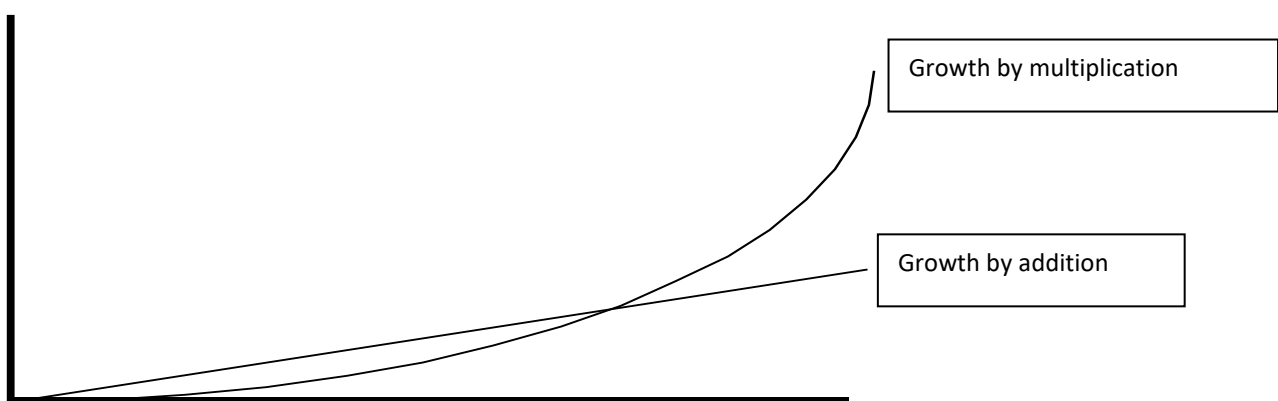


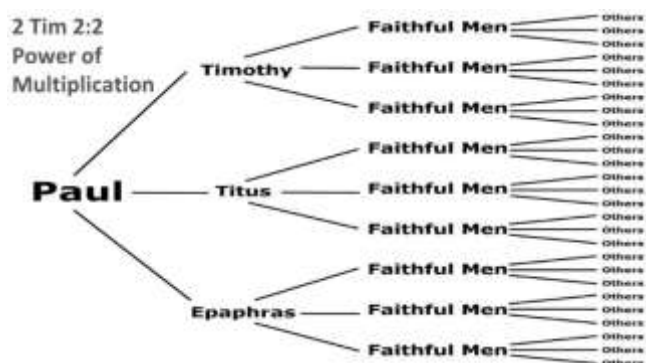
Q.12 *To what extent are you following the example of Jesus in investing your time in making disciples?*

Share your answer with one of the members of your group and pray for one another during the next group meeting.

5.3 The Effect of Multiplication

Apart from Timothy, Paul also discipled many others such as Silas, Titus, Philemon. His command to them was similar to the one he gave to Timothy. Paul was a real multiplier.





Although growth by addition is faster on a short-term basis and growth by multiplication is small in the beginning, the long-term results speak for themselves. The world population is growing by multiplication. The only way in which the whole world will be reached for Christ, is if the Church also grows by multiplication.

***The best would be a combination of growth by addition and growth by multiplication
as we see in the book of Acts***

5.4 The Need for Continuation and Expansion of Leadership

The Lord will entrust leadership responsibilities to many Christians whether they have been formally appointed as leaders or not. It may simply be by setting an example to colleagues in being obedient to God's Word even when the majority choose to disobey. It may be by being the spiritual leader in the home. It may be by teaching Sunday School, or by starting a disciple making group. It may be by taking the initiative in praying for, or counselling, a patient with a spiritual or other need. It may be by being a leader in Healthcare Christian Fellowship. Whatever our area of responsibility, we are to be multiplying disciple makers.

The person in a more official position of spiritual leadership must recognize and fulfil his responsibility to deliberately train others who will be able to take his place in leadership. That way the work of the Kingdom will not suffer unduly when he leaves. The more the work grows, the more spiritually mature leaders are needed to ensure that there is an adequate leadership base to care for the growing needs of its people.

There is a direct relationship between the number and quality of leaders trained and the coming of the Kingdom of God. Therefore, it is important for us in the health field to intentionally train other leaders who in turn will train others to be the leaders God wants them to be.

Q.13 List some reasons why leaders do not train others

Q.14 What are some of the negative results of leaders not training others?

Share answers for the two questions above in your next group meeting.



Summary

The result of effective discipleship training is that the teacher reproduces the fullness of the life that he has in Christ in his students. Then the students likewise, will train others, who in turn will train others also to be Christ-like.

The Four Stages of Growth in the Disciple Making Process are:

Stage 1: Unconverted "Disciple"

Stage 2: Founded Disciple

Stage 3: Steadfast Disciple

Stage 4: Multiplying Disciple Maker

It is the command of Christ to make disciples of all nations and He set the example for us in the way He discipled people while He was on earth. The effect of multiplying is that eventually the whole world will be reached for Christ. To ensure that this will be done effectively and at the fastest possible rate, we must intentionally train enough leaders for a strong leadership base.

Keep up the good work! You have now come to the end of Lesson Two of Study 4. Check your answers and do the review as you have been instructed in Lesson One. Are you benefiting from these studies? As you study these lessons, may your heart will be truly open and receptive to the Lord so that He can speak to you and work lasting changes in your life where this is necessary.

In the next lesson you will begin to identify potential members for discipleship training. We will also learn about features of discipleship training and needs of participants in a discipleship training group.



Study 4 LESSON THREE

LESSON OBJECTIVES:

When you finish this lesson, you will:

- know how you can get people involved in discipleship training
- identify potential trainees for discipleship training
- distinguish between recruiting disciples for advancing God's Kingdom and recruiting disciples for a programme or organization
- understand the distinctive features of discipleship training
- discover the training needs of participants in a discipleship group
- indicate areas in your own life in which you need to grow in Christian maturity

6. HOW TO START THE DISCIPLE MAKING PROCESS

Disciple making is an ongoing process. While a person is being discipled himself, he can disciple others. The following are some ways that we can begin.

6.1 Start with Prayer and Evangelism

Jesus is our constant example in the discipleship training process.

Q.15 *Read Luke 3:21-22; Luke 4:1-13; Matthew 4:17; Luke 5:16. List some of the things which Jesus did in preparation for getting people involved in His discipleship training.*

Q.16 *What are some of the things you could do to get people involved in discipleship training?*

6.2 Prayerfully Select the Persons to be Involved

Jesus spent a night in prayer before he chose the twelve disciples who were to form the inner circle to receive His teaching and attention (Luke 6:12-13). Ask the Lord to call those of His choice from among potential disciples to get involved in a discipleship group with you.

Q.17 *a. What should you look for in a potential disciple? (Hint - think about the characteristics of a founded disciple)*

b. Read the following references and write down more characteristics of potential disciples:

- Phil. 3:8 - John 4:20-21 - Jer. 15:16 - 2 Tim. 2:2
- 2 Tim. 2:15 - Matt. 20:26-28

Remember, a not-yet-Christian can also be a potential disciple. To lead someone to Christ is the first step towards further discipleship.



6.3 Recruit Potential Disciples through a Positive Invitation to Participate

There is a vast difference between commitment to an organization or programme, and a commitment to God and the vision of seeing His Kingdom built. An organization should be there to facilitate working towards the fulfilment of the vision. The organization could break down for various reasons but correcting a breakdown is much easier when the vision is clear, and people are committed to it. People who are committed to an organization first, will soon lose sight of the vision, and their commitment to God will be of secondary importance to them. When we recruit people to serving God and to the vision He has given, they will work towards fulfilling that vision even if there is no organization to facilitate their efforts.

Q.18 *What could you do to recruit disciples to the vision of advancing God's Kingdom, rather than a programme or organization?*

Note: It is important that you do not create the impression that people are doing you or God a favour by being obedient to the demands of Christ. It is a command - not an option they can agree to if they feel like it.

When you do recruit potential disciples, make sure that you elicit a three-fold commitment from them:

- 1.) to God - their whole life for the whole of their lives.
- 2.) to the disciple making group - for a fixed period e.g. six months or one year, so that they can have a period of constructive ongoing and unbroken training.
- 3.) to the task of advancing God's Kingdom through prayer, evangelism, and discipleship in the power of the Holy Spirit.

7. DISTINCTIVE FEATURES OF DISCIPLE MAKING

The learning process through which Jesus taught His disciples had several distinctive features. They should characterize our disciple making activities also, if we want to produce end results that please and glorify God. We have sought to identify the five most important features of discipleship training.

7.1 Feature One: Christ Centred

Read 2 Cor. 4:5 and John 14:6, 9. The emphasis is on Christ in the first place, not on man or a thing. He must have the first place in our disciple making as well as in our personal lives. Only Christ-centred disciple making will bring glory to God. If this does not happen we have failed.

Q.19 *a. What are some of the things that could take the place of God in disciple making?*

b. How can we ensure that our disciple making continues to be Christ-centred?

7.2 Feature Two: Bible Based

The Word of God with its absolute standards and truth will form the backbone for stable and reliable disciple making. From the Word of God, we learn about the only true LIFE-style on earth. All other ways of living are really DEATH-styles, because they are rooted in sin even if they may appear appealing.



Q.20 *Read 2 Tim. 2:14-16; 3:15-17. How can we ensure that our disciple making is Bible-based?*

7.3 Feature Three: Need Oriented

As we seek to disciple others, we need to be flexible to meet their needs. A flexible disciple making strategy is to be relevant: today's need should be met today. It is not what I have prepared for my teaching time that is most important, but what the participants need. This does not mean we allow ourselves to get side-tracked to other interesting but irrelevant issues, but that we should be sensitive to real needs and deal with them.

Q.21 *Read Mark 9:33-35.*

a. How did Jesus recognize the training needs of his disciples on this occasion?

b. How did He meet their need?

Too much of today's Christian activities are related to signs and symptoms, while the real root sins, foundational world view issues and underlying problems are not adequately dealt with. We need to see needs as God sees them. How we feel is an unreliable indicator of the effectiveness of our disciple making. Meeting the root needs is what is important.

Q.22 *Suggest several ways by which we can discover the root needs of the group?*

Q.23 *How will we recognize when these needs are met?*

7.4 Feature Four: High Aims

There are three aims which need your attention when involved in disciple making:

Aim One: Growth by multiplication

Aim Two: Development of habitual loving obedience to Christ

Aim Three: Increasing maturity in relationships

Aim One: Growth by multiplication

Growth by multiplication emphasizes growth in both quantity and quality. Growth in quantity is not our final goal, but it is necessary if we are serious about reaching the whole world. In Study One we saw that we were placed on this earth to multiply and fill the earth with people reflecting God's image, and to have dominion over the whole earth. If we are to fulfil our task it is essential that all of us, also those of us serving in the health field, become multiplying disciples of Jesus Christ.



William MacDonald in his book, *True Discipleship* (p. 54) writes: "The Christians' calling is the noblest of all, and if we realize it, our lives will take on new loftiness. We will no longer speak of ourselves as 'called to be a plumber', or 'called to be a physicist' or 'called to be a dentist'. Rather, we will see ourselves as 'called to be an apostle' (i.e. one sent to preach the Gospel) - and all these other things as mere means of livelihood. We will see ourselves as called to preach the Gospel to every creature, to make disciples of all nations, to evangelize the world." We need to see the place where God has placed us, e.g. the health field, as our mission field.

To effectively carry out this noble task we need to be properly equipped. This is necessary for growth in quantity as well as in quality. We will address growth in quality when we look at Aims 2 and 3.

Q.24 *Go back to lesson two and review the results of effective discipleship training.*

a. *List the four stages in the growth process.*

b. *List some areas in which you still need training yourself.*

c. *How do you think growth in quantity will most likely take place?*

Aim Two: Development of habitual loving obedience to Christ.

Jesus was in perfect and complete loving obedience to His Father while He walked on earth. He has set an example for us to follow.

Q.25 *Read the following references: John 4:34; Luke 11:28; James 1:22. What can we learn about loving obedience from these verses?*

Q.26 *How can you develop loving obedience to Christ? Take time to pray and think about your answer. (Suggested Scripture references to help you: 2 Cor. 5:14-15; John 14:23; 1 Pet. 1:18-19; John 10:27; 2 Cor. 5:17; Rom. 6:6; Phil. 1:9-11)*

Share your answer to Q.26 with the group.

There are several motives we might have for being obedient:

* The influence of others around us, i.e. older, more mature Christians. This may not be entirely negative, but should our loving obedience be motivated only by what others say? Can this lead to a continuous life-style of loving obedience to God? Or should our maturity be based on our own choice to obey?



