

Growing as Disciple Makers

- for use in healthcare settings -

This is work in progress. All feedback and comments are welcome! Please send to chris@steyn.nu

Produced by the Integral Disciple Making Working Group

Members of the Integral Disciple Making Working Group come from various partnering ministries, including Healthcare Christian Fellowship International (HCFI) and International Christian Medical and Dental Association (ICMDA)

www.hcfglobal.org

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1.The Big Story - Creation (Integral¹ Gospel part 1)

LOOK BACK = Celebration and Fellowship (1/3 of your time)

1. What are you thankful for this week? (*Worship*)
2. What challenges are you facing and how can we help? (*Prayer for one another*)
3. How do you seek to be a witness of Jesus in words and deeds? (*Proclaiming **and** demonstrating the Gospel*)

LOOK UP = Listening to God's Word (1/3 of your time)

Read Genesis 1: 1-31

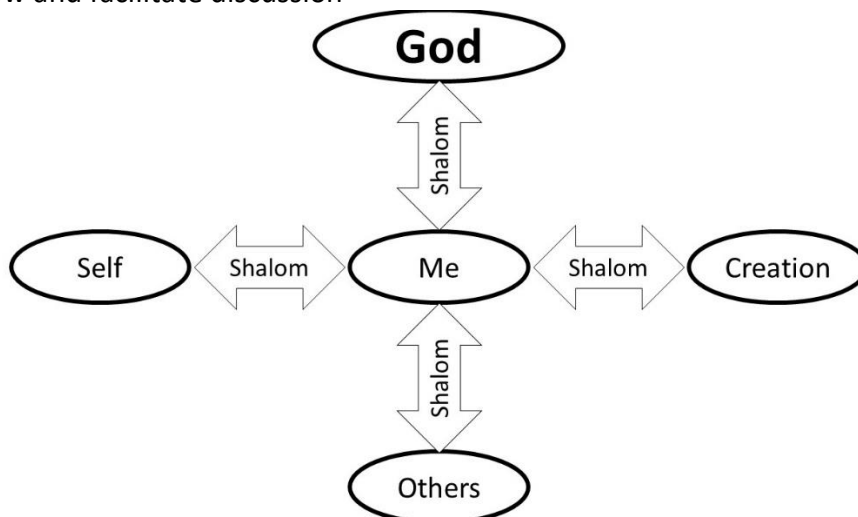
1. What do you like most about this Bible passage? (*Gives positive approach to Bible exploration*)
2. What did you find confusing? (*Encourages honesty and promotes clarification of issues*)
3. What does this teach us about God / Jesus Christ?
4. What does this teach us about people / ourselves?
5. What does it mean for you to be created in God's image?
6. How could we apply what we have learnt from this Bible passage? In our personal lives? In the health field?

Key points to discuss

Draw the picture without the words in the ovals that identify the 4 relationships.

Ask the group to see if they can find the 4 words that should be in the ovals that show our four basic relationships as they are noted in the Bible passage. For God, ask them to look at Genesis 1:26. Who is the key person in that verse? For rest of creation, use Genesis 1:28-30. For self and for others (other people), use Genesis 1:27-28

When the group identifies one of the 4 words that should come in one of the ovals, write it into the picture below and facilitate discussion



Understanding creation begins by understanding who God is – Genesis 1: 26

God exists in perfect fellowship and community with Himself

God by nature is a harmonious and life-giving relationship

The creation story reveals who human beings are Genesis 1:27-28

God intentionally placed us in a system of life-giving relationships

¹ Integral: The whole, with all required parts / elements / aspects and with all parts relating rightly to one another

Explanation about the four main relationships of human beings:²

1. SHALOM WITH GOD: “So God created mankind in His own image”.

This is our primary relationship and all others flow from this one. Our primary purpose is to “glorify God and to enjoy Him forever.” This is our calling and the ultimate reason we were created, to live in an intimate relationship with God as His children.

What does shalom with God mean?

- Having a good relationship with God
- Being a living being because God breathed life into us
- Friendship with God, having good conversations with Him
- Seeking God’s will and obeying Him
- Finding joy in doing what God asks
- Submitting to God and His rule because we love Him
- Wanting to please God
- Trusting God completely
- Receiving from God everything we need to work and to develop the Garden
- Receiving honor from God as His image-bearers
-

2. SHALOM WITH SELF: “in the image of God He created them”.

Human beings have been created in God’s image and have inherent worth and dignity. We have the high calling of reflecting God’s being, making us superior to the rest of creation. This is the basis of the value of human life and why it needs to be protected.

What does shalom with ourselves mean?

- Understand that the whole of me was created by God
- Understand that psychological, physical, social and spiritual health was normal and needed to be maintained
- Understand that we are created in God’s image, but with human limitations
- Discovering our own identity and the honor that God gives us
- Seeing ourselves as God sees us
- Understanding that our shalom is based on our relationship with God

3. SHALOM WITH OTHERS: “male and female He created them”.

God created us to live in loving relationship with one another. We are made to know one another, to love one another, and to encourage one another to use the gifts God has given to each of us to fulfill our callings.

What does shalom with others mean?

- We are equal but different
- Men and women know their God-given identity and accept the identity God has given to themselves and to others (healthy relationships, no covetousness, no rejection, no gender confusion)
- Man provides security to his wife (and children)
- Sexuality is part of shalom
- There is community and collaboration in stewardship over God’s creation

² These four areas of relationships together form an integral whole. This illustration has been adapted from the book, “When Helping Hurts” by S Corbett and B Fikkert; Moody Publishers; 2012; 274 pp; ISBN 978-0-8024-0998-0.

- Understanding and respecting our own limits and that of others
- Multiplying is part of shalom
- Love your neighbor as yourself

4. SHALOM WITH THE REST OF CREATION: “fill the earth and subdue it.” The “Cultural Mandate” of Genesis 1:28-30 teaches that God created us to be stewards, people who understand, subdue, and manage the world that God has created to produce abundance.

What does living in shalom with the rest of creation mean?

