S.O.A.P.S. Daily Devotional Time

- Make sure you use a systematic approach to go through the whole Bible in your daily devotional times.
- To start with, prayerfully read one chapter a day and use a devotional notebook to write down your SOAPS.
- The first option is to start at the beginning of the Word of God and proceed from there.
- A second possibility would be to alternate between a chapter in the Old Testament on one day and a chapter in the New Testament on the alternate days.
- However, we recommend a third possibility, the Seven Sections Approach, which is explained later on.

- **S = Scripture**: Prayerfully read one chapter of the Word of God. Then write down in a notebook the portion of the chapter that speaks to your heart.
- O = Observation: What does this portion of the Word of God say about God, His ways, people, you?
- A = Application: How does God want you to respond to what He said to you through His Word?
- P = Prayer: Ask God to help you to respond to what He said to you in a way that brings Him joy.
- S = Share: With whom will you try to share the what you learnt during your SOAPS time?

Use a Devotional Notebook to write down all five elements of your SOAPS

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The Seven Sections:

- 1. Genesis to Deuteronomy
- 2. Joshua to Job
- 3. Psalms
- 4. Proverbs to Song of Solomon
- 5. Isaiah to Malachi
- 6. Matthew to Acts
- 7. Romans to Revelation

Practical Tip:

You might want to make seven book markers, one for each section



The Seven Sections Approach

1st Monday: Read chapter one in section 1.

1st Tuesday: Read chapter one in section 2.

After one week you will have read the first chapter in each of

the seven sections, one section per day.

2nd Monday: Read chapter two in section 1.

2nd Tuesday: Read chapter two in section 2.

Continue until you have read the second chapter in each of

the seven sections as well.

3rd Monday: Read chapter three in section 1.

3rd Tuesday: Read chapter three in section 2.

Continue using the same systematic approach.

Once you complete a section, go through it again.