* Fear of the consequences of not obeying. In this there is a fear, not of doing wrong, but of being found out.

* A sense of duty - because it is right. There is a danger here of becoming hard, mechanical and unyielding. Duty can make a person "good", but can it truly show the beauty and attractiveness of Christ's indwelling presence in him?

* Delight. To be strong in obedience, simply love Jesus. Then obedience will cease to be a burden and become a delight. We will then be able to say with the Psalmist, *"I delight to do Thy will, O my God; Thy law is within my heart."* Ps. 40:8

Q.27 *Pray and ask the Lord to show you what your motives for obedience to Him usually are. Write down what you feel He is showing you.*

Ask the Lord to help you correct your motives where necessary and thank Him for the help that He will give you to love Him with a sincere heart from now on.

Q.28 *Many promises are given to those who obey. What are two of these? Read Gal 6:9; James 1:25.*

Praise God for His encouragement!

Aim Three: Increasing maturity in relationships

What comes to your mind when you hear the word maturity? When I hear the word, I think of fully developed, someone who has reached his full stature, a grown man or woman, something or someone that is whole and lacking nothing, someone who can maintain healthy relationships. I am sure that you can add many more words or phrases to this list. The Bible uses the word maturity in a similar way.

See what Paul has to say about maturity in the following verses:

"And we proclaim Him, admonishing every man with all wisdom, that we may present every man complete in Christ." Col. 1:28

"until we all attain to the unity of the faith, and of the knowledge of the Son of God, to a mature man, to the measure of the stature which belongs to the fullness of Christ." Eph. 4:13

The following are some thoughts about the Biblical concept of maturity. Read and think about each point and its appropriate Scripture reference prayerfully.

Maturity is:

A. Christ-like behaviour in our relationship with: (Mark 12:33)

*** God - Father, Son and Holy Spirit**

This means we have dependent trust in God, and love for Him (because He first loved us), as the basis for all we are and do. If we see maturity as doing or performing the right things, we may develop anger and bitterness towards God if He does not come through for us after we have done "good things". Totally surrendering to Him in child-like trust and dependence will result in peace with Him, effective, faithful, loving service for Him, and joy in Him.



Everyone has a thirst for God, though not everyone realizes this. Maturity is recognizing that our thirst can and may be quenched only at the well of God, and then going to Him to drink. God does not condemn us for thirsting after Him, but for attempting to quench our thirst at some well of our own making (e.g. other human beings, money, things, power, or achievement). This thirst is satisfied only in relationship with Him. Personal and spiritual problems will result from any attempts to satisfy it apart from Him. Jesus says, "*If any man is thirsty, let him come to Me and drink.*" (John 7:37) We must recognize our condition and come to Jesus to draw all that we need from Him. Then, and only then, will we find the strength and energy to do what He asks.

*** People**

This refers to Christians, the lost (i.e. those who have not received Christ as their Saviour and Lord), and it includes members of both sexes, your family members, authority figures and all others. As we love our neighbour as ourselves, we will always seek their highest good (as a life habit, not merely incidentally).

*** Structures**

Examples of this would be: the government, church leadership, local society and society in general. We are to obey the authorities God has placed over us (Rom. 13:1; Titus 3:1) and to pray for them. We are also to seek the peace and prosperity of the cities, communities where God has placed us, and to pray for them. If they prosper, we too will prosper. (Jer. 29:7)

*** Yourself**

This includes facing the truth about yourself - whether pleasant or unpleasant. It also includes taking responsibility for what you are. What happens to us is not as important as how we respond to what happens to us. We cannot blame others for how we respond. As you face the truth take it to Jesus. He is greater than anything that can stand against you. As a maturing Christian you will learn how to turn your difficulties into stepping stones to growth.

It also includes having a healthy sense of self-worth. This we get by looking at Jesus and knowing how much value He places on us. From gazing on Him, we can turn to others and value them as we ourselves are valued. Our sense of value comes from two things. First, knowing Who we belong to - God Himself, the greatest Person in the universe. He loves us, desires us, and totally accepts us in Christ. Secondly, we have been created in His image. This can never be taken away from us. All human beings therefore need to be treated with the respect due to them. One of the benefits of knowing, belonging, and being close to Jesus is that He helps us discover a sense of self that enables us to give ourselves to others and not be controlled by them.

The central message of the New Testament is to love God and to love our neighbour as ourselves. The highest form of maturity is to have agape love, (i.e. God-given, unconditional, consistent love). Love is the highest quality we can aim for as we press on towards spiritual maturity. Note that agape love is always based on the truth of God's Word.

B. The ability to distinguish between good and evil

Read Heb. 5:14. This implies an ever-increasing sense of morality. Morality is not just God's will - it is His very nature. He commands a thing because it is inherently right, not just because it is His will. You cannot continue to have fellowship with God and His Son without wanting to be a moral person. Any Christian who debates with him or herself - trying to make the morally wrong into the spiritually right - experiences an inner conflict which will paralyse spiritual growth.

C. The ability to discern what is best in a situation

Read Phil.1:9-10. The more we are filled with love for God and for one another, and the less of self (the flesh/ego/worldliness) there is still alive in us, the easier it will be to make right decisions. Discerning what is best in a situation is also based on a true knowledge and understanding of God's Word.



D. The ability to digest spiritual "meat"

Read 1 Cor. 3:2; Heb. 5:14. Being able to digest spiritual meat is very important to all the rest of the qualities mentioned. The Holy Spirit is the one who leads us into all truth. We need to continually seek His help in understanding God's Word.

E. The ability to appreciate, trust and act on the wisdom of God

Read 1 Cor. 2:6-8. The wisdom of God is so different from, and so much higher than the wisdom of the world. He is the all-wise God. (Isa. 55:8-9) As we walk in His wisdom growth in the qualities found in James 3:17 will become increasingly evident in our lives: *"But the wisdom from above is first pure, then peaceable, gentle, reasonable, full of mercy and good fruits, unwavering, without hypocrisy."*

F. The ability to control your tongue

Read James 3:2. This is a natural outflow of loving God, and our neighbour as ourselves. *Remember: "When there are many words, transgression is unavoidable, but he who restrains his lips is wise."* Prov. 10:19

Q.29 *Prayerfully write down your thoughts as to how you feel you are progressing in each of the marks of maturity described above:*

A. *Christ-like behaviour in our relationship with * God - the Father, the Son, and the Holy Spirit; * people; * structures; * yourself*

B. *The ability to distinguish good from evil*

C. *The ability to discern what is best in a situation*

D. *The ability to digest spiritual "meat"*

E. *The ability to appreciate, trust and act on the wisdom of God*

F. *The ability to control your tongue*

The basic process involved in growth to maturity is REPENTANCE. That is, turning our backs on that which is darkness, sin, second best, of the flesh and of the devil; and choosing and practising that which is light, truth, best, of the Spirit and of God. Repentance is to be an ongoing action. The moment we stop repenting, we stop



growing. Read 2 Cor. 7:8-11.

The primary emphasis here is on quality in discipleship rather than quantity. God's method is men and women of the right spiritual quality who multiply so that the right quantity of people will be reached with the gospel for the sake of Kingdom of God.

Q.30 *Review the section on maturity and list the areas in which you still need to grow.*

Thank the Lord for His help in maturing you to the point where you are now. Pray about each of the areas where you still need to grow and ask the Lord to continue to teach you. Perhaps you can see some steps that you need to take in some areas. Under the following headings make definite plans to begin to implement these:

Steps to be Taken

Date

You may wish to seek help from your Group Leader, pastor, or another mature Christian if you are having difficulty in gaining the victory in some area.

7.5 Feature Five: Prayer Impregnated

Prayer is acknowledging that salvation flows from God to man and not the other way around. The moment we cease from prayerful dependence on God, we are entering the dangerous realm of man-made substitutes for salvation. As we communicate with God about disciple making, He can share with us what He wants to be done about it. Thus, our disciple making becomes spiritually effective.

Q.31 *What results will we see with prayerless disciple making? Try to list at least three results.*

Q.32 *Do you see any change in your prayer life since you completed Study 2 on Prayer? What would you like to say to the Lord about it?*



Summary

In disciple making processes we follow the example of Jesus Christ. He began with prayer and evangelism. Then He prayerfully selected twelve disciples whom He trained to become multiplying disciples. He recruited them to God, the vision of advancing the Kingdom throughout the earth, and to the task of restoring people to God's Kingdom to fulfil that vision.

The training Jesus gave to His disciples was centred in Himself as the Christ, solidly based on the written Word of God, geared to the needs of the disciples, aimed to advance the Kingdom of God, and was bathed in prayer. The aims of Christ's disciple making included: growth by multiplication in quantity and in quality of disciples; the development of habitual loving obedience to Himself and the Father; and increasing maturity in relationships with God, other people and themselves.

As disciple-makers in God's Kingdom, we need to be obedient disciples of the Lord Jesus Christ ourselves, learning from His example and working to fulfil the vision He has imparted to us - particularly in the health field.

You are doing well! You have now come to the end of Lesson Three of Study 4. Please review the objectives once more. Have they been fulfilled?

We trust you have been gripped by the potential of intentional disciple making. By God's grace we can make a tremendous impact on the world if we faithfully obey the Great Commission given to us in Matthew 28:18-20. You might want to take some time in the group to ask the Lord for a tremendous move of His Holy Spirit in raising up increasing numbers of true disciples for Himself as His children obey Him in this regard.

In the following lesson we will learn how to practically implement Disciple Making by studying a practical model and making personal plans.



Study 4 LESSON FOUR

OBJECTIVES

During this study, you will:

- have been introduced to a practical model for discipleship training
- learn where discipleship training materials could be procured
- have made provisional plans to implement discipleship training according to this model

8. STAGES IN THE DISCIPLESHIP TRAINING PROCESS

Jesus Christ, the Master Teacher, systematically trained His disciples to bring them to the level of competence needed to fulfil their life task. The only way for us to be effective in training disciples as Christ was, is to follow His example. Therefore, we must follow Him in the pathway He has laid out for us. Listed below are the stages in the training process in brief:

- | | |
|------------------|---|
| 1. I share | - You listen |
| 2. I show | - You watch |
| 3. You do | - I supervise |
| 4. We both share | - Others listen (multiplication begins) |

8.1 Share What and How (I Share You - Listen)

Jesus Christ never forgot that His disciples had to be able to multiply themselves spiritually, in dependence on Himself, to advance the Kingdom of God as His ambassadors. If we are to make a significant impact on the world for the advance of God's Kingdom we must also keep this aim constantly before us as we make multiplying disciples.

What points should I keep in mind when sharing?

- * PROCLAIM THE KINGDOM OF GOD
"Jesus was going through all the cities and villages, teaching in their synagogues and proclaiming the gospel of the kingdom, and healing every kind of disease and every kind of sickness." Matt. 9:35
 We must preach what Jesus Christ preached: the Kingdom of God. Preaching is a time-saving way of motivating people to do the will of God.
- * TEACH / TRAIN SELECTED DISCIPLES
"Now when He saw the crowds, He went up on a mountainside and sat down. His disciples came to Him, and He began to teach them, saying..." Matt. 5:1, 2 (NIV)
 Jesus drew apart to teach His disciples. We follow His example by arranging for selected people to take part in organized training sessions, e.g. formal training, seminars, conferences.
- * GIVE THE BIG PICTURE FIRST
 Luke 6:12-49; Luke 9:1-2.
 We must share the vision first, then go into details to explain the vision and how it can be carried out; or give the main points, and then more specific information.
- * KEEP IT SIMPLE AND DIGESTIBLE
 Mark 4:33-34; John 16:12-13
 Teach only as much as trainees can take and digest at a time. Use language and illustrations they understand. Don't go too fast. It is better to get a few points across which the trainees will understand, remember and be able to carry out, than many which they will forget because of lack of understanding.



- * GIVE REASONS
If people know why they must do things and why they are taught, it helps them to obey with understanding and cooperate effectively.
- * TELL THEM WHAT NEEDS TO BE DONE AND HOW IT SHOULD BE DONE
Give a clear job description with appropriate explanation as Jesus did for His disciples in Matt. 10:5-32. Communicate the standards which would be God-glorifying.

Q.33 *You have three disciples that you realize need training on how to get the main points of the Gospel across to people they are witnessing to. Using the points listed in 8.1, explain how you are going to train them.*

Share your answer in the next group meeting.

8.2 Show How (I Show - You Watch)

The following points are valuable:

- * Identify with the members of the group. They must experience you as one of them. John 1:14; Phil. 2:5-8
- * Share your life with them; spend time and share what is in your heart as well. Mark 3:14a; Mark 9:30-31a; Luke 4:43.