- Rule over the animals and the rest of creation / stewardship / accountability
- Researching and discovering the laws of creation and using that to bless our neighbor
- Conserving, developing and using God’s resources
- Understanding how to develop the land
- Exploring the full potential of everything God has created
- Grow in our stewardship task and teach others to do the same

God has created us to thrive within these four relationships

Our quality of life depends on how harmonious these relationships are (SHALOM)

These four relationships are the building blocks for all life

God created us to live in perfect harmony with these four fundamental relationships

We were created to love God, love others, understand who God created us to be, and to be stewards of creation

When these relationships work properly, we have SHALOM

Shalom is comprehensive flourishing³

And that is what integral health is!

LOOK FORWARD = Prayer and Sending (1/3 of your time)

1. How will you practically apply what you have learnt from this passage in your private life and in your workplace? (*Develop the habit of obedience to God*)
2. Who will you train with what you have learnt from this passage? (*The importance of training disciple makers*)
3. With whom will you share your story or the story of God and how will you demonstrate the love of God? (*The importance of evangelism through words **and** deeds*)
4. Where and when do we meet next time?

³ Flourish: to grow well, to grow vigorously; to succeed, to do well, to fare well; to thrive, to prosper; to be in one’s prime, to be at the peak of success or development. Compiled from The New Lexicon Webster’s Dictionary, Funk & Wagnall’s Standard Dictionary and The Readers Digest Great Encyclopedic Dictionary.

2.The Big Story - The Rebellion (Integral Gospel part 2)

LOOK BACK = Celebration and Fellowship (1/3 of your time)

1. What are you thankful for this week?
2. What challenges are you facing and how can we help?
3. How did you Apply and Share what you have learnt and decided since our last meeting?
4. How have you been a witness of Jesus in words and deeds since our last meeting?

LOOK UP = Listening to God's Word (1/3 of your time)

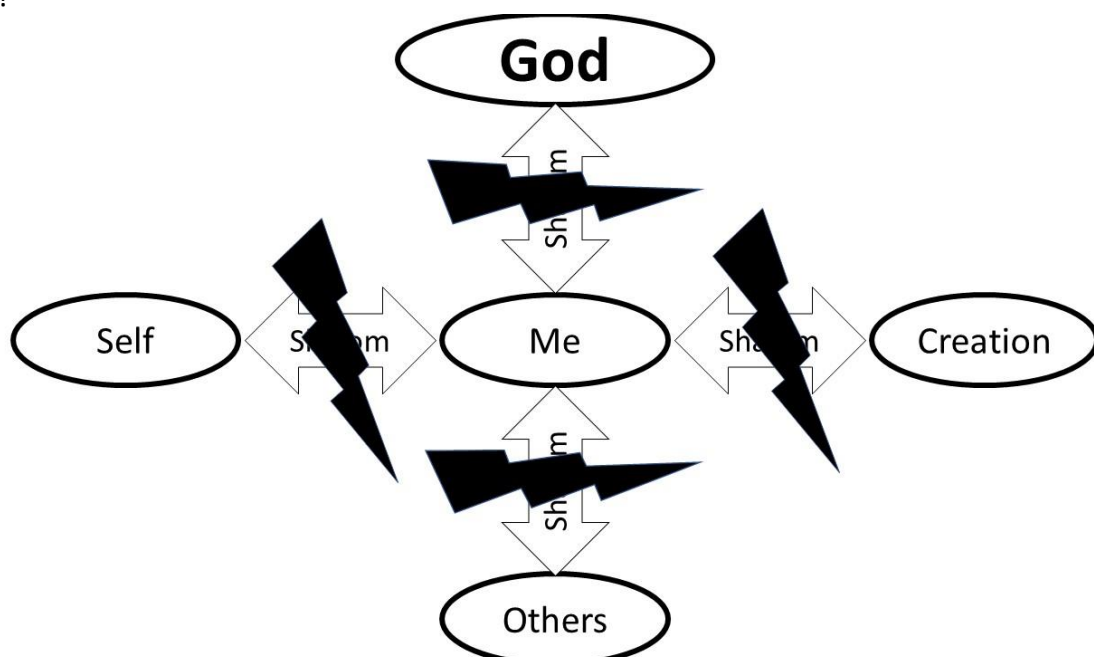
Read Genesis 2:15-17; 3:1-24

1. What do you like about this Bible passage?
2. What did you find confusing?
3. What does this teach us about God / Jesus Christ?
4. What does this teach us about people / ourselves?
5. Why were Adam and Eve ashamed to be naked?
6. Why did Adam and Eve hide from God?
7. What were the consequences of their sin/rebellion?
8. In what ways do we see God's grace/mercy in this passage?
9. What could we apply from this Bible passage?

Key Points to discuss

Draw this picture. Then ask the following questions to the group. Give them time to answer.

1. In what ways has our broken relationship with God affected our lives?
2. In what ways has our broken relationship with « self » impacted our lives?
3. In what ways has our broken relationship with others caused harm?
4. How has our broken relationships with Creation caused suffering in our communities? In the health field?



Sin has broken our four fundamental relationships...

1. WITH GOD: Sin has caused alienation from God Gen 3 : 8

- Fear, shame, loneliness, separation. (v 7, 8)
- The need to make an effort, sacrifices in order to be in a relationship with God (NB: God made the first sacrifice (v21))
- Adam and Eve lost eternal life; they would “return to dust” as death had come to earth (v19)
- They were sent out of the Garden of Eden. They were far from the glorious presence of God. (v 23)

2. WITH SELF: Sin has caused human beings to lose their God-given identity Gen 3: 9

- Fear
- Rebellion
- Pride
- Rejection
- Lies about identity
- etc.

3. WITH OTHERS: Sin has caused alienation from our neighbor Gen 3: 12

- Man dominating woman; woman manipulating/controlling man
- Jealousy, unkindness, lack of compassion, war...
- Fear of others, mobbing, corruption
- Covetousness, rejection, gender confusion
- Etc....

4. WITH CREATION: Sin causes disharmony with creation Gen 3 :17

- Ground cursed
- Work difficult
- Suffering- Sickness
- Etc....