Q.34 *How did Jesus do this according to the above verses?*

- * Set an example for them to follow. Synonymous terms: modelling / imitating / patterning
John 13:3-17; Luke 11:1

Q.35 *a. What lessons is Jesus teaching in the above two references? How did He illustrate the lessons?*

b. Can you say as Paul did in 1 Cor. 11:1, "Follow my example, as I follow the example of Christ"? Give reasons for your answer.

c. Prayerfully write down what steps you need to take to improve.



- * Invest your life in them. John 6:51
Synonymous terms used for investing our lives in our disciples are: "life-transference" or "sharing yourself".
 - In following Christ's example, Paul also shared his life with those he discipled (1 Thess. 2:8). The word translated "lives" is Psyche - soul. Literally taken, Paul shared his will (choices), mind (thoughts / ideals), and emotions (feelings / desires) with them. It is not only sharing what we know also what we are.
 - Key words for us to remember here are:

Openness	Brokenness	Transparency
Life-transference	Humility	

Q.36 *Read 2 Cor. 6:11-13. Have you opened your heart to others by sharing freely of Christ and giving affection, or are you holding yourself back from them?*

- * Keep on growing spiritually yourself. The key concept here is to be teachable (hungry to learn). In Luke 2:52 and John 4:34 we see that Jesus also continued to grow, and to have an open heart to be taught by His Father.

Q.37 *Why is it important for you to keep learning and growing yourself as you disciple others?*

8.3 Supervise Delegated Work (You Do - I Supervise)

- * How Jesus got them involved in action: DELEGATION
 - + Disciple Making started - Mark 1:14 - 2:22
 - During the first trip to Galilee Jesus prayerfully selected His disciples and they started following Him. Then He got His disciples involved in practice by delegating tasks to them.

Q.38 *Read the above Scripture. What were some of the things Jesus included in His general training of the disciples?*

- + Specific training started - Mark 3:13-15.
- Jesus moved from general training, involving the crowds and many disciples, to becoming specific. He trained the twelve disciples whom He chose out of all the rest.

Q.39 *How did Jesus become specific in His training according to the above passage?*

- + Training put into practice - Mark 6:7-13.
- The disciples sat at Jesus' feet, heard His teaching and saw His miracles. Now it was time to put into practice what they had learned.



Q.40 *Read Mark 6:7-13. What attitude did Jesus show towards His disciples in sending them out, and what were the results?*

We begin by delegating small tasks and then gradually increase responsibility as disciples demonstrate faithfulness (Luke 16:10). There is a certain amount of risk involved when entrusting disciples with tasks, but we must realize, as Jesus certainly did too, that even through mistakes learning takes place. Experience is often the best teacher.

- * How Jesus kept an eye on them: - SUPERVISION
+ Direct supervision - Luke 18:15-17
Jesus watched how the disciples behaved themselves in various situations, and based on what He observed in them, knew what teaching or correction was needed. We also need to be observant of those we disciple so that we do not miss opportunities to share valuable lessons with them.

Q.41 *How did Jesus utilize the incident mentioned in the above reference to teach the disciples a valuable lesson?*

- + Report back - Mark 6:30
We read in Mark 6:7 that Jesus sent out the disciples. Then in the above reference we read that they reported back.

Q.42 *What was included in the disciples' report?*

- + He supervised them until they had mastered or faithfully applied what He taught. Based on their performance, He either encouraged (John 16:33), exhorted (Mark 6:50) or corrected (Luke 18:15-17) them.

8.4 **We All Continue Multiplying (We Both Share - Others Listen)**

(i.e. we start with others on the first point: I share - you listen.)

- * We must continue Christ's ministry. John 20:21
He built the Kingdom of His Father through Prayer, Evangelism, and Disciple Making. Some who have carefully studied the way Christ taught His disciples have noted that His disciple making integrated theory and practice. We would do well to follow His example in this.
- * Train the members of your group to the point where they can get along without you. Only with enough practice will disciples get to this point.



Q.43 a. What stage of growth (see point 4) has a disciple reached when he is able to get along without you or another person to assist him in the discipleship process?

b. What is the evidence that he has reached this stage?

9. DISCIPLESHIP TRAINING MATERIALS: SUBJECTS AND SOURCES

9.1 Subjects To Be Addressed In Disciple Making

We must teach what Jesus taught, therefore we have compiled a list of many of the topics covered by Jesus and given them modern names. The order in which they are taught may vary from group to group or person to person, according to their needs.

****Don't be discouraged by the length of the list. Begin as the Lord leads you and continue to follow His leading step by step. When you have completed the *Serving God in the Health Field* course, you will already have made good progress in quite a number of these topics (i.e. Devotional Life, Prayer, Evangelism, Disciple Making, and the Spirit-filled Life). You will also have touched on several others (i.e. Christian Fellowship, Bible Doctrine, Application of Scripture, Counselling, Self-acceptance, Handling Problems, Integrity, Stewardship, Personal Time Management, Local Church, etc.).**

You can begin to share what you have learned in this course with people to whom the Lord leads you. Soon you will be surprised at the progress you have made in the disciple making process. Remember also that every disciple of Jesus Christ is a life-long student of the Word of God.



Suggested subjects to cover:

<ul style="list-style-type: none"> * Salvation * Assurance of Faith * Confession, Repentance * Loving obedience * Devotional Life * Christian Fellowship * Prayer * The Spirit-filled Life * Meditating on Scripture * Memorization of Scripture * Bible Study Methods * Bible Doctrine * Book Studies & Topical Studies * Application of Scripture * Apologetics * Systematic Bible Knowledge * God's Will and Servanthood * Evangelism Skills - With Individuals & Groups * Tools for Evangelism * Follow-up Skills 	<ul style="list-style-type: none"> * Tools for Follow-up * Discipleship Training * Tools for Discipleship * Leading Small Groups * Counselling * Self-acceptance * Male/Female Relationships * Handling Problems * Dealing with Temptation * Integrity * Habits * Self-discipline (Prov. 19:15) * Stewardship * Personal Time Management * Development of Personal Vision * Leadership * Management Skills * Principles of Motivation * Local Church * How to Detect Cults/Unsolid Pastors * Facts about Alternative Medicine
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9.2 Some Sources for Obtaining Discipleship Training Materials

- * Healthcare Christian Fellowship International, Training Department, P.O. Box 11955, Rynfield 1514, South Africa (www.hcfglobal.org/discipleship)
- * The Navigators (<https://www.navigators.org/> or local Navigators office).
- * CRU / Campus Crusade for Christ, (<https://www.cru.org/>)
- * Jesus.net (<https://jesus.net/>)
- * Youth for Christ (<https://yfc.org/> or national office for your country)
- * New Generations – Disciple Making Movements (<https://newgenerations.org/>)
- * Add your own according to your country.

10. WHAT DOES GOD WANT ME TO DO ABOUT MAKING DISCIPLES?

It is a privilege to be called and trained to make disciples so that God's Kingdom will grow and increase, not only in numbers of believers but in depth of commitment to Him. As we make disciples we will make a lasting impact for the Kingdom. This is one aspect of the lasting fruit Jesus spoke about in *John 15:16* "You did not choose me, but I chose you, and appointed you that you should go and bear fruit, and that your fruit should remain, that whatever you ask of the Father in My name, He may give to you."

10.1 Make an Honest Appraisal of Your Own Life and Ministry

To understand how we are doing in our participation in the disciple making process we need to allow the Lord to show us whether we are fully doing what He expects. Are there some activities (even "good" ones) we are involved in which are taking us away from what the Lord wants us to focus on? Is there some area where we need to improve, or something new He wants us to begin? When we do not involve the Lord in this we tend to either be too hard on ourselves, or we feel we are doing just fine when there may be something we need to change. Take time to pray about this now.



Q.44 Which of your present activities do you feel the Lord is showing you need to be pruned away, or what needs to be changed, so that you can get involved in disciple making as the Lord expects?

Q.45 Have you started with prayer, witnessing and Bible study as Jesus did? If not, what are you going to do about it?

Q.46 a. What are some problems or challenges you might face, particularly related to beginning or maintaining a disciple making group in the health field?

b. Give suggestions as to what you might do to overcome or avoid these problems.

Prevention is better than cure. Perhaps some problems could be avoided altogether. Previously thought out solutions to unavoidable challenges will be a great help to you as you begin your ministry of multiplication as a disciple of Christ in the health field.

10.2 Make a Things To Do List

Q.47 a. Go through this study on making disciples once more. Make a summary of all the things you believe the Lord wants you to do in relation to making disciples.

b. Prayerfully plan for how you will begin your disciple making processes. In your notebook list what you want to include in order of priority under the following headings:

ACTION

DATE STARTED DATE COMPLETED



c. Plan with your Group Leader to report back on a regular basis, e.g. monthly or bi-monthly concerning your progress, encouragements, or problems as you begin discipling others.

Plan made:

Frequency of reporting

During your next group meeting share your answers to 44 - 47 a and b. with your group members and pray for one another.

Summary

Stages in the Discipleship Training Process

Stage 1. Share What and How (I Share - You Listen)

General training by proclaiming the Kingdom of God is begun. From those who respond to the sowing of the seeds of the Kingdom, disciples are prayerfully recruited and specific disciple making processes are started with them. One of the best tools to use for this is the Discovery Group approach.

Stage 2. Show How (I Show - You Watch)

Identify and associate with disciples in their daily lives, set an example for them, and invest our lives in them.

Stage 3. Supervise Delegated Work (You Do - I Supervise)

Start to get disciples involved at a practical level. Begin to delegate tasks to them and gradually increase their responsibilities. Included are supervision, reporting back, encouragement, exhortation or correction until mastery and faithfulness is demonstrated. One of the best ways to do this is to get them to start leading the Discovery Group meetings under your coaching.

Stage 4. We All Continue Multiplying (We Both Share - Others Listen)

The disciple is capable of discipling others and he gets involved in continuing Christ's ministry through prayer, evangelism and discipleship.

Congratulations! You have completed the whole of Study 4!! Check that the objectives at the beginning of the lesson have been met. Turn to the end of this study and check your answers to the questions. Review those you answered differently.

Remember, this study will only be truly complete once you consistently apply what you have learned in your everyday life. May the Lord enable you to do this as you begin the challenge of advancing His Kingdom by becoming His multiplying disciple.

In Study 5 we will be looking at sources of enabling and power which God has provided for us to fulfil the great task of advancing His Kingdom.



ANSWERS TO QUESTIONS STUDY 4:

LESSON ONE

1. We find disciples of John the Baptist, and disciples of the Pharisees.
2. Disciples of Jesus Christ, all other Disciples.
3.
 - a. A disciple of Jesus Christ obeys His call to follow Him unconditionally, in complete and loving obedience, for the rest of his life.
 - b. Other disciples decide for themselves when, for how long, and to what extent they will follow their teacher or leader.
4. You may have had some of the following points:
 - *Supreme Love for Christ
 - *Denial of self
 - *Daily choosing the way of cross
 - *Following Christ whole-heartedly
 - *Total surrender
 - *Loving fellow Christians
 - *Loving obedience to God's Word.
5. a. - j. Your answers.

LESSON TWO

6. Your answer may include: people being trained and training others in turn, people faithfully doing the things they have been taught, etc.
7. Your answer. Suggestion:
This is a potential disciple of Jesus Christ. He needs to be converted to become one of Christ's disciples. Therefore, he needs to have a valid opportunity to hear the Gospel clearly, and to receive Christ as his Saviour and Lord.
8. Your answer.
9. Your answer.
10. Your answer may be something like the following:
God the Father gave Christ His authority. Christ earned it by His death on the cross and His resurrection, through which He won the battle against Satan and reconciled us back to God.
11. Your answer may include: He spent quality time with them. He took them wherever He went, He explained to them the things He was doing, etc.
12. Your answer should include those things which occupy the greatest part of your time and attention when you are awake.
13. Your answer may include: They are 'too busy'; they feel threatened, thinking that those they train will take over their jobs; they don't know how, they cannot find the right person.



14. Your answer. You may have said: "Overworked leaders, slow or no church growth, lack of new and younger leaders, etc."