5. HOWEVER: Creation still maintains some of its inherent goodness Hebrews 1: 2-3

- Without God’s grace human beings would have died long ago because of the four broken relationships
- God protects us so that we do not experience the full consequences of our sin
- There is a purpose for why God does this, because He loves us and desires to restore us

LOOK FORWARD = Prayer and Sending (1/3 of your time)

1. How will you practically apply what you have learnt from this passage in your private life and in your workplace? (*Develop the habit of obedience to God*)
2. Who will you train with what you have learnt from this passage? (*The importance of training disciple makers*)
3. With whom will you share your story or the story of God and how will you demonstrate the love of God? (*The importance of evangelism through words **and** deeds*)
4. Where and when do we meet next time?

3.The Big Story - Redemption (Integral Gospel part 3)

LOOK BACK = Celebration and Prayer (1/3 of your time)

1. What are you thankful for this week?
2. What challenges are you facing and how can we help?
3. How did you Apply and Share what you have learnt and decided at our last meeting?
4. How have you been a witness of Jesus in words and deeds since our last meeting?

LOOK UP = Listening to God's Word (1/3 of your time)

Read John 3:16-18 or Isaiah 53:5

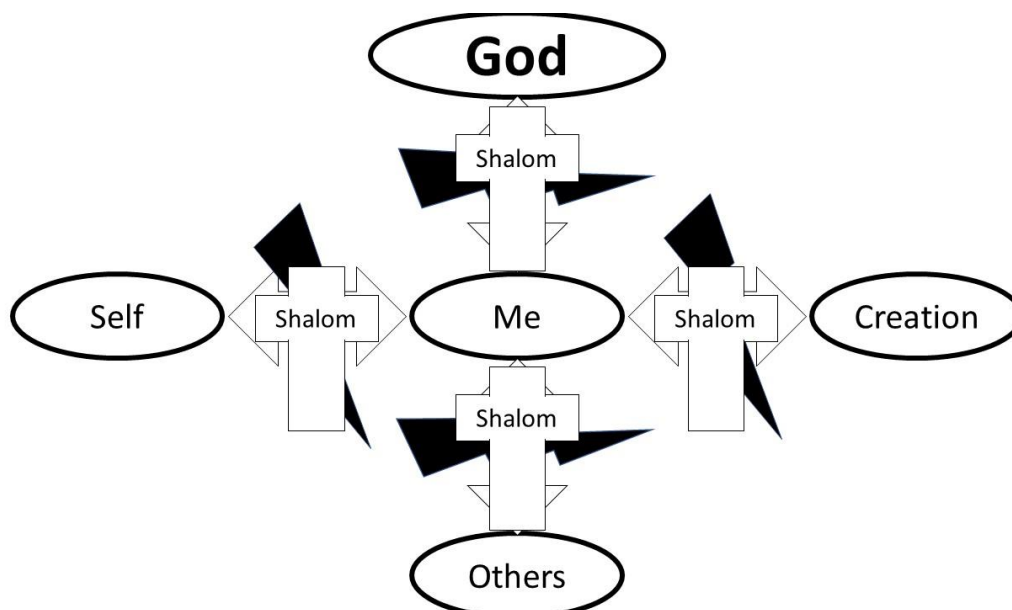
1. What do you like about this Bible passage?
2. What did you find confusing?
3. What does this teach us about God / Jesus Christ?
4. What does this teach us about people / ourselves?
5. How could we apply what we have learnt from this Bible passage in our lives?

Read Colossians 1:15-20

1. What do you like about this Bible passage?
2. What did you find confusing?
3. What does this teach us about God / Jesus Christ?
4. What does this teach us about people / ourselves?
5. What are the implications for healthcare?
6. How could we apply what we have learnt from this Bible passage in our lives?

Key points to discuss

Draw the picture without the words that identify the 4 restored relationships



- 1- Jesus died to restore right relationships between God and all that He created - Col 1: 15-20
 - The goal of the biblical story is the reconciliation of all things with God, on earth and in heaven (Col 1:19)
 - God's plan is that all things will be restored under the reign and rule of Christ (Ephesians 1:10). Through Jesus' death on the cross the power of sin has been broken
 - This is still a sinful world, and will never be perfect until Jesus returns
 - However, through Christ God desires to begin the restoration process now!
- 2- Jesus preached the "Good News" that He came to restore all things, Luke 4: 16-21, Luke 4: 43
- 3- Jesus demonstrated the "Good News" through His actions, Matt 4: 23, Matt 9: 35
- 4- Jesus taught His disciples to follow His example, Luke 9: 1-2, Luke 10: 8-9

LOOK FORWARD = Prayer and Sending (1/3 of your time)

1. Let one or two members share the Big Story with the rest of the group.
2. How will you practically apply what you have learnt from this passage in your private life and in your workplace? (*Develop the habit of obedience to God*)
3. Who will you train with what you have learnt from this passage? (*The importance of training disciple makers*)
4. With whom will you share your story or the story of God and how will you demonstrate the love of God? (*The importance of evangelism through words **and** deeds*)
5. Where and when do we meet next time?

4. Integral Personal Development

LOOK BACK = Celebration and Prayer (1/3 of your time)

1. What are you thankful for this week?
2. What challenges are you facing and how can we help?
3. How did you Apply and Share what you have learnt and decided at our last meeting?
4. How have you been a witness of Jesus in words and deeds since our last meeting?