LESSON THREE

15. Jesus was baptized and filled with the Holy Spirit, overcame the power of the devil when He was tempted in the desert, travelled in the region, He preached, and He prayed. As He did this, disciples became increasingly involved.
16. Your answer. Suggestions:
- * pray for God to lead me to the disciples He wants me to be involved with;
 - * join or start a prayer, witnessing, Bible Study fellowship group to develop friendships through which you can serve the Lord together;
 - * set an example to others through my Christian lifestyle, etc. It is from this group of friends (potential disciples) that the discipleship group will be formed.
17. a. All that is evident in a founded disciple: converted, has decided to be a true disciple of Jesus Christ, has assurance of salvation, Jesus Christ is the foundation of his life.
b. Also, from the references: deep love for Christ; love for people - no bitterness; love for the Word of God; faithful, reliable; teachable, changeable; submissive, servant heart.
18. Your answer. Suggestion:
Pray that God will help you share the vision clearly. Write out the vision so that it will be clear to you as well as to others. Emphasize the point of recruiting people to the vision of advancing God's Kingdom, rather than to an organization or program.
19. a. Your answer could include: pet doctrines, legalism, people-pleasing rather than pleasing God, distractions such as: wife, children, job, education, farm, health, car, finances, etc.
b. You may have answered something like the following: Pray continually that God will help you to be and remain Christ-centred. Prayerfully evaluate on a regular basis, asking yourself and one another: "Is the training helping the students to focus on Christ? Is it helping them to become more Christ-like? Is the training beginning to focus on things other than our relationship with Christ? (i.e. pet doctrines, denominations, and people we may idolize or criticize, etc.) Are you setting a Christ-like example for your students by your life-style, by the way you care for them, by your personal dependence on the Lord?"
20. By studying God's Word earnestly, taking time to do careful exegesis (analysis/explanation), not striving about words (this just leads to controversies/arguments which shake and corrupt people); not taking part in useless, idle talk leading to ungodliness. Also ask yourself: "Do we go back to the Bible for the final word in our discussions or are we sticking with 'the best' personal opinion?"
21. a. He listened to their conversation; He recognized the areas in which they were having problems.
b. He used this situation as an opportunity to teach them.
22. Your answer. Some suggestions:
By listening to them, asking questions, observing their lifestyle, attitudes and relationships with others, giving them a questionnaire to fill in.
23. Your answer may include: By observing changes in their lives (attitudes and behaviour), seeing them put into practice the things they have been learning, etc.



- 24.** **a.** Stage 1 - Unconverted "disciple"
 Stage 2 - Founded disciple
 Stage 3 - Steadfast disciple
 Stage 4 - Multiplying disciple
 b. Your answer.
 c. Your answer. Suggestion:
 Make sure that those we disciple are really brought to the place of multiplying themselves, and that in our training constant emphasis is put on each subsequent disciple also being trained to the point of effectively multiplying him or herself. The higher the quality of our training, the more likely quantity will also increase.
- 25.** The most important thing for Jesus was to do the will of God - more important to Him than food. Hearing and doing God's will brought blessings. Do not only listen to God's Word, put it into practice.
- 26.** Your answer. You may have included the following: Love for Christ and the love of Christ will instil in us the desire to obey. Realizing that we belong to Christ means that we must obey Him. Realizing that we are new creations in Christ will cause us to recognize that in Him we are enabled to be obedient to Him, i.e. we are no longer slaves to sin. We can pray, and ask others also to pray for us, that Christ's love may abound in us so that we will obey and not be ashamed at His coming.
- 27.** Your answer.
- 28.** If we do not give up, but continue to do good, we will reap a harvest at the right time. We will be blessed if we obey.
- 29.** a - f Your answers.
- 30.** Your answer. Have you written down the steps you plan to take?
- 31.** Your answer. You may have included some of the following:
 * the training may not be Christ-centred
 * there may be confusion, aimlessness
 * people will not be ministered to as needed
 * there may be deviations from the truth
 * the group may soon be lifeless
 * there may be unfaithfulness, discouragement and lack of commitment
 * the group will feel insecure
- 32.** Your answer.

LESSON FOUR

- 33.** Your answer. Some suggestions:
 * Make sure they themselves have assurance of salvation (preach the Gospel)
 * You have already chosen three people. Now arrange a series of training session for them
 * Share the vision of evangelization with them and give them the main points of the Gospel
 * Be sensitive to your group members. Go at their pace
 * Make sure they know the reasons you are using these specific points
 * Take them out on practical sessions. Show them how personally. Give them opportunity to practice.
- 34.** Jesus appointed the twelve to be with Him; they learned from watching how He lived and worked;



they travelled with Him; He taught them and explained to them what He was doing and why.

- 35. Jesus taught the disciples the importance of a leader having a servant heart towards His followers by personally demonstrating this to them as He washed their feet (the world's way would be for the disciples to wash their Master's feet). Christ Himself modelled a life of prayer to His disciples, creating a hunger in them also to learn how to pray as He did.
- 36. Your answer.
- 37. Your answer. Suggestion:
You cannot very easily help others to grow further spiritually than you yourself have grown. If you are growing you will have something to impart to others.
- 38. Jesus chose the twelve disciples to follow Him and they watched while He carried out His ministry to the sick and afflicted. They saw His lifestyle and heard what He said to others (e.g. the Pharisees). They listened as He preached to the people.
- 39. He selected twelve disciples from all those who followed Him that they might be with Him - to learn from Him, and eventually to be sent out by Him to preach and cast out demons.
- 40. Jesus displayed an attitude of trust towards His disciples with the result that they had the confidence to go and preach, drive out demons and heal the sick.
- 41. You may have answered something like the following: When Jesus observed the disciples rebuking the mothers who were bringing their children to Him, He wanted them to learn that no one is too young to bring to Him. In fact, they needed to understand that the only way to receive the Kingdom of God is with the attitude of a little child - helpless and trusting.
- 42. They reported all that they had done and taught.
- 43. a. Stage Four
b. He will be busy multiplying himself in all areas of the Founded, Steadfast and Multiplying Disciple.
- 44. Your answer.
- 45. Your answer.
- 46. a. Your answer.
b. Your answer
- 47. a - c. Your answer.



STUDY 5: POWER FOR ADVANCING GOD'S KINGDOM IN THE HEALTH FIELD

Welcome to Study 5 of the Biblical Healthcare Extension Course "Serving God in the Health Field"! The overall purpose of this study is that each participant receives the opportunity to be filled with the Holy Spirit and understands the significance of other sources of God's power, which He has provided for His people to be enabled to do the task of advancing His Kingdom.

OBJECTIVES

At the end of this study you will:

- understand the Holy Spirit's work in and through the believer
- know the prerequisites for experiencing the fullness of the Holy Spirit and the results which you can expect
- be able to follow guidelines on how to be filled with the Holy Spirit and live a Spirit-controlled life
- know how to use seven other sources of God's power which He has provided for us to live for, and serve Him in victory

PREVIEW OF TOPICS

1. Introduction
2. Prerequisites for the Continual Experiencing of God's Power
3. How to be Filled with the Holy Spirit
4. How to Live a Spirit-Controlled Life
5. Results of Being Filled with the Holy Spirit
6. Other Sources of Spiritual Power and Victory



Study 5 LESSON ONE

LESSON OBJECTIVES:

When you have finished this lesson, you will have:

- understood the need for God's power in your life
- seen through Whom we receive God's power
- learned the prerequisites for continually experiencing God's power

1. INTRODUCTION

In the last four studies we have looked at the task of advancing God's Kingdom, which has been given to everyone who is a citizen of the Kingdom. We also saw that we become citizens of the Kingdom of God through receiving the gift of salvation and eternal life. As healthcare workers we have looked at the opportunities available in the Health Field to advance God's Kingdom through prayer, evangelism and discipleship. When we are confronted with this challenge in a world of opposition, we discover very soon that our human strength will never be enough to overcome all the obstacles. At times we can even feel totally overwhelmed. But many others before us have felt the same and found a solution to the problem of their own weakness and inadequacy.

Q.1 *From the following Scriptures, who else knew that they were weak and helpless in themselves, and what did they do about it?*

a. 2 Chron. 20:1-12 b. Psalm 51:1-13 c. John 6:5-13 d. Acts 4:23-31

Just as those before us needed a power greater than themselves to help them in the things that they faced in their lives, so do we. That power is the power of God. The prerequisite for receiving the power of God in our lives is to recognize our own weakness. If we rely on our own strength God cannot work through us. His power operates in those who recognize their own helplessness and inability, and who have learnt, in full dependence, to draw from His Divine resources. Those resources are not there just to help us in our troubles. They are there to help us effectively advance the Kingdom of God in the area where He places us.

From a practical viewpoint, we could generally classify people into three groups:

1. those to whom things happen (the vast majority)
2. those who know what is really happening (a much smaller group)
3. those who make things happen (a very small group).

Q.2 *Read Acts 17:6b What group would you say Paul and his companions belonged to?*

The enemies of Paul and his companions said of them, "Those that have turned the world upside down are come hither also." Acts 17:6b (KJV). Throughout the book of Acts we see amazing things happening. These could never have happened if it were not for the power of God in His people.



Q.3 a. Which group of people do you belong to at present?

b. Do you feel that you could be more of a world changer than you are at present? Why?

Share your answers in your next group meeting.

God has made His power available to us. The supernatural enabling of God transforms ordinary people like us into an invincible army - the army of the Lord!

Q.4 a. Write out and memorize Acts 1:8. Tip: use small cards or your mobile device for this. For example, you could use the App "Remember Me" which is a free Bible memorization app.

b. Who would empower the disciples to become Christ's witnesses?

Thank God now for His amazing provision for us!

2. PREREQUISITES FOR THE CONTINUAL EXPERIENCING OF GOD'S POWER

God has called Christians to join the world-changer community of disciples. "How can we do that?" is the burning question for many Christians who want to serve God well. In Acts 1:8 we learn that it is through the power of the Holy Spirit working in us and through us, that we are enabled to advance God's Kingdom, and so change the world. The next question is "How can we receive and continually experience that power in our lives?" Before God works through us, He needs to prepare us. Then His power can flow through us freely. Let us look at some prerequisites for continually experiencing the power of God in our lives.

2.1 Assurance of Salvation

Read the following verses carefully. *"But when the kindness of God our Saviour, and His love for mankind appeared, He saved us, not on the basis of deeds which we have done in righteousness, but according to His mercy, by the washing of regeneration and renewing by the Holy Spirit, whom He poured out upon us richly through Jesus Christ our Saviour, that being justified by His grace we might be made heirs according to the hope of eternal life."* Titus 3:4-7

Q.5 Using the above verses as a basis, explain how salvation takes place in a person.

The Spirit of God takes up residence within us when He applies the saving power of Christ's death and resurrection to our hearts. We become children of God as we receive the gift of salvation and eternal life. We looked at how we can receive this gift in Study 1 and 3. If there is still some doubt in your mind as to whether you are a child of God, go back to these studies and review how you can be sure.

Rom. 8:16 says, *"The Spirit Himself bears witness with our spirit that we are children of God."* The Holy Spirit as one of the three Persons in the Godhead speaks to our hearts to assure us that we are God's children.



Q.6 *If the Holy Spirit is a Person, how much of Him do we receive into our lives when we receive Him?*

To be filled with the Holy Spirit means every aspect of our lives is submitted to Him from a willing and trusting heart. It is not that we can have more or less of Him in us. However, the extent of authority He has in our lives can differ greatly. If He has complete authority through our willing submission to Him, He can work with us, and we with Him, to a greater extent than ever before. The Holy Spirit never forces Himself on us but desires to help us to live our lives for God's glory. He can only effectively help us as we allow Him to be in charge. This means we need to reckon ourselves dead to our old nature / sin and alive to God in Christ Jesus. (For further insight see Rom. 6:11-13; 7:6; 8:5-9.)

2.2 A Deep Realization of Our Need to Be Filled

It is important to understand that in the original Greek language of the New Testament, the verb in Eph. 5:18 "be filled" is a command in the continuous tense. This teaches us that we are not to be filled as a one time experience only, but we must be filled continually. The Lord knows that the inclination of our old nature is still to take back control of our own lives. Therefore, we must frequently ask the Lord to search us and show us any areas in our lives where we are not fully submitted to Him. As we submit ourselves once again to the Holy Spirit, asking Him to be in charge in our lives, He refills us. Thus, we overflow with streams of living water flowing from us, John 7:37-39.

Q.7 *What will this mean for you personally as you seek to live a life of love and obedience to the Lord?*

Although God is always faithful to His promises, there may be things within us which hinder us from receiving the promise of the Holy Spirit. Almost every promise of God has conditions or prerequisites attached to it. Therefore, it is important to understand the conditions under which the promise of the Holy Spirit is given.

Q.8 *a. Read Luke 11:11-13. What do we learn about the Holy Spirit in this passage?*

b. Compare the promises of God with the promises of human beings in general. See Num. 23:19.

2.3 Intense Thirst for God

Our heart should be like David's when he said, "*My soul thirsts for God, for the living God; when shall I come and appear before God?*" (Ps. 42:2).



Q.9 Read John 7:37-39.

a. What do we learn about receiving the Holy Spirit from these verses?

b. To what is being filled with the Holy Spirit likened?

c. What does this mean to you?

God does not force us to be filled with His Holy Spirit. He waits for us to become aware of our deep thirst for Him before He fills us.

2.4 The Right Motivation

It is not a spiritual experience we seek, but God Himself. It is very important that we come to God with the right motives to ask Him to fill us with His Spirit. We need to ask the Lord to show us whether our motives are pure.

Q.10 Read James 4:3. What wrong motivation might we have for asking to be filled with the Holy Spirit?

The only right motivations for desiring to be filled with the Holy Spirit is a desire to glorify God because we love Him, and so that we will be enabled to serve the Body of Christ for its up-building and edification.

2.5 A Clean Heart

This leads us directly to our next prerequisite - that of making sure our heart is clean.

Q.11 According to Prov. 28:13, what must we do about sin in our lives?

Note that the Spirit of God is the *Holy* Spirit. God tells us to be holy because He is holy (Lev. 11:45b; 1 Pet. 1:16). The Holy Spirit can only reside in a holy vessel (cleansed and set apart to God). Holiness is credited to us through the blood of Jesus Christ. At salvation we are placed in a position of holiness, but we also need to grow in holiness. We could compare it to a child. He is fully human from conception, but he grows and from birth learns how to live as a human being.

To grow steadily and healthily consider the following:

One of the things that will effectively block our ability to receive the fullness of the Holy Spirit is a history of



any involvement with the occult in our past or present life. This will need to be fully dealt with before we can be filled with the Holy Spirit. If you are aware of any such involvement, it will be good if you seek someone who has experience in dealing with the occult (including cults), to pray with you so that you can be set free from any effects from these in your life.

Another very common hindrance to being filled with the Holy Spirit is unforgiveness. If there are any people in your life who have hurt you in some way and you have not forgiven them from the heart, this will effectively keep you in bondage. We need to ask God to reveal to us if there are still people in our lives that we are bitter and unforgiving toward. Speak out forgiveness towards them and ask God's forgiveness for bitterness.

Besides this, any other sins (especially habitual) can also be blockages. The answer for this is to ask the Lord to reveal to us what is in our lives, to renounce all sin and to receive the cleansing of the blood of Jesus.

Take a few moments now to ask the Lord to search your heart. Deal with anything He reveals and receive His forgiveness. Then ask God to fill you with a desire to be holy as He is holy, and for a deep aversion or hatred for sin in your life.

2.6 Loving obedience to God

When we have confessed and renounced our sins and received God's forgiveness, we should see the result of loving obedience to God's Word in our lives. If there are major struggles regarding obedience, it might be an indicator that there is still some bondage in your life. Seek counsel from a more experienced believer.

Q.12 *Read Acts 5:32. To whom has God given His Holy Spirit?*

2.7 Total Surrender of My Whole Life for the Whole of My Life

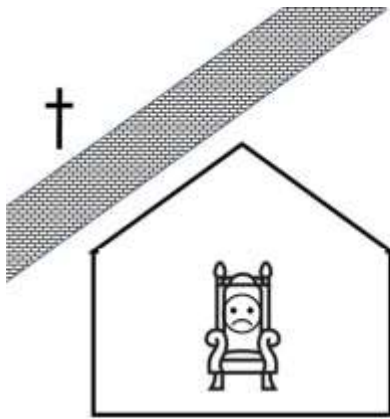
This prerequisite (total surrender) for being filled with the Holy Spirit goes hand in hand with obedience. We cannot be consistently obedient unless we totally surrender our lives to God for the rest of our lives. Neither can we say that we are wholly obedient if we have not surrendered our entire our lives to Him. The Holy Spirit Himself enables us to make such a commitment. (Heb. 9:14)

Q.13 *Read Rom. 12:1.*

a. Briefly explain what is meant by offering (or presenting) our bodies as living and holy sacrifices.

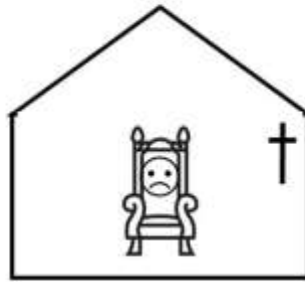
b. What reasons are given to justify making such a total sacrifice of our lives to God?





Not-yet believer

Unregenerate
Jesus outside heart
Ego on the throne
Wall of sin between
Jesus and heart
1 Cor. 3:1-4; Gal. 5:19-21



**Disobedient believer
(Carnal)**

Regenerate but...
Jesus in corner
Ego on the throne
Repentance needed
Phil. 3:4-8; Gal. 3:3



**Obedient believer
(Spirit-filled)**

Regenerate
Jesus on throne
New life serving Him
Continual infilling
needed
Eph.5:18; Gal. 5:25

Q.14 Read the above Scriptures.

a. What are the signs and symptoms of a disobedient/carnal/worldly/fleshly believer?

b. Which diagram represents your life?

Q.15 Now take time to prayerfully consider all the prerequisites. What is the Lord saying to you? Use the following headings to make an action plan concerning what He is saying:

Area(s) Needing Change

Action Step(s)

When?

Share your answers with your group in your next meeting. Take time to pray with one another for any area where you may need help.



Summary

We are living in times of great opportunity and great opposition - in the health field as well as in other areas of our lives. In ourselves, we are inadequate for the challenges that confront us, but the Holy Spirit has been given to empower us so that we can become world changers.

Prerequisites for being filled with the Holy Spirit are:

- o) Personal assurance of salvation
- p) A deep realization of our need to be filled with the Spirit
- q) An intense thirst for God
- r) The right motivation for being filled, i.e. so that we may glorify God through our loving service for Him and for His body, the Church
- s) A clean heart - washed from sin and set apart for God
- t) Loving obedience to God
- u) A total surrender of our whole lives, for the whole of our lives to Christ.

When Jesus is our Lord, the Holy Spirit fills us with God's power to live for Him in every aspect of our lives.

Well done! You have completed Lesson One of Study 5. Turn to the end of this study and check your answers to the questions. Review any that you have answered differently. Read the objectives for Lesson One once more. Have these objectives been met?

In the next lesson we will learn more about being filled with the Holy Spirit and have opportunity to pray for Him to fill us.



Study 5 LESSON TWO

LESSON OBJECTIVES

When you have finished this lesson, you will have:

- studied various portions of Scripture relating to the fulness of the Holy Spirit
- had opportunity to fill in gaps in your understanding of the Biblical teaching about being filled with the Holy Spirit
- understood how you can be filled with the Holy Spirit
- had an opportunity to pray for the Holy Spirit to fill or refill you

3. HOW TO BE FILLED WITH THE HOLY SPIRIT (Believe, Request, Receive, Rejoice)

3.1 Believe What God's Word Says

Below you will find various Scripture references relating to the Holy Spirit. It is important for us to carefully study these, and even others that are not quoted here, so that we will have a correct understanding of what the Bible teaches. There are many false teachings about the doctrine of the Holy Spirit these days, but a careful look at these and other references will help to dispel many of your questions and correct wrong understanding that you may have had.

Read the references below carefully:

Joel 2:28-29 "And it will come about after this that I will pour out My Spirit on all mankind; and your sons and your daughters will prophesy, your old men will dream dreams, your young men will see visions. And even on the male and female servants I will pour out My Spirit in those days."

Matt. 3:11 "As for me, I baptize you with water for repentance, but He who is coming after me is mightier than I, and I am not fit to remove His sandals; He will baptize you with the Holy Spirit and fire."

John 3:34 "For He whom God has sent speaks the words of God; for He gives the Spirit without measure."

John 14: 16-17, 26 "And I will ask the Father, and He will give you another Helper, that He may be with you forever; that is the Spirit of truth, whom the world cannot receive, because it does not behold Him or know Him, but you know Him because He abides with you, and will be in you... But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all that I said to you."

John 16:7-8, 13-15 "But I tell you the truth, it is to your advantage that I go away; for if I do not go away, the Helper shall not come to you; but if I go, I will send Him to you. And He, when He comes, will convict the world concerning sin, and righteousness, and judgement;...But when He, the Spirit of truth, comes, He will guide you into all the truth; for He will not speak on His own initiative, but whatever He hears, He will speak; and He will disclose to you what is to come. He shall glorify Me; for He shall take of Mine, and shall disclose it to you."

Acts 2:1-6; 16-18; 37-39 "And when the day of Pentecost had come, they were all together in one place. And suddenly there came from heaven a noise like a violent, rushing wind, and it filled the whole house where they were sitting. And there appeared to them tongues as of fire distributing themselves, and they rested on each one of them. And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit was giving them utterance. Now there were Jews living in Jerusalem, devout men, from every nation under heaven. And when this sound occurred, the multitude came together, and were bewildered, because they were each one hearing them speak in his own language.....But this is what was spoken of through the prophet Joel: 'And it shall be in the last days,' God says, 'that I will pour forth of My Spirit upon all mankind; And your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams; even upon My bond slaves, both men and women, I will in those days pour forth of My Spirit and they shall prophesy.....Now when they heard this, they were pierced to the heart, and said to Peter and the rest of the apostles, 'Brethren, what shall we do?' And Peter said to them, 'Repent, and let each of you be baptized in



the name of Jesus Christ for the forgiveness of your sins; and you shall receive the gift of the Holy Spirit. For the promise is for you and your children, and for all who are far off, as many as the Lord our God shall call to Himself."

Acts 9:17-18 *"And Ananias departed and entered the house, and after laying his hands on him said, 'Brother Saul, the Lord Jesus, who appeared to you on the road by which you were coming, has sent me so that you may regain your sight, and be filled with the Holy Spirit.' And immediately there fell from his eyes something like scales, and he regained his sight, and he arose and was baptized."*

Acts 11:12-16 *"And the Spirit told me to go with them without misgivings. And these six brethren also went with me, and we entered the man's house. And he reported to us how he had seen the angel standing in his house, and saying, 'Send to Joppa, and have Simon, who is also called Peter, brought here; and he shall speak words to you by which you will be saved, you and all your household.' And as I began to speak, the Holy Spirit fell upon them, just as He did upon us at the beginning. And I remembered the word of the Lord, how He used to say, 'John baptized with water, but you shall be baptized with the Holy Spirit.'"*

Acts 19:1-6 *"And it came about that while Apollos was at Corinth, Paul having passed through the upper country came to Ephesus, and found some disciples, and he said to them, 'Did you receive the Holy Spirit when you believed?' And they said to him, 'No, we have not even heard whether there is a Holy Spirit.' And he said, 'Into what then were you baptized?' And they said, 'Into John's baptism.' And Paul said, 'John baptized with the baptism of repentance, telling the people to believe in Him who was coming after Him, that is, in Jesus.' And when they heard this, they were baptized in the name of the Lord Jesus. And when Paul had laid his hands upon them, the Holy Spirit came on them, and they began speaking with tongues and prophesying."*

Luke 11:11-13 *"Now suppose one of you fathers is asked by his son for a fish; he will not give him a snake instead of a fish, will he? Or if he is asked for an egg, he will not give him a scorpion, will he? If you then, being evil, know how to give good gifts to your children, how much more shall your heavenly Father give the Holy Spirit to those who ask Him?"*

Acts 4:31 *"And when they had prayed, the place where they had gathered together was shaken, and they were all filled with the Holy Spirit, and began to speak the word of God with boldness."*

John 1:33 *"And I did not recognize Him, but He who sent me to baptize in water said to me, 'He upon whom you see the Spirit descending and remaining upon Him, this is the one who baptizes in the Holy Spirit.'"*

Luke 3:16 *"John answered and said to them all, 'As for me, I baptize you with water; but One is coming who is mightier than I, and I am not fit to untie the thong of His sandals; He will baptize you with the Holy Spirit and fire.'"*

John 15:26 *"When the Helper comes, whom I will send to you from the Father, that is the Spirit of truth, who proceeds from the Father, He will bear witness of me,"*

Acts 1:4-8 *"And gathering them together, He commanded them not to leave Jerusalem, but to wait for what the Father had promised, 'Which,' He said, 'you heard of from Me; for John baptized with water, but you shall be baptized with the Holy Spirit not many days from now.' And so when they had come together, they were asking Him, saying, 'Lord, is it at this time you are restoring the Kingdom to Israel?' He said to them, 'It is not for you to know the times or epochs which the Father has fixed by His own authority; but you shall receive power when the Holy Spirit has come upon you; and you shall be my witnesses both in Jerusalem, and in all Judea and Samaria, and even to remotest part of the earth.'"*

Acts 8:5, 12, 14-17 *"And Philip went down to the city of Samaria and began proclaiming Christ to them.....But when they believed Philip preaching the good news about the Kingdom of God and the name of Jesus Christ, they were being baptized, men and women alike..... Now when the apostles in Jerusalem heard that Samaria had received the word of God, they sent them Peter and John, who came down and prayed for them, that they might receive the Holy Spirit. For He had not yet fallen upon any of them; they had simply been baptized in the name of the Lord Jesus. Then they began laying their hands on them, and they were receiving the Holy Spirit."*

Acts 10:44-46 *"While Peter was still speaking these words, the Holy Spirit fell upon all those who were listening to the message. And all the circumcised believers who had come with Peter were amazed, because the gift of the Holy Spirit had been poured out upon the Gentiles also. For they were hearing them speaking with tongues and exalting God...."*



Acts 13:52 "And the disciples were continually filled with joy and with the Holy Spirit."