LOOK UP = Listening to God's Word (1/3 of your time)

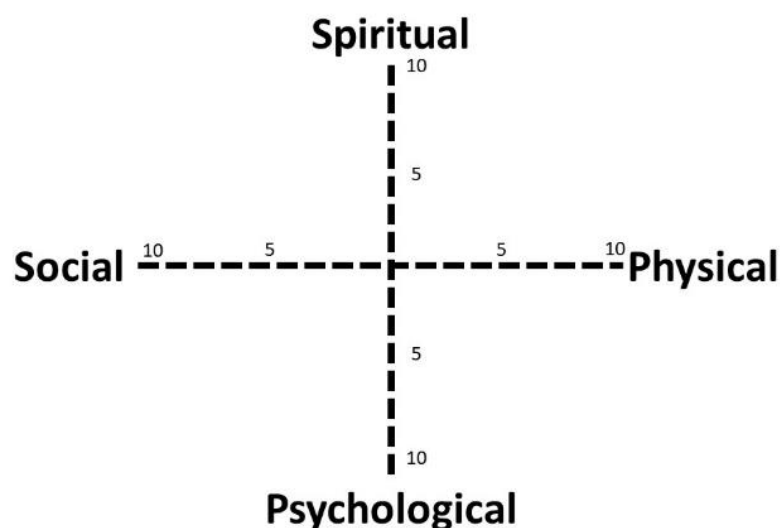
Read Luke 2:52

1. What do you like about this Bible passage?
2. What did you find confusing?
3. What does this teach us about God / Jesus Christ?
4. What does this teach us about people / ourselves?
5. How could we apply what we have learnt from this Bible passage in our lives?

Key Points to discuss about personal development

In this passage four areas of growth are mentioned → whole life development → integral personal development

1. Wisdom → Psychological development
2. Stature → Physical development
3. Favor with God → Spiritual development
4. Favor with man → Social development



If you had to diagnose your own level of personal development in these four areas, how would you be doing? If ten was Christlikeness, what would be your score on each line?

Share with one another. Look again at question five: How could we apply what we have learnt from this Bible passage in our lives?

LOOK FORWARD = Prayer and Sending (1/3 of your time)

1. How will you practically apply what you have learnt from this passage in your private life and in your workplace? (*Develop the habit of obedience to God*)
2. Who will you train with what you have learnt from this passage? (*The importance of training disciple makers*)
3. With whom will you share your story or the story of God and how will you demonstrate the love of God? (*The importance of evangelism through words **and** deeds*)
4. Where and when do we meet next time?

5. Love God (integral love for God)

LOOK BACK = Celebration and Fellowship (1/3 of your time)

1. What are you thankful for this week? (*Worship*)
2. What challenges are you facing and how can we help? (*Prayer for one another*)
3. How did you **apply** and **share** what you have learnt and decided since our last meeting?
(*Follow-up about obedience to God*)
4. How have you been a witness of Jesus in words and deeds since our last meeting? (*Proclaiming and demonstrating the Gospel*)

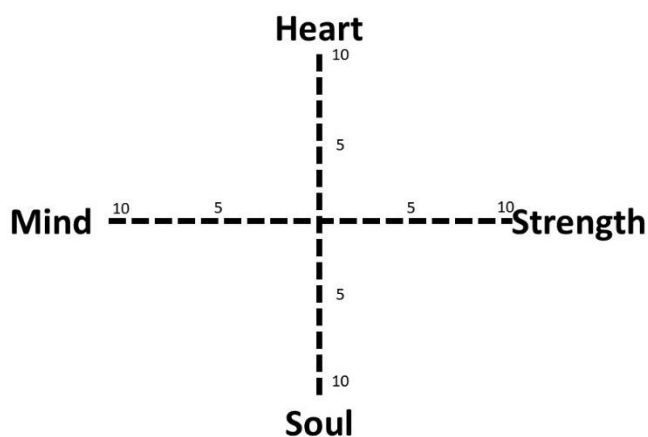
LOOK UP = Listening to God's Word (1/3 of your time)

Read Mark 12:29-30 give special attention to what it says about our relationship with God

1. What do you like most about this Bible passage? (*Gives positive approach to Bible exploration*)
2. What did you find confusing? (*Encourages honesty and promotes clarification of issues*)
3. What does this teach us about God / Jesus Christ?
4. What does this teach us about people / ourselves?
5. What does it mean for us to love God with all our heart, with all our soul, with all our mind and with all our strength?
6. How could we apply what we have learnt from this Bible passage? In our personal lives? In the health field?

Key points to discuss about loving God

The love of God needs to be the fountain from which we draw everything we need to live abundant lives.



If you had to diagnose your own level of personal development in these four areas of loving God, how would you be doing? If ten was Christlikeness, what would be your score on each line?

Heart: Deep motivational drive to have the best possible relationship with God

Mind: Structural intellectual renewal towards thinking Biblically about all of life, including work

Soul: Thinking, feeling and deciding wisely to delight in God's love for us and for growing our love relationship with Him

Strength: All-out commitment to love God even to the extent that we exert our bodies out of our comfort zones. Willing to sacrifice sleep/food/company/social media just to be alone with God

Share with one another. Look again at question five: How could we apply what we have learnt from this Bible passage in our lives?

We need to develop healthy spiritual habits that will help grow our love relationship with God. What habits could help grow our love relationship with God?

- Prayer: B.L.E.S.S. prayer, Daily prayer time, hour of prayer, day of prayer, week of prayer
- Bible: Daily devotional time, personal Bible study, Bible study group, good sermons
- Fellowship: Mutual encouragement in small group

Which of the above do you put into practice on a regular basis?

Which of the above does God want you to put into practice on a regular basis?

LOOK FORWARD = Prayer and Sending (1/3 of your time)

1. How will you practically apply what you have learnt from this passage in your private life and in your workplace? ^{**4} (*Develop the habit of obedience to God*)
2. Who will you train with what you have learnt from this passage? (*The importance of training disciple makers*)
3. With whom will you share your story or the story of God and how will you demonstrate the love of God? (*The importance of evangelism through words and deeds*)
4. Where and when do we meet next time?

⁴ **This would be a good place to introduce

1. S.O.A.P.S. and a WhatsApp group where the group members encourage one another to do SOAPS daily by reporting "Done" in the group app.
2. B.L.E.S.S. prayer: B = Body = physical needs; L = Labor = work and financial needs; E = Emotional = psychological needs; S = Social = relationships with people needs; S = Spiritual = relationship with God needs

Addendum: S.O.A.P.S.

O God, You *are* my God; early will I seek You; my soul thirsts for You; my flesh longs for You in a dry and thirsty land where there is no water. (Psalm 63:1 NKJV)

S.O.A.P.S. a very helpful tool to help you grow your personal relationship with the Lord. Every disciple of Jesus Christ needs to get to know the Living Word through the Written Word as the Holy Spirit illuminates our hearts and minds.

Write down your S.O.A.P.S. notes in a notebook. Begin each daily section by writing down the date and the chapter of the Bible you are going to focus on.

Best will be if you could do your S.O.A.P.S. in the morning, even if it means you sacrifice some of your sleep. Make sure you go to bed in good time and it will not be a problem 😊.

S.O.A.P.S. Daily Devotional Time

Make sure you use a systematic approach to go through the whole Bible in your daily devotional times.

To start with, prayerfully read one chapter a day and use a Devotional Notebook to write down your SOAPS

First, you might want to start at the beginning of the Word of God and proceed from there.

A second possibility would be to alternate between a chapter in the Old Testament on every second day and a chapter in the New Testament on the alternate days.

Highly recommended is the Seven Sections Approach, explained later on.

Use a Devotional Notebook to write down all five elements of your SOAPS

S = Scripture: Prayerfully read one chapter of the Word of God. Then write down the verses that spoke to your heart in a notebook.

O = Observation: What does this portion of the Word of God say about God, His ways, people, you?

A = Application: How does God want you to respond to what He said to me through His Word?

P = Prayer: Ask God to help you to respond to what He said to you in a way that brings Him joy.

S = Sharing: With whom are you going to share the blessings you received from the Lord during your SOAPS time?

The Seven Sections Approach:

1st Monday: Read chapter one in section 1.

1st Tuesday: Read chapter one in section 2.

After one week you will have read the first chapter in each of the seven sections, one section per day.

2nd Monday: Read chapter two in section 1.

2nd Tuesday: Read chapter two in section 2.

Continue till you have read the second chapter in each of the seven sections as well.

3rd Monday: Read chapter three in section 1.

3rd Tuesday: Read chapter three in section 2.

Continue using the same systematic approach.

Once you complete a section, go through it again.

The Seven Sections:

1. Genesis to Deuteronomy
2. Joshua to Job
3. Psalms
4. Proverbs to Song of Solomon
5. Isaiah to Malachi
6. Matthew to Acts
7. Romans to Revelation

Practical Tip:

*You might want to make seven book markers,
one for each section*

The Five Sections variant of the Seven Sections:

1. Genesis to Deuteronomy
2. Joshua to Job
3. Psalms to Song of Solomon
4. Isaiah to Malachi
5. Matthew to Revelation

6. Love your neighbor (integral love for our neighbor)

LOOK BACK = Celebration and Fellowship (1/3 of your time)

1. What are you thankful for this week? (*Worship*)
2. What challenges are you facing and how can we help? (*Prayer for one another*)
3. How did you **apply** and **share** what you have learnt and decided since our last meeting? How did it go with your daily S.O.A.P.S.? (*Follow-up about obedience to God*)
4. How have you been a witness of Jesus in words and deeds since our last meeting? (*Proclaiming and demonstrating the Gospel*)

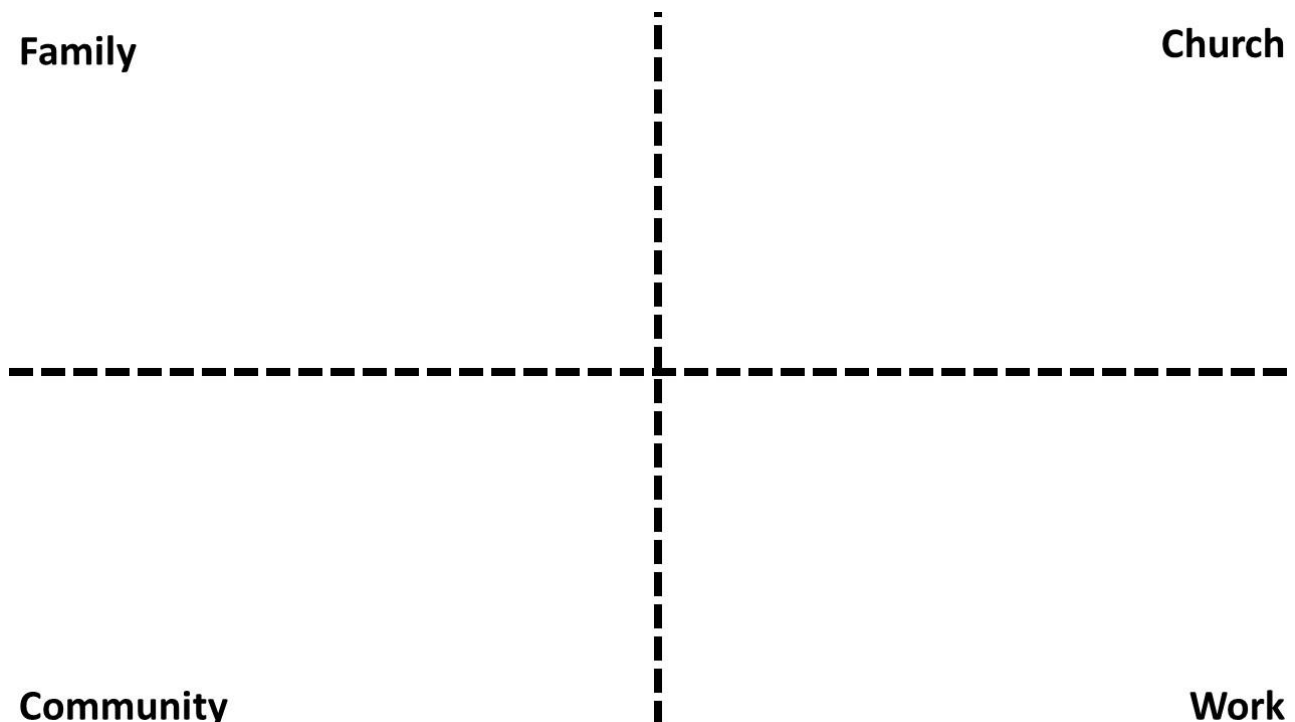
LOOK UP = Listening to God's Word (1/3 of your time)