Eph. 5:18 "And do not get drunk with wine, for that is dissipation, but be filled with the Holy Spirit." (dissipation or debauchery = a life of depraved self-indulgence)

Q.16 *Answer the following questions from the above references:*

a. *What was prophesied concerning the Holy Spirit?*

b. *When was the prophecy fulfilled?*

c. *Who promised to send the Holy Spirit?*

d. *For whom is the baptism of the Holy Spirit?*

e. *Who cannot receive the Holy Spirit?*

f. *What is the work of the Holy Spirit?*

g. *How was the Holy Spirit received by the various people who desired to be filled in these passages?*

h. *What results do we see in the believers who were filled with the Holy Spirit?*

i. *How often do we need to be filled with the Holy Spirit?*

The following Scriptures relating to the return of Christ such as Matt. 25:1-13; Rev. 19:6-9, 22:17, show that the Holy Spirit was given for the ultimate purpose of preparing the Church, and us as members of the Church, to be the Bride of Christ. Let us keep that glorious fact in mind as we seek to be filled continuously by the Holy Spirit.

3.2 Request

Q.17 *Read Luke 11:13. What does this verse teach us we should do to be filled with the Holy Spirit?*

When you know Jesus Christ as your Saviour the Holy Spirit already dwells in your life. You do not need to ask Him to come and dwell in you again. However, in faith you need to ask the Holy Spirit to fill every area of your life and submit yourself fully to Him.



3.3 Receive

Q.18 *Read Gal. 3:5, 14. How should we receive the Holy Spirit?*

You receive by simply opening your heart to the Holy Spirit as you surrender yourself totally to Him, believing that as you do so, He fills every part of you. As He fills you, He gives you the gifts that you need to serve Christ and His Body, the Church. He does all that the Lord Jesus promised He would do, to help us live for Him.

3.4 Rejoice

Q.19 *Read Eph. 5:18-19. After being filled with the Holy Spirit what should you do?*

Thank and praise God from the depths of your heart for what He has done. Though you may or may not feel something different at the time you pray to be filled with the Holy Spirit, based on Luke 11:13, believe that God has done as He promised. Feelings or evidence will follow. If all the prerequisites have been met, you can be sure that God has answered your sincere prayer. Then rejoice in your heart and with your mouth that He has filled you.

Q.20 *Take time now to be quiet before the Lord and ask Him to fill or refill you with His Holy Spirit.*

If you feel unsure as to how to pray, the following is a sample of a prayer you could pray for the Holy Spirit to fill you:

Lord Jesus,

- v) I realize my need to be filled with Your Holy Spirit (afresh, if you have been filled before).
- w) Give me an ever-increasing thirst for You.
- x) Show me if there is any unconfessed sin in my life. (Take time to wait quietly on the Lord. He will remind you of the specific sins He wants to deal with. Confess where necessary and turn your back on these sins.)
- y) I surrender my whole life to You through the Holy Spirit. With Your help I am going to obey You willingly and unconditionally in response to Your steadfast love for me.
- z) I want to see Your name glorified above all else, even if it means death and disgrace for me.
- aa) Please fill me with Your Holy Spirit now.
- bb) From You I receive the infilling of Your Spirit because of Your command and Your promise.
- cc) Thank You for filling me with Your Holy Spirit now. Blessed be Your wonderful name! Hallelujah! Amen

In your group meeting, share with one another what you have done and any results you have seen so far. Perhaps you have not prayed alone to be filled, preferring to pray together and for one another in your group for this. This is also good. Take time to pray together asking to be filled with the Holy Spirit for the first time, or for a fresh refilling.



Summary

How to be filled with the Holy Spirit:

a. **Believe** what God's Word says. *Following are some of the things we learn from Scripture about the Holy Spirit:*

- * He has been promised to all who sincerely ask for Him.*
- * His coming is accompanied by signs and wonders, and by power and boldness to be Christ's witnesses.*
- * He convicts the world of sin, righteousness and judgment.*
- * He leads us into all truth.*
- * He is received as we wait for Him expectantly.*
- * The ultimate purpose for which the Holy Spirit is given is to prepare us to be the Bride of Christ.*

b. **Request** that you be filled.

c. **Receive** the Spirit by faith.

d. **Rejoice** that you have received the Spirit.

You are doing well! This is the end of Lesson Two of Study 5. Turn to the end of this study and check your answers to the questions. Review those you have answered differently. Read the objectives to Lesson Two once more. Have these objectives been met?

In the next lesson we will learn how to continue to live a Spirit-filled life and what to expect as a result of being filled with the Holy Spirit.



Study 5 LESSON THREE

LESSON OBJECTIVES

When you have finished this lesson, you will:

- have discovered some of the principles related to the Spirit-controlled life
- understand how you can continually live the Spirit-controlled life
- know what the results of being filled with the Holy Spirit should be in the Christian's life

4. HOW TO LIVE THE SPIRIT-CONTROLLED LIFE

To live the Spirit-controlled life consistently, we need to understand some of the underlying principles related to it. Many people are living defeated lives as Christians because they do not understand these principles.

Q.21 *There are two conflicting forces at work in the Christian. Read Gal. 5:17. What are these two forces?*

While we are alive, the old nature / the flesh, is still in us, and tries to rule in our lives. Review the illustration of the three hearts in Study 5 lesson 1. It is the flesh that puts our sinful nature on the throne and pushes Jesus Christ to a corner of our lives. The Holy Spirit dwells in believers, and He is committed to help us live in victory over our sinful nature. This victory is based on the finished work of Jesus Christ on the Cross. The Holy Spirit works out the effects of Christ's victory into our daily lives as our new nature cooperates with Him.

Q.22 *Read Romans Chapters 6-8 and Gal. 5:13-26. What principles relating to the Spirit-controlled life can you discover in these passages? Now compare them to the principles listed below.*

(**Note:** Webster's Dictionary defines principle as: 1. moral rule, 2. settled reason of action, 3. uprightness, 4. fundamental truth or element.)

If you keep in mind the principles relating to the Spirit-controlled life which you have discovered from these chapters, and live according to them, you will increasingly experience victory in Christ Jesus.



Some principles relating to the Spirit-controlled life from Romans 6-8 and Gal. 5:13-26:

*** 1. The Principle of Credit:**

- dd) Christ's death is credited to our account as payment for our sins, to fulfil the requirements of the law Rom. 6:4; 8:3,4
- ee) Christ's resurrection has been credited to our account as the victory over sin, Satan, death, and hell Rom. 6:4-5
- ff) Christ's life is credited to our account to give us eternal life Rom. 6:23

*** 2. The Principle of Reckoning:**

Reckoning means to consider or accept as true. We should understand that it is not true because we reckon it to be true; rather, we reckon it to be true because it *is* true.

We reckon ourselves:

- gg) to have been crucified with and to have died with Christ, Rom.6:6
- hh) to have been buried with Christ, Rom.6:4
- ii) to have been raised with Christ to newness of life through His resurrection, Rom.6:5
- jj) to be dead to sin and set free from it, Rom.6:11
- kk) to be alive to God in Christ Jesus, Rom.6:11
- ll) to be available to God as instruments of righteousness, Rom.6:13

*** 3. The Principle of Law and Grace:** Rom. 6:14-16

The Spirit-filled Christian does not believe in salvation through the law but in salvation through the grace of God (God's undeserved favour). That does not put the law of God aside, but God's law is now written on our hearts. We obey God not because we are compelled to do so but because Jesus is in us and He is the fulfilment of the law. With Christ living in us, the desire to do what is right reflects our new nature.

*** 4. The Principle of Faith:** Gal. 5:6

We receive the fulness of the Holy Spirit by faith which works through love. Faith means we accept what God's Word says and we respond to His truth by trusting obedience.

*** 5. The Principle of Slavery and Freedom:** Rom. 6:16-19; 8:1-2, 5

We are slaves to that which, or to the one who, controls us - either to the flesh, sin, and Satan, or to the Spirit, Christ, and righteousness; and we experience victory over sin when the Spirit controls us

*** 6. The Principle of Surrender:** Rom. 6:13, 19

To the extent that we surrender our lives (members, bodies) to Christ and the Holy Spirit, to that extent will He be able to fill us and give us victory over the flesh, - and to that extent sanctification (holiness) results.

*** 7. The Principle of Sowing and Reaping (or Cause and Effect):** Rom. 6:15-23; 7:5; 8:6, 10-13

If we sow to the flesh (sin, the old nature), we reap death. If we sow to the Spirit (new nature, righteousness), we reap sanctification and eternal life.

*** 8. The Principle of Being Bound:** Rom. 7:1-4

As in marriage, the partners are bound to each other for as long as they live, so in the spiritual life, a person is bound to the person or thing he is a slave of, as long as that person or thing is alive in him. If the old nature is alive in us, we are bound to obey it. If the old nature is crucified and dead (through Christ's death applied to our lives by the Holy Spirit) and we are alive in Christ and He in us through His resurrection, then we are bound to Christ for as long as He is alive - which is for eternity.



*** 9. The Principle of Conflict:**

As long as the flesh and the Spirit are both alive in us, there will be conflict. The two natures will always try to subdue each other. The more we align our will with the Spirit, the more the Spirit subdues and overcomes the flesh in us.

*** 10. The Principle of Adoption:** Rom. 8:14-16

Those who are led by the Spirit of God (living the Spirit-filled life) are children of God by adoption.

*** 11. The Principle of Inheritance:** Rom. 8:17

If we are children of God, then we are also heirs of God and fellow-heirs with Christ.

*** 13. The Principle of Suffering:** Rom. 8:17

The Spirit-controlled life is committed to Christ no matter what the circumstances. Sufferings will come but they are not worthy to be compared to the glory that is to be revealed to us.

*** 14. The Principle of the Spirit as a Pledge (or First-Fruits):** Rom. 8:17-25

We cannot enter into all the fullness of our inheritance as God's children in Christ now, but the Holy Spirit is given to us as a pledge or down payment of that inheritance. (See also Eph. 1:13-14)

*** 15. The Principle of Foreknowledge:** Rom. 8:29-30

God knew from the beginning who would be His children (the elect). It follows that He would work in them to conform them to His image; that He would call them, justify them, and glorify them.

*** 16. The Principle of Protection:** Rom. 8:31-39

The Spirit-controlled life is under the Divine protection of God Himself. We cannot be charged, condemned, or separated from His love by anything in heaven or on earth. We are His forevermore! Hallelujah!

*** 17. The Principle of Divine Aid:** Rom. 8:26-27, 34

Both the Holy Spirit and Christ come to our aid by interceding for us according to the will of God.

*** 18. The Principle of Testing by Fruit:** Gal. 5:13, 22-23

The tree shall be known by its fruit. No one who habitually lives according to the sinful nature (the flesh) can hide that fact. The fruit of such a life will be obvious: immorality, impurity, sensuality, idolatries, sorcery, enmities, strife, jealousy, outbursts of anger, disputes, dissensions, factions, envying, drunkenness, carousing. Neither can a person who is walking in the Spirit hide the fact. It will be seen by the fruit of his life: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control.

After looking at several principles related to the Spirit-filled life, we will now explore how we can live a life that is controlled by the Holy Spirit.

Q.23 *In Eph. 5:18 we are commanded to keep on being filled with the Holy Spirit (verb tense in the original Greek language of the New Testament). What does that mean for us in practice?*

We need to remember to ask the Holy Spirit to fill us anew daily. The reason for this is that we tend to want to run our lives on our own, either consciously or unconsciously, in some areas as we go through various circumstances. But the Holy Spirit will speak through our consciences to remind us that we have displaced Him from the throne of our lives. As we realize what we have done, we need to surrender to Him again, the area where we have displaced Him. This will restore us to a place of victory in Him.



When the Holy Spirit speaks to our conscience about some sin we have committed, it is important to take steps to rectify the matter immediately.