Read Mark 12:29-30 give special attention to what it says about our relationship with humans

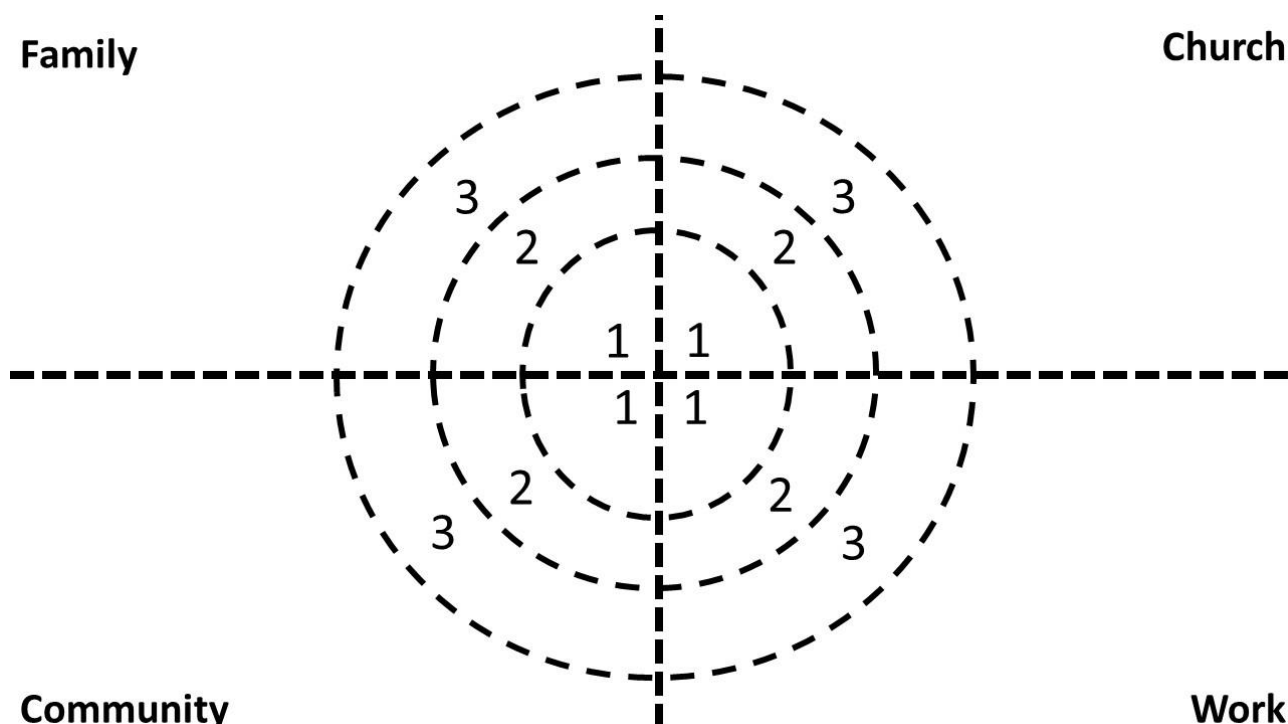
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2. What did you find confusing? (*Encourages honesty and promotes clarification of issues*)
3. What does this teach us about God / Jesus Christ?
4. What does this teach us about people / ourselves?
5. What does it mean for us to love our neighbor as ourselves?
6. How could we apply what we have learnt from this Bible passage? In our personal lives? In the health field?

Key points to discuss about loving our neighbor

Our neighbor is to be found in our four main social circles.



Each of the four social circles can be subdivided according to the distance in the relationship.



	1. Nearest neighbor	2. Next level neighbor	3. Further away neighbor	Beyond
Family	Immediate family	Extended family	Tribe	Diaspora
Church	Members I fellowship with / serve together with	Other members of our congregation	Members of our denomination	All believers
Work	Everyday co-workers	Incidental co-workers	Institution	All healthcare workers / health field
Community	Actual neighbors	Neighborhood	Suburb / town / city	Country / World

What percentage of the direct neighbors in your four social circles are convinced that you love them with the love of Jesus?

Share your answer in the group

What is God saying to you about loving your direct neighbors in your four social circles?

LOOK FORWARD = Prayer and Sending (1/3 of your time)

1. How will you practically apply what you have learnt from this passage in your private life and in your workplace? How can you use B.L.E.S.S. prayers to help you pray about loving the nearest neighbor in each of your four social circles? (*Develop the habit of obedience to God*)
2. Who will you train with what you have learnt from this passage? (*The importance of training disciple makers*)
3. With whom will you share your story or the story of God and how will you demonstrate the love of God? (*The importance of evangelism through words and deeds*)
4. Where and when do we meet next time?

7. Pray as Jesus taught us to pray (THE Integral prayer)

LOOK BACK = Celebration and Fellowship (1/3 of your time)

1. What are you thankful for this week? (*Worship*)
2. What challenges are you facing and how can we help? (*Prayer for one another*)
3. How did you **apply** and **share** what you have learnt and decided since our last meeting? How did it go with your daily S.O.A.P.S.? (*Follow-up about obedience to God*)
4. How have you been a witness of Jesus in words and deeds since our last meeting? (*Proclaiming and demonstrating the Gospel*)

LOOK UP = Listening to God's Word (1/3 of your time)

Read Matthew 6:9-13

1. What do you like most about this Bible passage? (*Gives positive approach to Bible exploration*)
2. What did you find confusing? (*Encourages honesty and promotes clarification of issues*)
3. What does this teach us about God / Jesus Christ?
4. What does this teach us about people / ourselves?
5. How could we apply what we have learnt from this Bible passage? In our personal lives? In the health field?

Key points to discuss about praying as Jesus taught us to pray

All the key elements of what prayer is really about are included in this inspired prayer.