Q.24 *According to Acts 3:19, what are we to do?*

If we keep short accounts with the Lord when it comes to sin, we will be able to worship and serve the Lord with an open, joyful heart. Then feelings of guilt, unworthiness and inferiority cannot hinder us from carrying out His will. We are assured that His blood has cleansed us, we are clothed in His righteousness and free from condemnation. (Rom. 8:1, 2)

Q.25 *a. Read I John 1:7-10; 2:1-2. To what can we liken spiritual breathing out (exhaling)?*

b. Read Eph. 5:18 and the above verses. To what can we liken receiving forgiveness and cleansing, and the regular infilling by the Holy Spirit?

To live the Spirit-controlled life consistently, we need to practice what someone has termed "spiritual breathing". In physical breathing, carbon dioxide is exhaled, and fresh oxygen is inhaled to re-oxygenate the blood. Acknowledging, repenting of and confessing sin is like exhalation and receiving forgiveness, cleansing and the infilling of the Holy Spirit is like inhalation. "Spiritual breathing" needs to be done regularly and frequently if we want to remain alive and in good health spiritually.

5. RESULTS OF BEING FILLED WITH THE HOLY SPIRIT

One of the principles that we may have discovered from the study of Rom. 6-8 and Gal. 5:13-26, is that a tree is known by its fruit. There will most definitely be healthy fruit in the life of the person who is living the Spirit-controlled life.

Q.26 *Read the following Scriptures and write down what should be increasingly evident in your life when you are filled with the Holy Spirit.*

- a) Gal. 2:20; 5:2
- b) John 16:7-9
- c) Acts 13:44-52; 1:8
- d) John 14:26
- e) Rom. 12:6-8; 1 Cor. 12:1-31; Eph. 4:11-12; 1 Pet. 4:10-11



f) Gal. 5:22-23

It will amaze us to see what the Lord will do in and through us when we are filled with His Spirit. Best of all, the Lord Jesus Christ will be glorified through our lives. *"He shall glorify Me; for He shall take of mine, and shall disclose it to you. All things that the Father has are mine; therefore I said, that He takes of mine, and will disclose it to you."* John 16:14, 15

Summary

How to live the Spirit-filled life:

There are many principles in Scripture about being filled with the Holy Spirit. The following are a few important ones:

- We must align our wills with the Holy Spirit and against the flesh
- Christ's death, resurrection and life are credited to our account and we must reckon them as being applied to our lives through Him.
- We are no longer slaves to the Law, but free to obey God through the grace that is ours in Christ.
- What we sow we will also reap.
- Whatever we have committed ourselves to, that we are bound to for life
- When we are led by the Spirit of God we are adopted as sons of God and receive our inheritance as His sons and daughters.
- Suffering is part of the Spirit-filled life, but is not worthy to be compared to the glory that is to be revealed to us.
- The Spirit is given as a pledge of the inheritance that awaits us.
- The fruit produced in our lives is evidence that we are filled with the Spirit.

To consistently live the Spirit-filled life, we need to practice "spiritual breathing".

The results of being filled with the Holy Spirit include:

- * *Christ's life of holiness and love seen in us*
- * *Demonstration of liberty, power and effectiveness in witnessing*
- * *Dynamic spiritual growth*
- * *Evidence of the fruit of the Holy Spirit, and at least one of the gifts*
- * *Increasing victory over sin and the flesh.*

You are making good progress! You have completed LESSON THREE of Study 5. Turn to the end of this study and check your answers to the questions. Review those you answered differently. Read the objectives for LESSON THREE once more. Have these objectives been met?

In the next lesson we will learn about a variety of other sources of victory and how to apply them in our lives.



Study 5 LESSON FOUR

LESSON OBJECTIVES

When you have finished this lesson, you will:

- understand the power of:
 - the Cross
 - the blood of Jesus Christ
 - the Name of Jesus Christ
 - the Word
 - prayer
 - praise
 - the word of our testimony
- have gained insight into how these can enable us to advance God's Kingdom

6. OTHER AVENUES FOR SPIRITUAL POWER AND VICTORY

As you go through this lesson you will stand in awe of the wonder of God's provision for victorious Christian living. God provides all the resources we need to obey Him. He has given us the Holy Spirit to fill and empower us to be His witnesses. We will now look at seven other sources of power and victory which are ours in Christ Jesus. The Holy Spirit Himself will apply their power to our lives.

6.1 The Power of the Cross

The Cross of Jesus Christ is central to the message of salvation. Paul told the Corinthians, "*we preach Christ crucified*", 1 Corinthians 1:23.

Q.27 *Why must the cross be central in our preaching? Read 1 Cor. 1:18.*

The cross was the instrument of death chosen by God to punish the sin of the world. Through Christ's death on the cross the wrath and justice of God concerning the sin of man was satisfied. When Adam and Eve sinned they immediately came under a curse (Gen. 3:16-24) resulting in all the calamities that have befallen mankind since then. Anyone who died on a cross (a tree) for his sin was considered cursed (Deut. 21:22-23). Therefore, when the sinless Christ hung on the cross in the place of sinful man, He bore the curse for him and thus provided the way for the curse to be broken. The curse resulting from our sin no longer has power over us (Col. 3:13; I Pet. 2:24). We have been set free from it. That is the power of the cross!

Q.28 *How does Col. 2:13-15 describe what was accomplished through Christ's death on the cross?*



We need to realize that intellectually knowing all that Christ accomplished on the cross is not enough for it to be applied to, and work effectively in, our lives.

Q.29 *In order for us to appropriate the power of the cross in our lives, what needs to take place in us?*
Read 1 Cor. 1:18, Rom 6:6, 11; Gal 2:20.

It is through what was accomplished on the cross that we can be assured that our sins will be forgiven, and that we will be accepted by God. When we have received the gift of salvation and eternal life, all that Christ did on the cross has been accomplished in us also - because we are in Him.

Q.30 *Read Gal 2:20.*

a. What is the essential ingredient for reckoning that we have been crucified with Christ, and that all He accomplished for us is now ours?

b. What is the result of using this essential ingredient?

c. How have you seen this working in your own life?

d. Write out Gal. 2:20 and memorize it.

Share your answers with one another in your group meeting.

Q.31 *Reflect on the above verses and marvel at all that was accomplished by Christ through the cross. In what should we boast? How will that make victory possible? See Gal. 6:14-16*



6.2 The Power of the Blood of Christ

When Jesus was beaten with whips and died on the cross, He shed His blood for us. Throughout the teachings of the Old and New Testaments, the shedding of blood in relation to salvation, has great significance. Heb. 9:22 teaches us, *"And according to the Law, one may almost say, all things are cleansed with blood, and without shedding of blood there is no forgiveness."*

Q.32 *From the following Scripture references what are some results of Christ shedding His blood for us.*

a. *Matt. 26:28; 1 John 1:7; Rev. 1:5*

b. *Rom. 5:9*

c. *Heb. 9:14*

d. *1 Pet. 1:18-19*

e. *Rev. 7:14*

f. *Acts. 20:28*

We ought to have shed our own blood for our sins, but in His love and mercy Christ has borne our punishment. All that formerly held us in bondage has been covered by the blood of Jesus, and we have been set free.

Q.33 *What is the result of this freedom from bondage and condemnation?*

a. *According to Heb. 9:14b*

b. *According to Rev.12:11*

Indeed, there is power in the blood of Jesus!

Q.34 How have you seen the power of the blood of Jesus at work in your own life?

Share your answer in your group meeting.

6.3 The Power of the Name of Jesus Christ

"And she will bear a Son; and you shall call His name Jesus, for it is He Who will save His people from their sins." (Matt. 1:21) Names in the Bible are usually very significant. Their meaning is often descriptive of the person so named, or of the task he is called to do, or of some significant fact about his life. God deliberately gave the name Jesus to His Beloved Son, because it is descriptive of Him and the task He would accomplish while on earth. *"Therefore, God also highly exalted Him, and bestowed on Him the name that is above every name." (Phil. 2:9)*

The name of Jesus is also unique in that there is great power invested in it, because of Who He is. As God's children we may avail ourselves of the power invested in that Name which is above all names.



Q.35 *From the following references what do you learn about the power of the name of Jesus?*

a. Luke 24:47

b. John 20:31

c. Acts 4:12

d. Phil. 2:9-11

e. John 14:13

f. Acts 3:6,16

g. Acts 16:18

h. Prov. 18:10

Believers may use the name of Jesus reverently in prayer. We may ask (not demand) anything from our heavenly Father. Our asking then will be for our highest good, and for the good of God's Kingdom.

The Name of Jesus is also used in relation to bearing lasting fruit for God. *John 15:16 "You did not choose Me, but I chose you, and appointed you, that you should go and bear fruit, and that your fruit should remain, that whatever you ask of the Father in My name, He may give to you."* As we pray in the Name of Jesus, we will bear lasting fruit (the fruit of the Spirit, and the fruit of lives transformed for God's glory).

It was also in the authority of the name of Jesus that the disciples ministered healing and cast out or rebuked evil spirits, Luke 10:1, 9, 17-20.

Q.36 *According to John 14:13, what should be the result of using the name of Jesus?*

Q.37 *Take a few moments to think about instances when you have prayed or spoken in the authority of the name of Jesus.*

a. Share one instance here.



b. Do you believe it brought glory to God? If so, how did it do so?

Thank the Lord for the power of the Name of Jesus. Eph. 5:20 says *"Always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ."*

6.4 The Power of the Word

Another source of great power in the life of the believer is the Word of God. We must remember that behind the written Word is The Living Word Himself. John 1:1, 14a says, *"In the beginning was the Word, and the Word was with God, and the Word was God....And the Word became flesh and dwelt among us...."* As we learned in Study 1, the Word referred to here, is Jesus Himself. He is powerful; therefore His spoken and written Word is powerful.

A wonderful promise concerning the Word of God is given in *Isa. 55:11*, *"So shall My Word be which goes forth from My mouth; it shall not return to Me empty, without accomplishing what I desire, and without succeeding in the matter for which I sent it."* When the Lord speaks and teaches His Word to us, and we in turn share His Word with others, we become His mouthpieces, just as it was with the prophets, apostles and early disciples. Thus the Lord will accomplish His purposes.

Q.38 How is the power of God's Word described in the following references?

a. Ps. 19:8

b. Ps. 119:105

c. Jer. 5:14

d. Jer. 23:29

e. Ezek. 37:7

f. Rom. 1:16

g. Eph. 6:17

h. 2 Tim. 3:16-17

i. Heb. 4:12

j. 1 Pet. 2:2

As we come to understand the power of the Word of God, we realize that we have a great responsibility to share it. It is through sharing the Word that we advance God's Kingdom.

We have looked at how we can do this in the studies on "Advancing God's Kingdom through Evangelism", and "Advancing God's Kingdom through Disciple Making".



Q.39 a. What are you presently doing to share the Word of God with patients and colleagues?

b. Under the following headings prayerfully write down what else you feel the Lord would like you to do to share His Word with people:

What?

When will you start?

Share your answers in your group meeting and pray for one another.

6.5 The Power of Prayer

We have already considered the power of prayer in Study 2.

James 5:16b tells us, *"The effective prayer of a righteous man can accomplish much."* Perhaps you have grown in your own prayer life in the past weeks.

Q.40 How have you grown in prayer and seen God's power in and through your life as a result?

Sharing this as a testimony in your group meeting, and even in your church could be an encouragement to others.

Q.41 Read the following Scriptures: Matt. 6:33; Matt. 21:22; John 15:7; Acts 16:25-26. Is there an area touched on in these verses where you see you still need to grow? If so, please answer under the following headings:

Area

What will you do about it?

When?

Share with your group and pray for one another. Also thank God for those areas where He is teaching and using you.



6.6 The Power of Praise

"...My thoughts are not your thoughts, neither are your ways My ways... for as the heavens are higher than the earth, so are My ways higher than your ways, and My thoughts than your thoughts." (Isa. 55:8-9) One of God's ways that may surprise us, is His instruction to praise Him so that His power may be brought into a situation.

Q.42 *Read Psalm 149:6-9.*

a. *What do we learn about the power of praise from these verses?*

b. *Read 2 Chron. 20:1-30. What was the result of waging warfare through praise in this instance?*

c. *Share an instance where you have seen the power of praise to God in your own life.*

Praise demonstrating trust in God and done in loving obedience to Him will result in His power being unleashed in our circumstances. Paul and Silas experienced the truth of this as they sat in prison and genuinely praised God despite the pain and anguish they were feeling, Acts 16:22-34.

6.7 The Power of the Word of Our Testimony

The Lord has provided what we need to live in spiritual power and victory: the power of the Holy Spirit, the power of the cross of Jesus Christ, the power of the blood of Jesus, the power of the name of Jesus, the power of the Word of God, the power of prayer, and the power of praise. As we avail ourselves of His wonderful provision, the Lord helps us live in victory and His power is released into situations. Thus, the greatness of God is proclaimed, and we glorify Him.

Q.43 *Read Revelation 12:11.*

a. *Apart from the blood of the Lamb, what else is said to be powerful in this verse, and what happens when we use it?*

b. *Explain how this is possible.*

c. *How have you seen this work practically in or through your own life?*

Share your answer to 'c' in your group meeting.



Take time to exalt and glorify God for His wonderful provision which enables us to live in His power and see spiritual victory in our lives. He is great and greatly to be praised! His victory has been secured! His Kingdom will come in all its fullness! What a privilege to belong to Him and to be involved in the advancement of His Kingdom! Praise, glory and honour be to His worthy name! Amen.

Summary

In this lesson we have seen that besides the Holy Spirit, God has provided many other avenues of power and victory for our lives in Christ. We have considered the following seven:

- a. The power of the cross*
- b. The power of the blood of Christ*
- c. The power of the Name of Jesus*
- d. The power of the Word of God*
- e. The power of prayer*
- f. The power of praise*
- g. The power of the word of our testimony*

The Holy Spirit makes each of these effective in our lives.

You have now completed LESSON FOUR, and STUDY 5. Please check the answers to the questions of LESSON FOUR at the end of this study. Review those you answered differently. Then read the objectives at the beginning of the lesson once more. Have the objectives been met?

Congratulations! You have now completed the whole of the "Serving God in the Health Field" course. We trust that the Lord has blessed you richly with growth in your own relationship with Him and equipped you to be able to advance His Kingdom in the Health Field much more effectively. May the Lord fill you with His joy as you faithfully serve Him and so bring glory to His worthy name.



ANSWERS TO QUESTIONS STUDY 5

LESSON ONE

1.
 - a. In 2 Chron. 20:1-12, King Jehoshaphat and the people of Judah were faced with the vast armies of the Moabites, the Ammonites and some of the Meunites. Jehoshaphat felt entirely helpless up against them, and took his dilemma to the Lord.
 - b. In Psalm 51, David was overwhelmed by the guilt of his sin and realized that he could not serve the Lord effectively as long as he was under the weight of it. He confessed it to the Lord, and asked for cleansing and forgiveness so that he could again teach transgressors God's ways so that they would turn back to God.
 - c. In John 6:5-13, the disciples realized their own inability to provide food for the multitude, as Jesus suggested they should. Then they gave Jesus the little food they themselves had. Jesus received it, gave thanks for it, and multiplied it to feed all - with leftovers remaining!
 - d. In Acts 4:23-31, Peter and John and the other Christians were faced with opposition and persecution from the chief priests and elders. They recognized that in their own strength they had no power to overcome their threats so they called upon the Lord to give them His Divine enabling. As a result they were all filled with the Holy Spirit and spoke the Word of God boldly.
2. Paul and his companions belonged to the first group. They were said to be turning the world upside down.
3.
 - a. Your answer.
 - b. Your answer.
4.
 - a. Acts 1:8 - Have you written it? Have you memorized it?
 - b. The Holy Spirit.
5. Salvation takes place in a person's heart through the washing and regeneration (new birth) by the Holy Spirit. God the Father (here spoken of as God our Saviour) initiates the work of salvation in us. Jesus, through His death and resurrection, brought salvation. And the Holy Spirit applies the work of salvation to our lives individually.
6. We cannot have more or less of the Holy Spirit in us. He either enters into our lives or He does not. Since He is a person, He cannot break off bits and pieces of Himself and put them in us. No! However, we can close off part of our inner being from Him and not allow Him to have control over certain areas of our lives. When we give Him full control, then we are filled with the Holy Spirit.
7. Your answer.
8.
 - a. The Holy Spirit is promised to us by our heavenly Father when we ask Him.
 - b. You may have said something like the following: Earthly fathers may mean well, but because of their sinful natures, can forget, or fail to keep their promises for other reasons. Mankind in general, easily makes promises for their own selfish ends, (i.e. to gain favour with people so they will support them), but many times have no intention of keeping them if it doesn't suit their purposes. God never forgets and never lies to us. He does what He promises. Therefore, we can be sure that when we ask for the Holy Spirit to fill us, He will keep His promise.
9.
 - a. We must be thirsty, i.e., have a deep longing in our hearts, in order to be filled.
 - b. Being filled with the Holy Spirit is likened to rivers of living waters flowing out from within us.
 - c. You may have said something like: When we have an intense thirst for God, and come to Him to



drink, we will be filled to overflowing. Our own thirst will be quenched, and our lives will flow over with Spirit empowered works of service, which glorify God and build up His Body, the Church.

10. We may wish to be filled with the Spirit for selfish reasons, e.g. to gain a powerful position in the church, for self-glorification (to show off our gifts), to overcome depression, to fit in with the church we are a member of.
11. We must confess and renounce our sins to experience God's mercy in cleansing and forgiveness.
12. God gives His Holy Spirit to those who obey Him.
13.
 - a. You may have said something like: To be a sacrifice means to be dedicated to God for His glory and for His purpose; it is costly - our lives are given, indicating death to self - (body here refers to body, soul and spirit). To offer means it is to be a voluntary act - a free-will offering, given out of love for our Lord. That it must be a living sacrifice means living in Christ and to Christ. That it is a holy sacrifice means cleansed from sin and set apart to God for holy use.
 - b. It is warranted because of His great mercy toward us in saving us from our sins. It is reasonable to ask this because of the high cost of our salvation. (1 Pet. 1:18-19)
14.
 - a. Signs and symptoms of the carnal Christian include: jealousy; following after people instead of God; thinking we are perfected by the deeds of the flesh; immorality, impurity, sensuality (indecent), idolatry, sorcery, enmity, strife, outbursts of anger, disputes, dissensions (divisions), factions (sects, heresies, party spirit), envying, drunkenness, carousing (drinking sprees), etc.; putting our trust in the flesh and in the things that seem to be gain for us.
 - b. Your answer.
15. Your answer.

LESSON TWO

16.
 - a. The Holy Spirit would be poured out on all people, even on male and female servants. Jesus would be the one to baptize with the Holy Spirit, and would give Him without measure.
 - b. The prophesy was fulfilled when the Holy Spirit was poured out at Pentecost. It continues to be fulfilled even today, in the lives of believers in the Lord Jesus Christ as they ask Him for this.
 - c. The Father and Jesus
 - d. For all Christians, both Jews and Gentiles
 - e. The world cannot receive the Holy Spirit.
 - f. Work of the Holy Spirit:
 - * He will teach us all things;
 - * bring to our remembrance all that Jesus said;
 - * convict the world of sin, righteousness and judgement;
 - * guide us into all truth; * speak what the Lord shows Him;
 - * glorify Jesus;
 - * give gifts to those He fills, for service to God and to the Church;
 - * give power and boldness for witnessing;
 - * bears witness of Jesus.
 - g. Through believing in the Word of God that is preached; through prayer; through the laying on of hands, etc.
 - h. They spoke with other tongues; glorified God; had boldness and anointing to preach the Gospel, and minister to people's needs, saw visions; dreamed dreams; prophesied; endured suffering; worked miracles.



i. We need to be continually filled with the Spirit because we so often take back control in various areas of our lives, get dry from giving out spiritually, or sin in various ways. It is not a one time experience.

- 17. We need to ask.
- 18. We receive the Holy Spirit by faith.
- 19. You should thank and praise the Lord from your heart, and share your joy with others.
- 20. Have you prayed?

LESSON THREE

- 21. The two conflicting forces within the Christian are the flesh and the Spirit.
- 22. There are so many principles relating to the Spirit-controlled life in these chapters, your answer may be quite different from what you find here. Compare your answer to what you find in the teaching. There will most likely be some similarities between yours and these as well.
- 23. Your answer. The verb "be filled" is in the present continuous tense, which means it is an on-going action. We could paraphrase this verse to state: ".....be being filled with the Spirit." that is, on an on-going basis.
- 24. We are to repent from our sins and return to the Lord, i.e. we are to leave sinful ways and go back to following the way of the Lord in loving obedience to His commands.
- 25.
 - a. We can liken spiritual breathing out to asking for forgiveness of our sins as soon as the Holy Spirit convicts us.
 - b. This can be likened to spiritual breathing in.
- 26.
 - a. Jesus Christ Himself living His life in and through you, with love being the evidence.
 - b. You are developing a holy life-style. The Holy Spirit controlling your life and making you sensitive to sin.
 - d. Having liberty, power and effectiveness in witnessing.
 - e. Dynamic spiritual growth taking place in your life.
 - f. At least one spiritual gift in evidence as you use it for the up building of the Church.
 - g. The fruit of the Holy Spirit increasingly visible in your life.

LESSON FOUR

- 27. The cross must be central in our preaching because it is the power of God to those who are being saved, i.e. the power to save and to set free from sin.
- 28. God made us alive together with Christ, having forgiven all our transgressions, having cancelled out the certificate of death consisting of decrees against us and which was hostile to us; and He has taken it out of the way, having nailed it to the cross. When He disarmed the rulers and authorities, He made a public display of them, having triumphed over them through Him.
- 29. We must come to salvation. Then we must reckon (or accept as true) that we have been crucified with Christ; that we are dead to sin; and that we are alive to God in Christ Jesus.



- 30.** **a.** Faith is the essential ingredient.
 b. For the Christian, the old man (sinful nature) in him has been crucified with Christ; yet the new man (new nature of righteousness) is alive. He lives - yet not he, but Christ lives in Him. He lives in the flesh (is physically alive in his flesh), yet lives (spiritually) by faith in the Son of God, Who loved him and delivered Himself up for Him.
 c. Your answer.
 d. Have you memorized Gal. 2:20?
- 31.** Our boasting is to be in the cross of Jesus Christ, through which the world has been crucified to me, and I to the world.
- 32.** **a.** Our sins are forgiven; we are purified from sin.
 b. We are justified by His blood and saved from God's wrath through Him.
 c. Our consciences are cleansed from acts that lead to death.
 d. We are redeemed from the empty way of life handed down to us by our forefathers.
 e. Our robes are washed and made white in the blood of the Lamb.
 f. Christ bought the Church with His blood.
- 33.** **a.** What Christ's shed blood accomplished results in service to God by those who are cleansed.
 b. Christians overcome the accuser of the brethren because of the blood of the Lamb.
- 34.** Your answer.
- 35.** **a.** Repentance and forgiveness of sins will be preached and made available in His name.
 b. By believing we may have life in His name.
 c. It is the only name under heaven given among men, by which we must be saved.
 d. At the name of Jesus every knee shall bow, in heaven, and on earth, and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.
 e. Jesus will do whatever we ask in His name.
 g. In Jesus name evil spirits are cast out.
 h. The name of the Lord is a strong tower to which the righteous may run for rest and for safety.
- 36.** The Son will bring glory to the Father.
- 37.** **a.** Your answer.
 b. Your answer.
- 38.** The Word of God: **a.** gives joy to the heart and light to the eyes;
 b. guides us: it is a lamp to our feet and a light to our paths;
 c. is a consuming fire;
 d. is like fire, and like a hammer that breaks a rock in pieces;
 e. can give life when spoken forth prophetically;
 f. is the power of God for salvation for anyone who believes;
 g. is the defensive weapon given to fight spiritual powers;
 h. is powerful for teaching, rebuking, correcting and training in righteousness;
 i. is sharper than any two-edged sword. It is a probing instrument that penetrates even to the dividing of soul and spirit, joints and marrow, it judges the thoughts and attitudes of the heart;
 j. enables us to grow to maturity in our salvation.
- 39.** **a.** Your answer.



b. Your answer.

40. Your answer.

41. Your answer.

42. a. We are commanded to let the high praises of God be in our mouths, and a two-edged sword (God's Word) in our hands. This combination of sincere, reverent, high praise and God's Word is powerful enough to execute vengeance on the nations, punishment on the peoples, to bind their kings with chains, their nobles with fetters of iron, and to execute the judgement written against them. The result of using praise to God as a weapon is honour for His godly ones, and praise to God.

b. As the singers went out before Jehoshaphat and his army singing and praising, the Lord Himself fought for them, setting ambushes against their enemies so that they were completely routed. In fact the enemy was so confused that they completely destroyed one another. Judah simply had to go and collect the spoil. This resulted in a dread of God falling on the kingdoms of the lands, peace for Judah, and praise and glory to God.

c. Your answer.

43. a. The word of our testimony overcomes the accuser of the brethren - the devil.

b. As we testify to the power of God in and through our lives, we declare that Christ's work on the cross was completely sufficient for every person and for every situation of which we speak. Through this we exalt and glorify Him and proclaim Him Lord in our lives. Every life in which Christ is Lord means a defeat for the enemy - Satan. Also as we testify, we draw other people to Christ, and this results in more defeats for Satan.

c. Your answer.



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Last revisions February 2019