Father of us who is in Heaven	←	God exists, He is where He was when He created the universe = outside it
Your Name be hallowed	←	His character is revealed in His Name – it is glorious!
Your kingdom be coming	←	Therefore, only His rule is acceptable
Your will be done	←	His rule comes when we do what He wants
On earth as it is in heaven		
Give us	←	Petition 1: We come with empty hands for everything we need; we are poor
Our daily bread today		
Forgive us	←	Petition 2: We need to be reconciled with God and with our neighbor
Our debts as we forgive our debtors		
Lead us	←	Petition 3: We need God's guidance in the right ways and wisdom to avoid the wrong
Not into temptation but		
Deliver us	←	Petition 4: We need to be delivered from everything that prevents us from doing the will of our Father: our flesh, sin of ourselves and others, devil and demons, world and its seductions
From evil		
For:		
Your kingdom it is	←	We seek His kingdom first
Your power it is and	←	We can do this only in the power He gives
Your glory it is	←	Therefore, He gets all the glory
For ever and ever, Amen	←	In all eternity. Yes, so it is!

What is God saying to you about praying for your neighbors in your four social circles?

LOOK FORWARD = Prayer and Sending (1/3 of your time)

1. How will you practically apply what you have learnt from this passage in your private life and in your workplace? How can you further use B.L.E.S.S. prayers to help you pray about loving the nearest neighbor in each of your four social circles? (*Develop the habit of obedience to God*)
2. Who will you train with what you have learnt from this passage? (*The importance of training disciple makers*)
3. With whom will you share your story or the story of God and how will you demonstrate the love of God? (*The importance of evangelism through words and deeds*)
4. Where and when do we meet next time?

8. Integral healing (shalom) by Jesus Christ

LOOK BACK = Celebration and Fellowship (1/3 of your time)

1. What are you thankful for this week? Any God-moments? (*Worship*)
2. What challenges are you facing and how can we help? (*Prayer for one another*)
3. How did you **apply** and **share** what you have learnt and decided since our last meeting? How did it go with your daily S.O.A.P.S. and B.L.E.S.S? (*Follow-up about obedience to God*)
4. How have you been a witness of Jesus in words and deeds since our last meeting? (*Proclaiming and demonstrating the Gospel*)

LOOK UP = Listening to God's Word (1/3 of your time)

Read Matthew 9:1-8

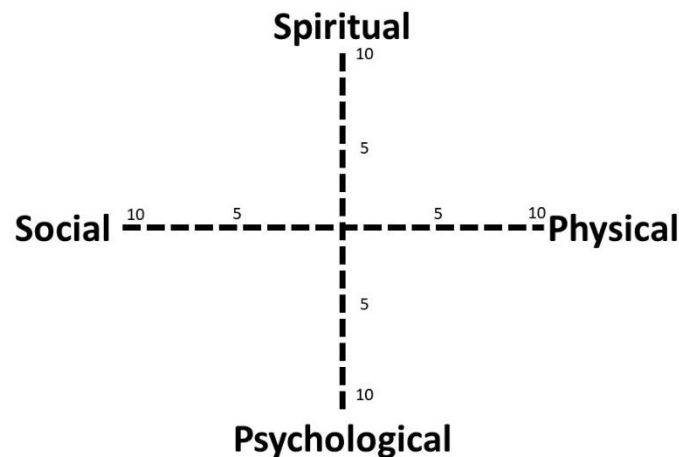
1. What do you like most about this Bible passage? (*Gives positive approach to Bible exploration*)
2. What did you find confusing? (*Encourages honesty and promotes clarification of issues*)
3. What does this teach us about God / Jesus Christ?
4. What does this teach us about people / ourselves?
5. How could we apply what we have learnt from this Bible passage? In our personal lives? In the health field?

Key points to discuss about the integral healing (shalom) ministry of Jesus Christ

Jesus integrated four areas in His healing ministry: Psychological, Spiritual, Physical and Social.

1.	Be of good cheer <i>Tharseo: be of good courage/good cheer</i>	Psychological
2.	Your sins are forgiven you <i>Hamartia: sins, missing God's goal, deviate from God's Torah/Way</i> <i>Aphiemi: forgiven, sent away, laid aside</i>	Spiritual
3.	Arise, take up your bed and go	Physical
4.	Go to your house/home <i>He would be reintegrating into his four social circles as a transformed person</i>	Social

Evaluate the quality of healthcare in your workplace in the four areas below (1 = very poorly, 10 = excellently):



What areas need to receive more attention? What could be done to bring the integral healing (shalom) ministry of Jesus into your life / church / workplace / neighborhood?

What is God saying to you about integral healing (shalom) ministry in your four social circles?

LOOK FORWARD = Prayer and Sending (1/3 of your time)

1. How will you practically apply what you have learnt from this passage in your private life and in your workplace? How will you pray about bringing integral healing (shalom) in each of your four social circles? (*Develop the habit of obedience to God*)
2. Who will you train with what you have learnt from this passage? (*The importance of training disciple makers*)
3. With whom will you share your story or the story of God and how will you demonstrate the love of God? (*The importance of evangelism through words and deeds*)
4. Where and when do we meet next time?

Congratulations: You have completed eight lessons of Growing as Disciple Makers.

You are encouraged to use the same basic template for each meeting because it makes it easy for your group members to start their own disciple making groups using the same materials.

What materials could you use?

1. Work through a Bible book together, one chapter at a time. You could for example start with the Gospel of John, or with Paul's letter to Philippians.
2. Work through a prayerfully selected series of Scripture verses that are connected by a uniting theme. Examples of such series are:
 - Kingdom of God
 - The four certainties of those who have entered the Kingdom of God
 - Discovering God – Creation to Christ (excellent for serious seekers)
 - Seek the Kingdom of God in your workplace

These series of Scriptures can be found on the following pages.

Many more series of Scripture references can be found on the website

<http://www.acceleratetraining.org/index.php/resources>

Some of the materials are for people from a specific religious background, or for people who want to know what the Bible has to say about certain topics, or for people who are not yet believers but who are seeking the truth.

Series: Kingdom of God

Discovery Groups can use the following passages for the “Look Up: Listening to the Word” section of their meeting.

Below is a list of all the teaching given by Jesus Christ about the Kingdom of God. Some of His teaching is done in parables, some not.

1.	Willingness to change and the Kingdom	Matthew 4:13-17		
2.	The Beatitudes and the Kingdom	Matthew 5:3-10		
3.	The Torah and the Kingdom	Matthew 5:17-20		
4.	Prayer and the Kingdom	Matthew 6:9-13		
5.	Obedience and the Kingdom	Matthew 7:21-23		
6.	Deliverance and the Kingdom	Matthew 12:25-30	Mark 3:27-27	Luke 11:21-22
7.	The Sower and the four soils	Matthew 13:1-9 and 18-23	Mark 4:3-9	Luke 8:5-8
8.	The Wheat and the Tares	Matthew 13:24-30 and 36-43		
9.	The Sprouting Seed		Mark 4:26-29	
10.	The Mustard Seed	Matthew 13:31-32	Mark 4:30-32	Luke 13:18-19
11.	The Leaven	Matthew 13:33-33		Luke 13:20-21
12.	The Hidden Treasure	Matthew 13:44		
13.	The Pearl of Great Price	Matthew 13:45-46		
14.	Drawing in the Net	Matthew 13:47-50		
15.	The Household Treasures	Matthew 13:52		
16.	The Kingdom is for the child- like	Matthew 18:1-5 and 19:13-15		
17.	Riches and the Kingdom	Matthew 19:16-26		
18.	The Internal Kingdom			Luke 17:20-21
19.	Entering the Kingdom	John 3:3-7		
20.	The Two Sons	Matthew 21:28-32		
21.	The Wicked Vinedressers	Matthew 21:33-44	Mark 12:1-9	Luke 20:9-16

Series: The four certainties of those who have entered the Kingdom of God

1	We have eternal life	1 John 5:11-13	1 John 5:13
2	Our sins have been forgiven	1 John 1:7-10	1 John 1:9
3	We are children of God	Romans 8:12-17; Galatians 3:26, 4:6	Romans 8:16
4	Our names are in the Book of Life	Revelation 3:5	Revelation 3:5

Series: Discovering God – Creation to Christ

Discovery Groups can use the following passages for the “Listening to the Word” portion of your group meeting.

Week	Core Story	Read Passages	Key Verses
1.	God creates	Genesis 1:1-25	Gen. 1:1,3,9,12, 14,20,24.
2.	God creates people	Genesis 1:26-27, 2:7-9; 15-25	Gen. 2:7-9 & 15-24
3.	Disobedience of people	Genesis 3:1-24	Gen. 3:1-7
4.	Noah & the Great Flood	Genesis 6:5-22	Gen. 6: 9-13, 17, 22,
5.	The Tower of Babel – scattering people	Genesis 11:1-9	All
6.	God’s promise to Abraham	Genesis 12:1-8 & 15:1-6	Gen. 15:1-6
7.	God approves Abraham’s faith/obedience	Genesis 22:1-18	Genesis 22:1-2, 9-18
8.	God spares His people	Exodus 12:1-28	Exodus 12: 21-28
9.	God tells His people how to live	Exodus 19:5-9; 20:1-21	Exodus 20: 2-17
10.	God shows Old Testament forgiveness	Leviticus 4:1-2, 13-21, 27-31	Leviticus 4:13-21
11.	God promises Savior for the people	Isaiah 53:1-12	All
12.	Jesus is born	Luke 1:26-38 & 2:1-20	Luke 1:28-38
13.	Jesus is baptized & tested	Matthew 3:13-17, 4:1-11	Matthew 3:13-17
14.	Jesus heals the paralyzed man	Luke 5:17-26	All
15.	Jesus talks about His betrayal	Matthew 26:17-30	Matthew 26:20-30
16.	Jesus is Betrayed & Faces Trial	John 18:1-40 & 19:1-16	John 19: 5-16
17.	Jesus is Crucified	Luke 23:32-56	Luke 23:32-34, 39-43, 46-48
18.	Jesus is Alive	Luke 24:1-53	Luke 24:36-48
19.	How to enter into the Kingdom of God	John 3:1-21; Mark 16:15-18	John 3:16-21; Mark 16:15-18

Series: Seek the Kingdom of God in your workplace

1.	Go: Do all your work for the glory of God,	1 Corinthians 10:31-33
2.	Go: Do all your work in the Name of Jesus	Colossians 3:17-23
3.	Go: Collaborate with others to bring the sick to Jesus	Mark 2:1-12
4.	Go: Do your work motivated by the compassion of Jesus	Matthew 9:36; 14:14
5.	Go: Work is serving the Lord (employers and employees)	Ephesians 6:5-9

Basic Template for Sessions

You also might want to develop your own materials using this Basic Template. We would love to receive copies of your materials as well so that we can make it available for others to use as well. Please send it to chris@steyn.nu

LOOK BACK = Celebration and Fellowship (1/3 of your time)

1. What are you thankful for this week? (Worship)
2. What challenges are you facing and how can we help? (Prayer for one another)
3. How did you **apply** and **share** what you have learnt and decided since our last meeting? How did it go with your daily S.O.A.P.S. and B.L.E.S.S? (Follow-up about obedience to God)
4. How have you been a witness of Jesus in words and deeds since our last meeting? (Proclaiming **and** demonstrating the Gospel)

LOOK UP = Listening to God's Word (1/3 of your time)

Read this Scripture:

1. What do you like most about this Bible passage? (*Gives positive approach to Bible exploration*)
2. What did you find confusing? (*Encourages honesty and promotes clarification of issues*)
3. What does this teach us about God / Jesus Christ?
4. What does this teach us about people / ourselves?
5. How could we apply what we have learnt from this Bible passage? In our personal lives? In the health field?

Key points to discuss about this topic

The key elements of this topic are explained here.

LOOK FORWARD = Prayer and Sending (1/3 of your time)

1. How will you practically apply what you have learnt from this passage in your private life and in your workplace? How will you pray about bringing integral healing (shalom) in each of your four social circles? (*Develop the habit of obedience to God*)
2. Who will you train with what you have learnt from this passage? (*The importance of training disciple makers*)
3. With whom will you share your story or the story of God and how will you demonstrate the love of God? (*The importance of evangelism through words and deeds*)
4. Where and when do we meet next time?